

WEEK COMMENCING
01/04/2024 22/04/2024 13/05/2024 03/06/2024 24/06/2024
15/07/2024

V – Vegetarian
VE - Vegan

CLASSIC HOT & HEARTY

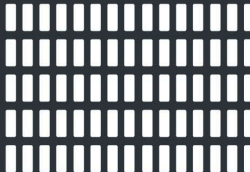
CLASSIC MAIN MEALS		VEGETARIAN MAIN MEALS	
MONDAY	Beef & Tomato Ragout with Wholegrain Pasta & House Salad	MONDAY	Oven Baked Broccoli & Red Pepper Frittata & House Salad (V)
TUESDAY	Butter Chicken Curry with Pilau Rice & Tomato, Red Onion & Coriander Salad	TUESDAY	Lentil & Cauliflower Dhal with Pilau Rice, Tomato, Red Onion and Coriander Salad (VE)
WEDNESDAY	Lemon & Thyme Roast Chicken or Honey Glazed Gammon, Crisp Roasties, Seasonal Veg & House Gravy	WEDNESDAY	Leek & Spinach Wellington (V)
THURSDAY	Kung Pao Chicken, Wholegrain & White Egg Fried Rice with Carrot & Sesame Salad	THURSDAY	Sweet and Sour Vegetable Stir Fry Wholegrain & White Egg Fried Rice(VE)
FRIDAY	Chip Shop ‘Fryday’, Fish, Pizza or Fishcake with Chips , Peas & Tartare Sauce	FRIDAY	Crispy Onion Pakora Burger with Mango Chutney& Garden Peas (VE)

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chocolate Sponge & Chocolate Sauce	Apple Strudel & Custard	Peach Kuchen	Pear & Cocoa Sponge	Manager’s Special
FRUIT & YOGHURT POTS AVAILABLE DAILY				

HOMEMADE SOUP & FRESHLY BAKED BREAD
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily

				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffalo Cauliflower Wings on Salt & Pepper Wedges (V)	Garlic & Lemon Chicken Gyros	Chicken Yakitori with Rice	Loaded Potato Skins (V)	Manager's Special

NATURally				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chilli & Lime Glazed Tofu Skewer with Tomato Rice (VE)	Vegan Singapore Noodles (VE)	Jerk Jackfruit Open Wrap (VE)	Pakistani Tarka Dhal (VE)	Manager’s Special

TRATTORIA				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Creamy Pesto Pasta	Mozzarella & Tomato Pizza Or Pepperoni Pizza	Pasta in Cheese Sauce	Mozzarella & Tomato Pizza Or BBQ Chicken Pizza

WEEK COMMENCING

08/04/2024 29/04/2024 20/05/2024 10/06/2024 01/07/2024 22/07/2024

V – Vegetarian
VE - Vegan

CLASSIC HOT & HEARTY

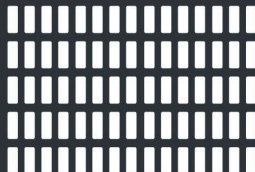
CLASSIC MAIN MEALS	VEGETARIAN MAIN MEALS
MONDAY Traditional Sausage & Mash, Peas, Carrots & Onion Gravy	MONDAY Vegan Sausage & Mash, Peas, Carrots & Onion Gravy (VE)
TUESDAY Loaded Mac 'n' Cheese, Selection of Toppings, House Salad & Garlic Bread	TUESDAY Loaded Mac 'n' Cheese, Selection of Toppings, House Salad & Garlic Bread (V)
WEDNESDAY Hand Carved Roast Turkey, Roasties, Seasonal Veg & House Gravy	WEDNESDAY Mature Cheddar, Broccoli & Leek Quiche with Seasonal Veg or Garden Salad (V)
THURSDAY Baked Beef Enchilada with Mexican Rice & Salsa	THURSDAY Mixed Bean Enchilada with Mexican Rice & Salsa (V)
FRIDAY Chip Shop 'Fryday', Fish, Pizza or Fishcake with Chips , Peas & Tartare Sauce	FRIDAY Sweetcorn, Chilli & Coriander Fritters with Sriracha Dressing, Chips & Peas (V)

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Apple Pie & Custard	Peach & Pineapple Crumble	Sticky Coconut & Jam Pudding	Baked Churros with Chocolate Sauce	Manager's Special
FRUIT & YOGHURT POTS AVAILABLE DAILY				

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily

				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Caramelised Onion & Mozzarella Poutine (V)	Gochujang Chicken and Sesame Rice Pot	Mei Goreng Indonesian Fried Noodles	Korean Fried Crispy Chicken	Manager's Special

NATURally 				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Reggae Reggae Jackfruit Curry (VE)	Spiced Paneer & Red Onion Naan (V)	Vegan Ramen Bowl (VE)	The Big Plant Burger (VE)	Manager's Special

TRATTORIA 				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Creamy Pesto Pasta	Mozzarella & Tomato Pizza Or Pepperoni Pizza	Pasta in Cheese Sauce	Mozzarella & Tomato Pizza Or BBQ Chicken Pizza

WEEK COMMENCING
15/04/2024 06/05/2024 27/05/2024 17/06/2024 08/07/2024

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CLASSIC HOT & HEARTY

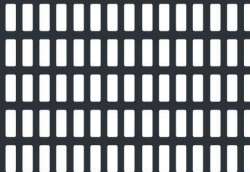
CLASSIC MAIN MEALS	VEGETARIAN MAIN MEALS
MONDAY Mozambique Piri Piri Chicken, Fragrant Rice & Crunchy Slaw	MONDAY Harissa Roasted Sweet Potato & Chickpea Tagine (VE)
TUESDAY Chicken Makhani Curry with Braised Pilau Rice	TUESDAY Sri Lankan Split Pea & Cauliflower Curry with Pilau Rice (VE)
WEDNESDAY Roast Salt & Pepper Chicken or Roast Shoulder of Pork, Crisp Roasties, Seasonal Veg & House Gravy	WEDNESDAY Sweet Potato & Goats Cheese Tart with Seasonal Veg or House Salad (V)
THURSDAY Szechuan Beef Noodles with Sesame Stir Fried Greens	THURSDAY Asian Vegetable, Soya Bean & Noodle Stir Fry (VE)
FRIDAY Chip Shop ‘Fryday’, Fish, Pizza or Fishcake with Chips , Peas & Tartare Sauce	FRIDAY Vegan Falafel Kofta with Crunchy Sriracha Slaw, Chips & Peas (VE)

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pineapple Upside Down Cake	Warm Blueberry Sponge	Dropped Pancake Bar	Apple & Mixed Berry Crumble with Vanilla Sauce	Manager’s Special
FRUIT & YOGHURT POTS AVAILABLE DAILY				

HOMEMADE SOUP & FRESHLY BAKED BREAD
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily

				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chinese Style Vegan Noodles (VE)	Chipotle Chicken Chimichanga	Loaded Mediterranean Street Cart Wedges	Thai Fried Rice	Manager's Special

NATURally

MONDAY

Fork Friendly Falafel Kebab (V)



TUESDAY

Smoked Tofu & Capanata Burger (V)

WEDNESDAY

Seeded Vegan Sausage Roll (VE)

THURSDAY

Onion Bhaji Skewer with Bombay Potatoes (VE)



FRIDAY

Manager's Special



TRATTORIA



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Creamy Pesto Pasta	Mozzarella & Tomato Pizza Or Pepperoni Pizza	Pasta in Cheese Sauce	Mozzarella & Tomato Pizza Or BBQ Chicken Pizza