



Carshalton High School for Girls

Energy Drink Policy

Statement of intent

Whilst we understand that students must be able to make their own choices regarding healthy eating, as a school we are responsible for promoting a healthy lifestyle.

1. Aim

1.1 At Carshalton High School for Girls our aim is to ensure that students flourish as individuals. As well as wanting your daughter to develop academically we actively promote her well being and encourage her to adopt a healthy lifestyle. As part of this, we have taken the decision to ban energy drinks in school.

1.2 Below details the procedure that will be in place for energy drinks:

- If students are caught with an energy drink they will have it immediately confiscated and this will have to be collected by parents.
- A confiscated energy drink will be held for two weeks after which it will be disposed of.
- The incident will be recorded on SIMS.
- If this happens three times during the year, the student will be required to attend a healthy living workshop in school. Failure to attend will result in a 30 minute detention.

2. Monitoring of policy

2.1 This policy will be reviewed annually and changes may be implemented during the year should government policies or guidelines change.