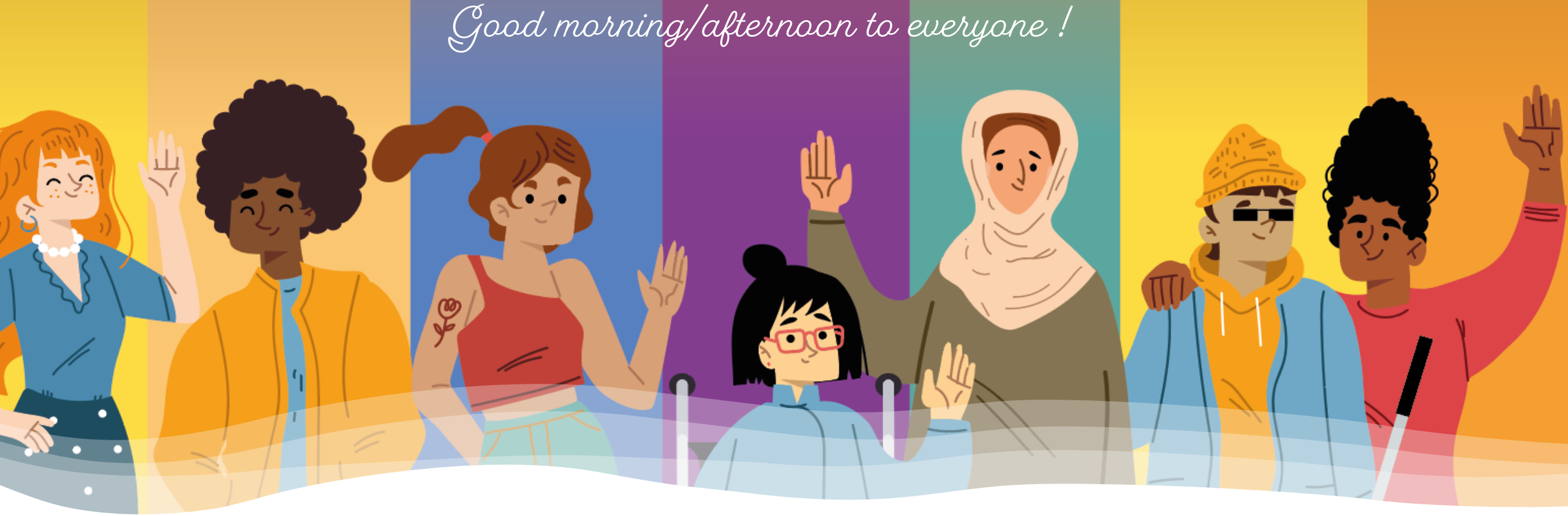
SISTERHOOD

"A sisterhood is not building on being the same, but on making sure nobody stands alone."



By, Riya (9S2)



I want you to imagine walking into school everyday, wondering wether you will be accepted, wether anyone will speak to you, or wether you feel like you don’t belong. Now imagine knowning that, someone's got your back...this what sisterhood should feel like. Today, I would like to talk to you about why sisterhood matters, how it connects to bullying and why creating a school where everyone feels safe, vauled and included starts with every single one of us.

But what does sisterhood actually mean?

To me, sisterhood is not about being bestfriends with everyone, sitting with the same people everyday or always agreeing one another. Its about respect, loyalty and kindness and knowing that, even if were different, we can stand together. It means celebrating each other's success and not being jealous and lifting each other and not putting each other down.

Because the truth is, we don’t have to be friends with everyone but we should always make sure we are respected. Nobody has to change who they are, hide their personality or pretend to be someone eles just to be accepted.

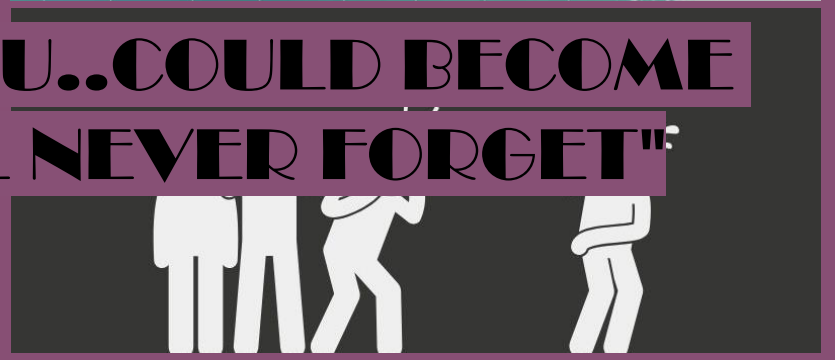




This is where bullying is such a important issue. We forget that sometimes words and actions can have a much bigger impact than we realise. A hurtful comment, being purposefully left out or making someone feeling embarrassed seems like nothing to the person doing it **BUT** to the person



"WHAT SEEMS LIKE A JOKE TO YOU..COULD BECOME SOMETHING SOMEONE ELES WILL NEVER FORGET"



Imagine having to pretend that your okay, every day just because your scared showing that people's word have hurt towards you.

Nobody should feel that way, especially not in a place where they are supposed to feel safe.



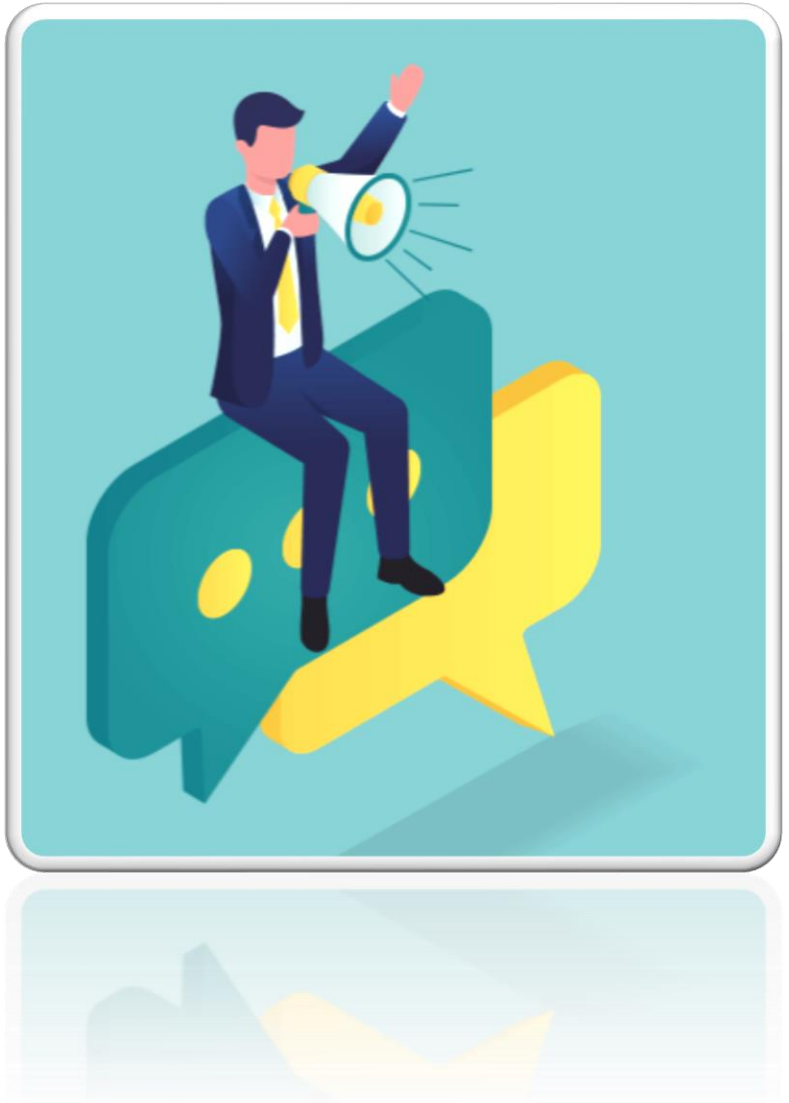
SO HOW CAN WE CHANGE THIS?

It starts with choices we make everyday. We can choose to include someone who is left out, speak up when someone is treated unfairly and refuse to join in gossip or hurtful comments. Even something like checking on someone or inviting them to sit with us makes a difference.

We need to remember that standing up against a bully dosen't mean making a big scene. If we see bullying, we sould report the person who is affected and speak to a trusted adult.

This is because if we want a school build on sisterhood then...

We cannot talk aout kindness, we need to show it through actions.




SISTERHOOD ISN'T ABOUT BEING FRIENDS WITH EVERYONE..
ITS ABOUT MAKING SURE THAT NOBODY FEELS ALONE.
"TOGETHER, WE CAN MAKE SURE NOBODY FEELS LEFT BEHIND"
THANK YOU!