

Wellbeing Room – S17 – break and lunch

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Y8 & 9 break	Y8 and 9 Wellbeing time (Chat with our Y12/13 Wellbeing Ambassadors, colour, play games, read, have space)	Y8 and 9 Wellbeing time (Chat with our Y12/13 Wellbeing Ambassadors, colour, play games, read, have space)	6th Form Wellbeing drop-in service – Mrs Connolly		LGBTQ+ Society (Week 2)
Y7 break	Y7 Wellbeing time (Chat with our Y12/13 Wellbeing Ambassadors, colour, play games, read, have space)	Y7 Wellbeing time (Chat with our Y12/13 Wellbeing Ambassadors, colour, play games, read, have space)	6th Form Wellbeing drop-in service – Mrs Connolly	Y7 Wellbeing time (Chat with our Y12/13 Wellbeing Ambassadors, colour, play games, read, have space)	LGBTQ+ Society (Week 2)
Y10 & 11 break		Y10 and 11 Wellbeing time (Chat with our Y12/13 Wellbeing Ambassadors, colour, play games, read, have space)	6th Form Wellbeing drop-in service – Mrs Connolly		LGBTQ+ Society (Week 2)
Y8&9 Lunch	Y8 Girls on Board (Week 1) (friendship issues drop-in service)	Y8 Girls on Board (Week 2) (friendship issues drop-in service)	6th Form Wellbeing drop-in service – Mrs Connolly		
Y7 Lunch	Y7 Girls on Board (Week 1) (friendship issues drop-in service)	Y7 Girls on Board (Week 2) (friendship issues drop-in service)			
Y10 & 11 Lunch		Y11 Mentoring (6th form and Y11 one to ones)		Y10/11 Wellbeing time (Chat with our Y12/13 Wellbeing Ambassadors, colour, play games, read, have space)	Y11 Mentoring (6th form and Y11 one to ones)
After school	Mindfulness (Sign up for sessions run by Mrs Stangroom)		Revision technique and Exam Stress drop-in service (Week 2 – Mrs Durrett)		