



Carshalton High School for Girls

NEWSLETTER

FRIDAY 19 JUNE 2026

Dates for your diary

Week 1/A

22.06.26 - Year 10 and 12 mock exams start

23.06.26 - Year 12 Geography trip to London Wetlands

23.06.26 - Animal Care trip to Epsom Jockey Club

24.06.26 - Difference Matters - Youth Leadership Summit

24.06.26 - Year 9 London Dungeon trip

25.06.26 - Student Council meeting

26.06.26 - Year 13 Prom.

Week 2/B

29.06.26 - New intake parents induction evening

30.06.26 - Year 7 Science trip group 1

30.06.26 - War Horse trip

01.07.26 - Year 12 EPQ trip

01.07.26 - New intake induction day

01.07.26 - Year 9 Supreme Court trip

02.07.26 - London Youth Games

02.07.26 - Golden tickets afternoon tea

03.07.26 - Year 12 Chessington trip

03.07.26 - New Views theatre trip

03.07.26 - Year 7 Science trip group 2

Welcome

As we reach the end of another busy and rewarding week, I would like to take a moment to celebrate the many successes across our school community.

A huge well done to our Year 11 and Year 13 students, who have now completed their examinations, with our final paper—A Level Mathematics—taking place yesterday. This marks the end of a significant chapter in their educational journey. The dedication, focus and perseverance shown by all of our girls throughout the exam season have been truly inspiring. They have conducted themselves with maturity and determination, and have been a credit not only to themselves, but to our entire school community.

We are especially proud of how our students have embodied our core values throughout this exam season. Their accountability has been evident in the way they have taken ownership of their learning and preparation. Their resilience has shone through as they have navigated the challenges of exams with strength and positivity. Most importantly, their sense of sisterhood has been clear in the kindness, encouragement and support they have shown one another every step of the way.

We now look forward with excitement to the next stage. It is always a pleasure to welcome so many of our Year 11 students back into our Sixth Form, and we eagerly anticipate continuing to support them as they grow into confident, capable young women.

Alongside our academic achievements, it has also been wonderful to celebrate the rich diversity of our school community. This week, our school continued to mark Pride with a fun and exciting Pride Party. Students took part in a variety of games and enjoyed singing along to upbeat songs, creating a joyful and inclusive atmosphere. They also had the opportunity to get creative by making colourful masks, celebrating individuality and self-expression. It was a fantastic event where everyone had a wonderful time learning about respect, friendship and being proud of who they are—truly reflecting our value of sisterhood in action.

We are also delighted to share that 40 Year 9 students have travelled to the Somme battlefields today, re-establishing one of the mainstays of our school trip programme. This visit will be of particular benefit to students studying the GCSE unit on the British Sector of the Western Front. During the trip, students are exploring significant sites from the Battle of the Somme around Beaumont Hamel, including Canadian territory at Newfoundland Park and the monument at Thiepval Ridge. Trips such as this bring history powerfully to life and deepen students' understanding in a meaningful and memorable way. If any of our Year 8 students and their families ever fancy seeing West Street at 3am (followed by a return at midnight!), then we strongly encourage signing up for next year's trip!

Thank you, for your continued support. I hope you enjoy reading about the many successes and opportunities our students have experienced this week.

Belinda Norman
Assistant Headteacher and Director of Sixth Form

#teamCHSG

Celebrating *Pride* month



★ REFUGEE WEEK - 15-21 JUNE 2026

Nazia's Story

Nazia was twelve when she left Afghanistan. Her family left because the group running the country, known as the Taliban, bombed her brother's school.

They bombed the school because girls were breaking the Taliban rule: they were going to school. Girls and women are banned from education, work, travel without a male relative, parks, gyms, driving and speaking out loud in public areas. Women give birth without medical help.

The family wanted to find a safe place to live.

It took over a year for her family to travel to the UK. Sometimes they travelled by train, by car and sometimes on foot. She remembers carrying her baby sister. She was twelve.

They arrived in France at night. Nazia was scared. It was dark and cold. They waited all night for a boat which they got on with 65 other people. They set off, but after three hours, the boat ran out of petrol and started leaking. Nazia was small and seated, and the water came up to her shoulders. She was being crushed and couldn't breathe. Her father, brother and little sister had no life-jackets. Everyone thought they were going to die.

Fortunately, they were rescued by another boat. The whole family survived.

Nazia notices that some girls in the UK say they don't like school but in Afghanistan girls cry because they want to go to school.

In the UK, Nazia has learnt to read, write and speak English. She has read whole books. She's learnt how to use a computer. She's made friends and been to the theatre. She's happy.



 **Refugee Week**

CHSG SUMMER CONCERT

Thursday 9th July, 6.30pm

Tickets are now available on the Arbor Parent Portal in the school shop section as well as being available on the night at the door.

Tickets are £4 each and under 11s are free.

Join us for a varied evening of wonderful music as we celebrate the start of summer.



YEAR 7

First and foremost, a huge well done to the entire Year 7 cohort for completing their exam week! We know how daunting a full week of assessments can be, especially in your first year of secondary school, but the maturity, focus, and dedication shown by the students was incredibly impressive. You should all be immensely proud of your hard work. Now take a deep breath, because the hard part is officially over!

Aside from exams, it has been a relatively quiet and settled week as everyone got back into their normal classroom routines. As we head into the final stretch of the summer term, let's keep this fantastic momentum going, stay focused in our lessons, and finish the school year on a high! Please remember to carry a water bottle with as the weather begins to get warmer too.

Ms Brice
Head of Year 7

YEAR 8

Mr Boulter introduced Year 8 students to the Duke of Edinburgh programme in our assembly this week.

Once students are in Year 9, they can start working towards achieving their Duke of Edinburgh Bronze Award. Achieving the award is based on students taking part in 4 different activities:

Volunteering - Helping others and making a difference

Physical - Taking part in a dance, sport or fitness activity

Skills - Improving skills in something you already love or developing skills in a new activity

Expedition - Exploring the outdoors and spending a night away from home

This is a fantastic opportunity, that will teach students a number of skills which are attractive to employers. It is also excellent fun!

All Year 8 parents should have received an email with all the details of the DofE Bronze Award. See the letter attached to the email for your convenience.

Mrs Devaney
Head of Year 8

What is the DofE?

The DofE is a life-changing adventure.

You make it: The DofE is as unique as you are

Millions of young people in the UK have already done their DofE.

Now it's your turn.



What will I do?

BRONZE AWARD			
VOLUNTEERING	PHYSICAL	SKILLS	EXPEDITION
3 months	3 months	3 months	2 days 1 night
Plus a further 3 months in either the Volunteering, Physical or Skills section.			



CHSG Sustainability Tip of the Week



CHSG Sustainability Tip of the Week

Green study and revision tips: "Success grows best when we make time to pause, breathe, and recharge." Research shows that short outdoor breaks can improve concentration, strengthen memory, and reduce stress. Even a few minutes in nature can help reset the mind and boost wellbeing.

Students: Take homework and revision outdoors when possible, or include a 10-15 minute fresh air break between study sessions. Moving your body and changing your environment can help you retain information more effectively.

Parents: Encourage regular outdoor breaks during study and revision time. A short walk, time in the garden, or simply stepping outside can help reduce stress and improve focus.



Another busy week for Year 9. On Thursday Miss Cardoso presented an important assembly on Misogyny. She explained the different forms it can take and different stereotypes associated with it.

Reminders

- Please make sure you sign up for the trip day on 16th July if you haven't already – details on Arbor
- The DofE practice expedition is this weekend – we wish all the students involved well for this and hoping you find it a great experience.
- We hope the students on the Somme History trip today enjoyed it and found it interesting – we look forward to hearing about it!

Student Shout-Outs

Isis S 9Y1:

On Sunday 14th June, Isis competed with her team, the Surrey Starlets Indigo, at The ICC Southern Jam 2026 and came 1st!. Isis said: 'Although we didn't expect such a high placement I'm so happy that we could be recognised for our hard work and it's a perfect way to come to the end of the season.'



Bethany M 9B2:

Also, a huge congratulations to Bethany Marney who also competed and won her division with Unity All Stars Jade Cheer!

Uniform Reminders

- Fake nails/extensions are not allowed as they can pose a significant Health & Safety risk, particularly in P.E and practical subjects.
- Please remember to bring in your phone pouch. If a student does not have it, their phone must be handed in and a detention will be set.
- Earrings – only 1 stud per ear is allowed.
- It is due to be very hot in the early part of next week, please make sure you are drinking enough water throughout the day.

Wishing you all a lovely weekend.

Mr. Osborne

Head of Year 9

YEAR 9

TRIP DAY



THURSDAY
16TH JULY



SIGN UP NOW!



HADESTOWN
LYRIC THEATRE



The final GCSE examinations have now been completed, which means we are officially just one year away from our own Year 10 students reaching this important milestone and completing their time at CHSG!

On Wednesday, Mrs Green and Mrs Pearce delivered an important assembly focused on the upcoming assessment period. They outlined what the Year 10 Summer Examinations will look like, why they are significant, and how students can best prepare for them. By now, students should have created a revision timetable to help them balance their subjects effectively while avoiding becoming overwhelmed.

The coming weeks will naturally feel challenging and nerve-racking for many students. However, some nerves can be helpful as long as they are managed in a positive way. Students should be maintaining healthy routines during this period, including getting at least eight hours of sleep each night and putting phones away before bedtime. It is equally important to make time for rest, exercise, and nutritious meals. After all, the brain needs the right fuel to perform at its best!

If students are finding this period particularly difficult, we encourage them to talk to someone about how they are feeling. Whether that is a family member, friend, or teacher, there is always support available and we are committed to helping our students through this important stage of the year.

This week, some students also took part in their second 'Braving Workshop', which focused on managing friendships and building positive relationships. The session was extremely valuable, and students provided very positive feedback. Well done to everyone involved!

Finally, once the assessment period is over, students will not only be counting down to the summer holidays but also to our exciting Year 10 trip to London Zoo! The trip will take place during the final week of term on Thursday 16th July. Please ensure that you have signed up.





Carshalton Girls Sixth Form Induction 2026

Monday 6th – Tuesday 7th July

What to expect:

- Assembly
- Team building
- Lesson tasters
- 1:1 subject choices appointment
- Summer bridging work

Dress code:

Smart and comfortable (no revealing clothing, no offensive or political writing on clothing, skirts and dresses of a reasonable length, smart shoes or plain black trainers, plain leggings under an outfit, natural hair colour).



Confirm place here:

<https://forms.cloud.microsoft/e/NAV6nGCwGi>
by Friday 26th June

Food will be available for purchase in the Sixth Form canteen by either using Arbor or a debit card.





YEAR 12

Year 12 begin their summer assessment period next week, and it is important that students are well-rested, organised and prepared. As we have discussed throughout the year, the expectation is not perfection, but that every student tries their very best and approaches each exam with a positive attitude.

These assessments are important as they will help inform decisions about progression into Year 13 and will contribute towards the predicted grades provided by teachers. These predicted grades are used as part of university and apprenticeship applications, making this an important opportunity for students to demonstrate their knowledge and potential.

Students should ensure they arrive at each exam fully equipped with a clear pencil case containing all the equipment they need. Water bottles must also be clear and have all labels removed. Full attendance and punctuality are essential to ensure students do not miss any exams or any other important information. I would like to wish all of our Year 12 students the very best of luck. They have worked very hard throughout the year and should be proud of everything they have achieved so far!

Miss Robinson
Head of Year 12

YEAR 13

Congratulations to Year 13 who have completed their A Level examinations. It has been a solid 9 weeks of retrieval quizzing, example questions, group sessions in S06 and much more. Well done for the hard work and effort throughout, as well as the general support offered to each other.

Next stop - for most of the cohort - is...



A final reminder: A Level results day is Thursday 13th August; information has been sent home by Mrs Norman about how the day will run. Any further questions, do get in contact.

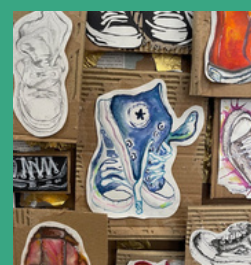
Miss Ishola
Head of Year 13

SAVE THE DATE

Carshalton High School for Girls
**Art & Photography
Exhibition
2026**

Thursday 9th July
4-6.30pm
F-Block

Artwork by Megan D, Nina K, Hafsa A and Pheobe L.





Attendance Matters: Working Together for Your Child

Every Day Counts

As we approach the final weeks of the school year, attendance remains one of the most important factors in supporting students' success, wellbeing and safety.

Why attendance matters for learning

Every lesson builds on previous learning. Missing school can quickly create gaps in knowledge, confidence and progress. Research consistently shows a strong link between good attendance and higher attainment. The Department for Education and the Education Endowment Foundation both highlight the clear relationship between attendance, academic achievement and positive outcomes for young people.

Even a small amount of absence can have a significant impact. Missing one day every two weeks equates to around 10% absence across the school year – the threshold at which a student becomes persistently absent.

Attendance and wellbeing

School provides much more than education. It offers routine, friendships, trusted adults, opportunities to participate in activities, and a sense of belonging. Regular attendance helps young people maintain these important protective factors. The Department for Education describes school attendance as vital for children's learning, wellbeing and wider development.

Recent government research has also highlighted the close relationship between attendance and mental health. While mental health difficulties can sometimes affect attendance, evidence shows that extended absence can also increase the risk of poorer mental wellbeing, making early support and regular attendance particularly important.

Attendance and safeguarding

Being in school helps keep children safe. Schools provide daily opportunities to check on students' welfare, notice when something may not be right, and offer support when needed.

The Department for Education identifies attendance as a key safeguarding issue and states that regular school attendance is a strong protective factor, helping to safeguard children from risks such as exploitation and radicalisation.

A reminder about term-time holidays

We understand that family holidays can often be significantly cheaper during term time. However, even a week's absence means missing around 25 lessons. Learning, assessments, practical activities, discussions and experiences cannot always be fully replicated afterwards.

National guidance is clear that family holidays are not generally considered exceptional circumstances and schools can only authorise leave in very limited situations.

How parents can help

- Prioritise attendance and punctuality every day.
- Avoid booking holidays during term time.
- Establish consistent morning and evening routines.
- Talk positively about school and learning.
- Contact the school early if you have concerns about attendance, wellbeing or any barriers your child may be experiencing.

Working together, we can help every student benefit from the opportunities, support and experiences that school provides.

Every day really does count.

[Attendance Support for Families – Cognus](#)

[Attendance: why it matters, key data and guidance - GOV.UK](#)

[The link between attendance and attainment in an assessment year](#)



Curriculum Focus: Geography

Geography is a fascinating subject that encourages us to engage critically with the world around us. Geography helps us to understand how people, places and environments are connected. With the summer term well under way, students have been engaging with a knowledge rich curriculum that stimulates their critical thinking.

Year 7 are currently learning about the importance of oceans for our planet. Students have been investigating the different layers of the ocean and why each one has significance. Students have also been reflecting on the importance of coral reefs within the oceans. Coral reefs serve as a vital climate regulator for the Earth and act as a fundamental site for scientific research and tourism. In the coming weeks, year 7 will critically think about the devastating impact that plastic can have on our oceans. Students will examine ways that this problem can be solved with sustainable solutions.

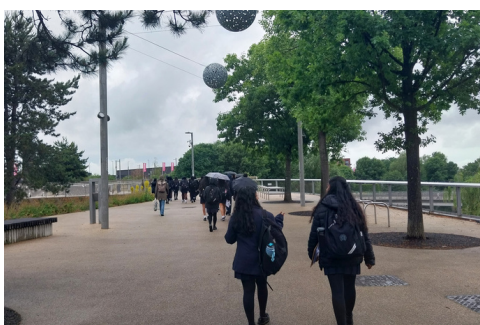
Year 8 are currently finishing their hazards and rocks topic. Within this topic, students have learnt about volcanoes and earthquakes. Students have evaluated how the level of development within a country can impact the way that a country responds to an earthquake or volcanic eruption. Next, students will be investigating key landforms on our planet, rivers and glaciers. Students will examine how a river can meander its way through a landscape, bringing opportunities and challenges.

Year 9 are currently extending their learning even further of our 'Rivers' topic. Students have been thinking about how rivers can create other fantastic landforms like ox bow lakes. Students have also been proactively thinking of sustainable ways that a river can be managed in case of flooding.

It has been fantastic to take all year 10 GCSE Geographer's to the Queen Elizabeth Olympic Park in Newham, London, to carry out fieldwork. The students enjoyed collecting data about the environment within the park. Subsequently, this enjoyment extended to carrying out questionnaires with the public about the regeneration of the Westfield shopping centre. The year 10 students are now busily examining and evaluating their data collection in their classrooms, ready for their paper three GCSE Geography examination next year.

Our year 11 and year 13 students have now finished their GCSE and A Level examinations, and we could not be prouder of them. Both cohorts have shown resilience, determination and upmost passion towards developing their knowledge of Geography. We wish them all the best for the future and hope to see them on results day!

Finally, our year 12 students are busy engaging with key topics in their A Level course such as how the world is governed by global leaders. The students are also looking forward to taking part in two fieldwork trips, one to examine the changing place of Hyde Park and another to Barnes Wetlands in Richmond upon Thames.





Carshalton High School for Girls

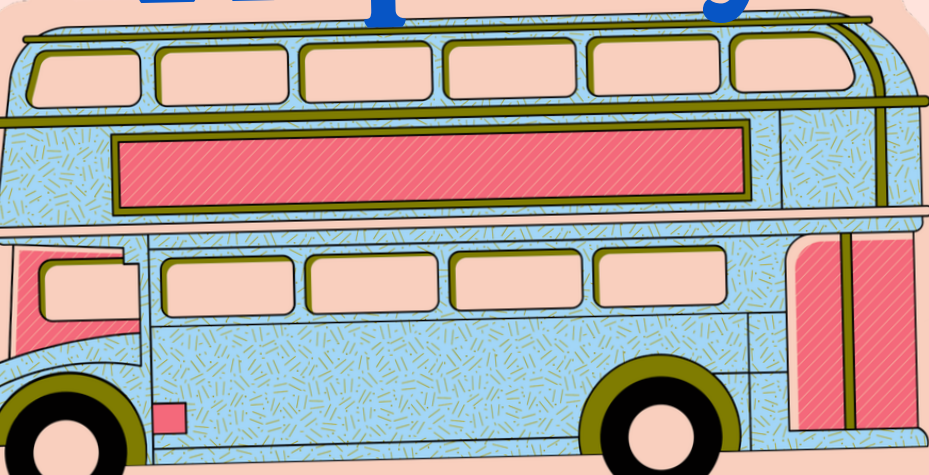


CHSG TRIP DAY 2026

Thursday 16th July

Sign up on Arbor portal
Deadline 26th June!

Trip Day



supreme SEND Specific

Any Age

FREE
for those
eligible for
benefits-related
Free School
Meals

*Eligibility is based on benefits-related Free School Meal criteria. Universal Infant Free School Meals do not automatically qualify.

27th July – 20th August 2026

Monday – Thursday 10am – 2pm

Supreme's SEND Specific/exclusive Summer HAF Club provides a safe, nurturing, and fun environment where children and young people can learn, explore, and build confidence during the school holidays.

Designed specifically for children with Special Educational Needs and Disabilities (SEND), our camps offer tailored activities, experienced support staff, and a fully wheelchair-accessible venue to ensure every child can participate comfortably and confidently.

Activities May Include:

Sensory Play	Arts & Crafts	Cooking sessions	Music & movement	Interactive games
Outdoor Play	Educational Workshops	Soft Play & Calming Spaces	Community trips	

We understand that every child is unique, which is why we work closely with families to provide the right level of support, including personal care and additional needs support where required.

Our experienced team creates a welcoming environment that encourages social development, independence, creativity, and most importantly – fun! We believe every child deserves an enriching holiday experience.

Features of our camps



Fully wheelchair friendly venue



SEND-trained staff



Personal care support available



Inclusive and structured activities



Safe & supportive environment



Opportunities to build friendships & confidence



Scan to Register via our site



ARBOR HOW-TO



Report an absence

1. Log in to Arbor
 - Open the Arbor Parent Portal in your browser or the Arbor App
 - Enter your email address and password
2. Select your child
 - If you have more than one child, choose the correct child from your dashboard
3. Go to 'Attendance' or 'Report Absence'
 - Look for the **Attendance** section
 - This can be found under **Quick Actions** or on the dashboard under **Statistics**
 - Click **Log Absence**
4. Enter absence details
 - Select the time students will be absent
 - Add a reason
5. Submit the absence
 - Click **Log Absence** to send the information to the school

Arbor can only be used for same day absences. Future absences and appointments cannot be logged on Arbor and an email must be sent to: attendance@carshaltongirls.org.uk



Sign up for a trip or workshop

1. Log in to the Parent Portal or Arbor app.
2. Click **Activities**, then **Trips**.
3. You will see any trips available to your daughter.
4. Click on the trip you wish your child to join.
5. If sign-ups are open, a green button will appear saying "Sign up (your daughter's name) for trip."
6. Click the button and then click the **Make Payment** or **Add Consent** button and complete the steps to sign-up. Please make sure the Consent button is ticked.
7. If the trip can be paid in instalments, please refer to the description to pay the correct deposit amount to confirm your daughters place, as this could be different to the minimum instalment available.

Workshops and prom payments will also show on Arbor as trips.



Top-up meal account

Logging your child's absence is quick and easy using the Arbor Parent Portal or App.

1. Log in to Arbor
 - Open the Arbor Parent Portal in your browser or the Arbor App
 - Enter your email address and password
2. Select your child
 - If you have more than one child, choose the correct child from your dashboard
3. Go to **Payments** or **Accounts**
4. Select Meals
5. Click green **Top up account** button
6. Enter the amount you wish to add
7. Click **Pay now**
8. Follow the secure payment steps using your card
9. Confirm the payment

Arbor does not facilitate automatic reminders in the way that ParentPay did. Please check your daughter's account balance regularly and top-up her account in good time to avoid going into deficit.



Need help?

If you have any difficulties accessing Arbor, please contact the school office for support.