



Carshalton High School for Girls

***Sex & Relationship Education
Policy***

Reviewed December 2014

Sex & Relationship Education Policy

Sex & Relationship Education at Carshalton High School for Girls is delivered mainly within the Science, PSHCE and Citizenship programmes. All aspects of sex and relationship education in PSHCE are delivered within a stable relationship context. The aims of the Sex & Relationship Education Policy are in line with the aims of other school policies in particular the Equality and Diversity Policy and PSHCE & Citizenship policy. This policy also supports the schools commitment to Every Child Matters and the SEAL – Social, Emotional Aspects of Learning. It underpins the outcomes of the New National Curriculum Framework.

There is a legal requirement for all schools to include sex education in the curriculum as detailed in the Education Act of 1986. Our policy is based on the Sex and Relationship Guidance July 2000.

Parents have the right to withdraw their daughter(s) from Sex & Relationship education lessons taught through PSHCE or Tutor Time **this does not apply to Sex & Relationship education taught during Science lessons**. However, we urge parents to consider carefully before doing so as we feel it is a vital part of each student's education. Parents are informed of this option when they join the school.

Aims

The aims of the Sex & Relationship Education policy and provision at Carshalton High School for Girls, reflects the four core values of the school:

Community

To develop an understanding of the importance of family life and stable relationships as building blocks of community and their importance in bringing up children.

Harmony

To foster a sense of co-operation and enhance relationships within and outside of school. To appreciate a diversity of views and approaches in relation to sexual relationships and sexuality.

Success

To develop students self esteem and respect and to develop the skills to make informed, responsible and independent decisions that equip the students for success in their personal and professional lives.

Growth

To help and support our students through their physical, emotional, spiritual and moral development so that they can move with confidence from childhood through adolescence into adulthood and to learn the benefits from delaying sexual activity.

Definition of Sex & Relationship Education

Sex and relationship education is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health.

Sex and Relationship Guidelines DfE 2000.

Delivery of Sex & Relationship Education at Carshalton High School for Girls

The PSHCE programme has been carefully planned and developed by the Curriculum Leader for Citizenship & PSHCE.

Year 7	-	Friendships
Year 8	-	Risky Behaviour
Year 9	}	Relationships, reproduction, STI's, safe sex sexuality and abuse
Year 10		
Year 11		
Year 12/13	-	Appropriate external speakers including the school nurse to answer questions

The Science Department covers reproduction in the KS3 and KS4 syllabus.

Content of the Sex & Relationship Education Programme

The maturity of students within any year group varies considerably. Topics are approached to enable all students to understand and participate in the lessons with confidence.

In accordance with our Equality & Diversity Policy, all students have access to the Sex and Relationship education curriculum.

The three main elements of SRE are:

Attitudes and Values:

- This incorporates critical thinking about their individual conscience and values
- Students are asked to consider the importance of family life and loving relationships for the nurture of children

Personal and Social Skills:

- Learn to manage emotions and develop self-respect and empathy for others
- To consider the consequences of choices made and learn how to recognise and avoid exploitation and abuse

Knowledge and Understanding:

- Understand physical development, human sexuality, reproduction, sexual health, contraception and STIs
- To understand the reasons for delaying sexual activity
- To know the law and legal guidance for sexual activities

Confidentiality

Due to the nature of SRE education some teachers will find themselves in the position of students asking questions or disclosing information of a sexual nature.

In the case of any suspected child abuse, the school Child Safeguarding Policy should be followed. Relevant personnel should be informed of any concerns immediately.

If a student makes it clear that they are having underage sex or suspect they are pregnant then it is our policy that the teacher urges the student to speak to their parents and make a referral to the school nurse. The teacher should also inform the appropriate Year Leader.

If within a class discussion or through questions it is suspected that a student is having underage sex then the teacher will use their professional judgement and will refer as appropriate.

Teachers should establish clear parameters of what is appropriate and inappropriate in a whole class setting. If a question is inappropriate or outside the teacher's expertise then the student should be referred to the school nurse.

Review and Evaluation of the Programme

The programme is reviewed, evaluated and amended where appropriate annually by the PSHCE team and leader.

Review of the Policy

The responsibility for reviewing and updating the policy lies with the member of SLT who is responsible for PSHCE.