



Sport Scholarship Programme



What we would offer students

Skill Development:

- Core Skills
- Individual/ Team/Group skills

Technical and Tactical Development

- Individual / team strategies
- Performance skills
- Choreographic skills

Coaching Development

- Principles of coaching
- Practical development of sports coaching and management
- Coaching younger years

Leadership Courses

- National Governing Bodies awards
- Sports leadership award
- Sports Leaders Dance award
- Dance leadership

Officiating Development

- Knowledge and application of laws
- Practical development of refereeing / umpiring

Conditioning and Fitness

- Principles of training and testing
- Variation of training

Healthy Active Lifestyle

- Importance of leading a healthy active lifestyle
- Importance of balanced diet

What we would expect from students

- Attend every lesson/sports session with the correct full school PE kit.
- Complete all classwork/homework on time, to a high standard and to the best of your ability
- Attend a minimum of two sports/dance workshops during the course of the academic year
- Represent the school in at least two sporting/ dance activities throughout of the academic year
- Act as a positive ambassador for the school and department at all times
- Performance at dance events
- Must take GCSE PE or Dance as an option

Workshops

- Trips available throughout the programme
- Trips to international sporting events/ shows
- Workshops- one per term
- Royal Academy of Dance workshops
- Professional workshops