



FRIDAY 22 MAY 2026

## Dates for your diary

### Week 2/B

**01.06.26** - Back to school normal time

**01.06.26** - Year 7, 8 and 9 exams begin

**01.06.26** - Diana awards trip

**05.06.26** - Year 10 Hospitality and Catering mock practical exam

### Week 1/A

**08.06.26** - Year 10 Geography trip to Stratford - first group

**08.06.26** - Oval cricket club trip



## CHANGES TO THE SCHOOL DAY 2026-7

A new school day will be introduced in the last two weeks of Sumer Term from Monday 6th July with full introduction from the start of term in September.

The new model addresses recent and long-running feedback from students, parents and teachers, including:

- Lunchtime is too short with not enough time to comfortably eat, refresh and enjoy.
- Year 7 have two split lessons each day, impacting negatively on teaching and learning.
- Having Tutor Time at the end of the day means that important Personal Development sessions are delivered at a time when students are not at their most responsive.

With these concerns in mind, we intend to move to a new model which retains aspects of the schedule that works well but addresses the issues above. Some of the most notable changes are:

- A longer lunchtime of 45 minutes which will make clubs and activities possible.
- A longer CARES session with form tutors in the mornings made up of literacy and PSHE sessions and the removal of afternoon Tutor Time.
- The removal of line-ups. Students will be expected onsite by 8.25am and in their tutor rooms ready to be registered by 8.30am (8.50am on Wednesdays).
- A regular finish time of 3.05pm (five minutes later). The removal of the early finish on Fridays and the introduction of a slightly later start time of 8.50am on Wednesdays to allow for weekly staff training.

Change to the school day will bring costs as well as benefits, but expected gains are:

- More efficient use of time resulting from fewer transitions within the school day.
- Greater opportunities for enrichment and enjoyment at lunchtimes with students having the choice to use either the Canteen or the Snack Shack.
- Better learning experience for Year 7.

The new times will be introduced in the last two weeks of term to identify pinch points and unforeseen consequences and enable any necessary adjustments before September. The new model is on page 2 of this newsletter.

We are keen to know what you think of the new school day, so if you would like to give feedback, please do so using the MS Form linked here: [Changes to the School Day- parent/carer response.](#)

Mr Sambrook  
Deputy Headteacher



## ATTENDANCE MATTERS

As students complete their end-of-year assessments during the next half term, every lesson and every day in school is important. Strong attendance will help students feel prepared, confident, and ready to achieve their best.

Thank you for your continued support in ensuring students attend school every day and arrive on time.





## Welcome

It has been a wonderfully busy, productive and exciting end to the half-term, with students across the school embracing every opportunity both inside and outside the classroom. From inspiring assemblies and engaging lessons to enrichment activities and preparations for upcoming examinations, there has been a real sense of energy, enthusiasm and achievement throughout the school community.

On Monday, our whole school assembly was led by Head of Maths, Mrs Foley, who spoke passionately about the importance of women in mathematics and celebrated the achievements of inspirational female mathematicians throughout history. At our school, we strongly believe that all girls should feel empowered to pursue any field they are passionate about, including those that have traditionally been male-dominated. Mathematics opens doors to an enormous range of exciting careers and opportunities, and we encourage our students to approach the subject with confidence, ambition, and curiosity.

This Friday, we said a fond farewell to our Year 11 students as they celebrated their final day with us before beginning the next stage of their journey. The day was filled with laughter, memories and emotion, beginning with a special leavers' assembly where staff and students reflected on the many achievements, friendships and experiences shared over the past five years. Students enjoyed signing each other's shirts, collecting their leavers' hoodies and celebrating together with doughnuts and photographs to mark the occasion. While it is always difficult to say goodbye, we are incredibly proud of the remarkable young people they have become and have every confidence that they will go on to achieve great success in the future. We wish each and every one of them the very best for their upcoming examinations and for the exciting opportunities that lie ahead.

When we return after half-term, students in Years 7, 8 and 9 will begin their examinations. We would like to wish them all the very best with their revision over the break and are confident that their hard work, commitment and determination will pay off. We are incredibly proud of the effort they have shown throughout the year and cannot wait to see all that they achieve. As always, we will continue to maintain our high expectations regarding uniform, attendance and punctuality, and we greatly appreciate the continued support of parents and carers in helping students arrive each day prepared, present and ready to succeed. We must also remind students that should they be using the multi-faith prayer room that they show respect, silence and are not eating or drinking in that room. Unfortunately a few students have let us down in the last couple of weeks by misusing this space. Let us all work together to ensure a positive and successful start to the final half-term of the academic year.

We would like to wish all of our students and their families a restful, enjoyable and well-deserved half-term break. We hope this provides an opportunity to relax, spend quality time together and recharge ahead of these final weeks. Thank you, as always, for your continued support, encouragement and partnership throughout the term - it is greatly appreciated and plays such an important role in the success of our school community.

Miss Jones  
Assistant Headteacher

# SAVE THE DATE

Carshalton High School for Girls

## Art & Photography Exhibition

### 2026

Thursday 9th July

4-6.30pm

F-Block

Artwork by Megan D, Nina K, Hafsa A and Pheobe L.





## Uniform and mobile phone reminders

As we move into the half term break, we would like to thank parents and carers for your continued support with maintaining our high standards around uniform and conduct. Following recent reminders in assemblies, we would be grateful if families could ensure that students return after half term in full correct uniform and ready for learning. This includes ensuring that students do not return with nose studs, additional jewellery, nail extensions, coloured hair or rolled skirts, all of which are not permitted under our uniform policy.

In particular, we would like to remind parents that false nails and nail extensions are not permitted. In addition to not meeting uniform expectations, these present a health and safety risk in subjects such as PE, Art and DT and around a busy school environment more generally. From this half term onwards, students who arrive wearing nail extensions may be sent home to have them removed before returning to lessons.

We would also like to remind families that mobile phones and other smart devices must not be used anywhere on the school site at any point during the school day, including before students have pouched devices in the morning and after school before leaving site. As part of our commitment to safeguarding, wellbeing and maintaining a calm, focused environment for learning, we take smartphone-related issues extremely seriously. Where there is reasonable suspicion that a student has access to or is using a prohibited device in school, searches may take place in line with our Behaviour Policy.

We would also like to remind parents that current Year 7 students will continue with a brick-phone-only policy when they move into Year 8 next year. Students will not begin using pouches until Year 9.

We know that the overwhelming majority of our students take pride in representing the school positively and we are very grateful for the support of parents and carers in helping us maintain the calm, safe and purposeful environment that all students deserve.

**Mrs Crump**  
Assistant Headteacher

# SUMMER CONCERT AUDITIONS

TUESDAY 2ND AND THURSDAY 4TH JUNE 3.10 - 4.30



Sign up outside J34 for an audition to perform in the CHSG summer concert on Thursday 9th July 2026.



Open to all years, any genre or instrument. Can be solos, duets and small groups, which are particularly encouraged.

Please note: audition pieces must not be more than 5 minutes long.

## YEAR 7

And just like that we are at the end of another half term. Only another 7 weeks left until they are Year 8! This week we have been having many conversations about preparing for the assessments. Each student has received a blank timetable so they can fill in the dates and times of their assessment, as well as a timetable to help them plan for their revision.

The week of the assessments students will be using their homework time to complete revision and will not be expected to complete the homework in the Home Learning. We have been reinforcing with the students that we know it is important to revise but it is also important to look after themselves and keep doing the activities they enjoy like playing football, going for a walk, chatting with friends and having plenty of rest!

Next term will again be full of learning, new experiences and celebrations. On the note of celebrations, at the end of next term we will have our termly rewards assembly and it would be great if we could also celebrate some outside of school achievements. If your child is participating in any competitions or undertaking a special activity or event please do let us know and we will celebrate with them!

Finally, I would like to thank you for your support this term and we wish you and your family a wonderful half-term break and we look forward to seeing you next term.

**Ms Brice**  
Head of Year 7



### Year 8 Summer Exams - 1st June - 12th June

As we approach the Year 8 Summer Exams, we would like to support you in helping your daughter feel confident and prepared. The exams will take place over two weeks and will cover a wide range of subjects including English, Maths, Science, Humanities, Languages and the Arts.

#### What to Expect

- Students will sit assessments in all subjects studied this year, including English, Maths and Sciences.
- Many exams include a mix of multiple choice, short answers and extended writing tasks, depending on the subject.
- In some subjects e.g. Languages and Music, there are practical or speaking elements alongside written exams.

#### How Students Learn Best and how you can help.

The exam information booklet, linked below, highlights three key revision strategies:

##### 1. Retrieval Practice

- Encourage your daughter to test herself regularly rather than just re-reading notes.
- Ask her questions from her subject workbooks
- Use flashcards or quick quizzes

##### 2. Spaced Practice

- Short, regular revision sessions are more effective than last-minute cramming.
- Aim for 30–60 minutes most days

##### 3. Interleaving

Mix different topics during revision to improve understanding. e.g. revise Maths, then switch to Geography

These methods help strengthen memory and understanding over time.

#### Effective Revision Tips for Home

- Encourage mind maps or revision cards – but importantly, students should recreate them from memory, not just read them.
- Support your daughter to practise exam-style questions
- Help her identify gaps in knowledge and revisit these
- Encourage her to use school resources (workbooks, knowledge organisers, BBC Bitesize, Sparx Maths, Language Gym etc.)

#### How Parents Can Support

- Create a quiet, organised space for revision
- Help plan a simple revision timetable
- Encourage regular breaks and good sleep
- Praise effort and progress, not just results
- Offer to quiz your daughter on key facts or vocabulary

#### Final Thoughts

These assessments are an important opportunity for students to demonstrate what they have learned this year and to develop good study habits ahead of GCSEs.

With your support, we are confident that Year 8 students will approach these exams with confidence and resilience.

If you have any questions, please do not hesitate to contact us. You can access the exams information booklet on our website here: [Year 8 Summer exams booklet 2026](#).

#### Farewell

The Year 8 team are very sad to be saying goodbye to Mrs Hunt who is taking up a new job opportunity outside of the school. Mrs Hunt has done some fantastic work with students and their families over the past 2 years. She is kind, approachable and patient and will be sadly missed by all. We wish her the very best of luck in her new role and we hope that she'll keep in touch.

Thank you for your continued support and may I wish you a pleasant half-term break.

**Mrs Devaney**  
Head of Year 8



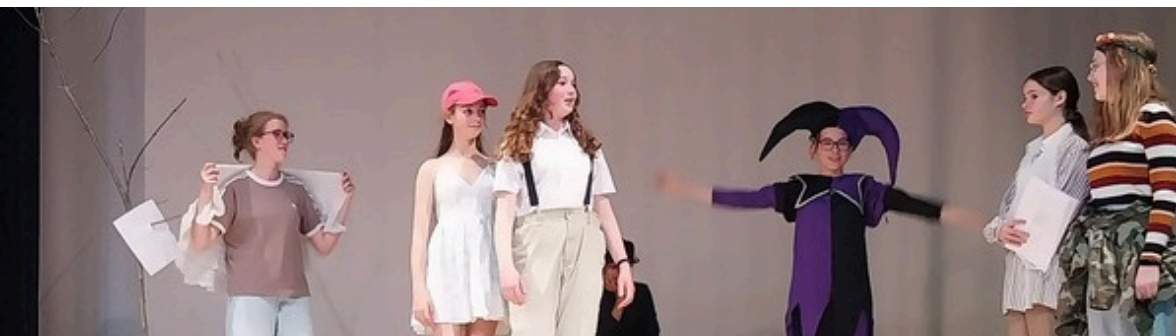


## YEAR7 & 8 DRAMA CLUB PRODUCTION

### SHAKESPEARS - AS YOU LIKE IT

On 21<sup>st</sup> May, students from Year 7 and 8 staged an abridged version of *As You Like It* by William Shakespeare. One lighting state and no amplified sound - just skilled actors delivering the play with imagination and clarity and getting laughs from an appreciative audience. Special mention must go to Livvy for stepping into the part of Orlando at the eleventh hour: she brought the character to life with intelligence, wit, and her voice filled the hall with no need for amplification whatsoever; Dara brought the misanthropic Jaques to life; Daisy's Rosalind was detailed, engaging and convincing throughout; Emily brought her trademark wit and originality to the part of Celia; Jude skilfully differentiated between the aged Adam and the bustling Le Beau; Harriet's two Dukes both engaged the audience and were played with accomplishment; Hazel skilfully captured the sense of an Oliver who had rumbled the runaways in disguise; Ivy pleasingly portrayed both the love-sick Silvius and the brutal Charles; Zofia and Rachel showed comic excellence and got some great laughs as Touchstone and Audrey, beautifully portraying their mismatched partnership; Isabella stepped in during the last week to play the wronged Phoebe with clarity and ease; and Aisha provided invaluable contributions during the rehearsal process. Thanks also to Chloe and Annabelle without whose backstage support the show simply could not have happened. Well done to the Year 7 & 8 Drama Club!

**Mr Rogers**  
Teacher of Drama





## YEAR 9

Recent news highlights the neglect of women's health issues. At CHSG, we aim to empower students regarding these matters. This week, midwife Rebecca Hamilton delivered an assembly on Menstrual Health, discussing the menstrual cycle, hormonal effects on mood and behaviour, symptom management, and available products. She encouraged students to seek help from parents, school staff, or GPs for persistent symptoms such as severe pain, heavy bleeding, dizziness and feeling faint.

Well done to all our students on another fantastic half term. Wishing you all the best of luck for your upcoming exams after the break.

Have a lovely Half Term

**Mrs O'Connor**  
Head of Year 9

## YEAR 10

This week was another busy one for the students.

On Wednesday our assembly was lead by students that took part in the Jack Petchey Speak Out Challenge. They delivered various speeches on different subjects to the whole Year group. They all spoke professionally and clearly.

Congratulations to Charlotte R, Tammy S, Kayla R, Megan Burke, Avnee V and Sumayyah K for giving their class winning speeches in assembly this week. Our overall winner is Avnee, who will be put through to the regional competition.

Well done to Jasmine S, Thiviya K and Rhoda A for sharing their speeches as well. They all had important messages which I thought the year group needed to hear.

### Reminders:

- Trip Day 2026 – please make sure you sign up for the Year 10 trip to London Zoo!
- Exams – Year 10 Exams run from 23rd June-3rd July
- Year 10 Exam Booklets & Resources have been sent out this week. Individual exam timetables will be sent out after half-term.
- CHSG cardigans can be worn from the 1<sup>st</sup> June. Plain cardigans can be worn with a blazer.

### Wear yellow day – Friday 22nd

To commemorate our colleague Mrs Mellish who sadly passed away last year we held a Yellow Accessory Day today. It was great to see so many students and staff take part and all donations to The British Heart Foundation were gratefully received.

### Student shout-out

Shore has been getting involved in boating across a range of disciplines, including rowing, kayaking and paddle boarding, building confidence and strong water skills. She is currently working towards becoming a supervised coxswain in rowing, developing leadership, steering, and crew coordination experience within a team environment. Alongside this, she holds the RYA Competent Crew qualification, which reflects practical sailing experience and a working understanding of seamanship, including onboard safety and supporting a vessel as part of an active crew.

### Thank you

I would like to take this opportunity to thank Mr Osborne for all his work with the year group as Assistant Head of Year. He leaves Year 10 to become Head of Year 9. We welcome Miss Nedjai to our Pastoral Team as our new Assistant Head of Year.

I hope you all have a good half-term break and look forward to seeing all our students back on 1<sup>st</sup> June, at the normal time, feeling refreshed and looking forward to the last half-term of the year.

**Mrs Pearce**  
Head of Year 10



And we're here.

Today was a bittersweet moment, as we observed from today's special events. The shirt signing (always a firm favourite) is one of those many rites of passage, where messages are written on the iconic CHSG checked blue shirts, often to be read years later. Photos with friends during break was yet another opportunity to connect, while Leavers' Hoodies were handed out: a myriad of colours of Leaver's Hoodies peppered the Snack Shack area, which was buzzing with laughter and emotion. A most memorable Leavers' Assembly followed, with videos from teachers and students alike - all who have had a part to play in our students' journey of becoming. Of course there was carefully selected music and a range of speeches, all designed to play a different chord, from the light-hearted and hilarious to the poignant and emotive.

I am reminded, as we say goodbye, that growing up is hard. In 'Walking Away', we read about a father who expresses pain and acceptance of his son growing up, concluding with the memorable lines 'selfhood is proved in the walking away and love is proved in the letting go'. And this is what we hope for those in our care: that they have the strength and confidence to go confidently in the direction of their dreams. It is also about knowing that we need to let go, safe in the knowledge that we have equipped students with the absolute best possible chance of success. It is now over to them. They will be so missed.

Talking about success: I concluded my speech to your daughters with one of my favourite quotes, which I hope resonated with them. My wish is that it may help them as they build a life-time of what is meaningful for them and they forge their own definitions of what it means to be successful.

*"What is success?"*

*To laugh often and much; to win the respect of intelligent people and the affection of children; to earn the appreciation of honest critics and endure the betrayal of false friends; to appreciate the beauty; to find the best in others; to leave the world a bit better, whether by a healthy child, a garden patch, or a redeemed social condition; to know even one life has breathed easier because you have lived. This is to have succeeded."*

— **Ralph Waldo Emerson**

All the best.

**Mrs Macallister**  
Head of Year 11



## Year 11 Sixth Form Induction 2026



Sixth Form Induction 2026 will be on Monday 6th and Tuesday 7th July. Further information will be sent out and posted on social media platforms.



'Summer afternoon - summer afternoon, to me those have always been the two most beautiful words in the English Language.' (Henry James) Literature is filled with evocative descriptions of warmer days, capturing themes such as the nostalgia of youth and the beauty of nature in full bloom. Both those things come together meaningfully as the work of our Y11 and Y13 students comes to fruition in the preparations for their final exams. Their revision programmes have focused on plugging gaps, strengthening weak areas and maintaining strong performance. We send them our very best wishes to achieve everything they have worked for and to look back on their endeavours with pride.

Year 7 began a study on the writer who has shaped English Literature the most, William Shakespeare. As they study 'The Tempest', they are learning about how a dramatists works, the Jacobean context and how powerful characters can be complex.

The Gothic forms the Y8 curriculum in early summer. Students study one of two adapted plays, 'Dracula' and 'Frankenstein' to extend their knowledge of drama and Gothic features. They then move on to build on their rhetorical writing skills through imagining being the prosecuting or defending lawyer for the narrator of Edgar Allen Poe's 'Tell-Tale Heart'. Who knows how many budding lawyers will have written their first trial's closing argument as a student of CHSG? Good luck to all future barristers!

The Year 9 English Summer unit provides an opportunity for students to explore a range of War Poetry. They begin by flexing their descriptive writing muscles to apply their knowledge of creative writing to depict a trench scene. Then the unit continues to build on knowledge of poetry, concluding in an essay testing poetry analysis skills.

Year 10 continue their English Language and English Literature GCSE courses. They have finished learning the entire Language syllabus, so lessons focus on relearning concepts, practising questions and deepening knowledge about language in readiness for summer exams. Students have been completing the study of the mysterious 19<sup>th</sup> century novel 'Strange Case of Dr Jekyll and Mr Hyde' also to prepare for the Literature exams this summer.

We would remind all students to revise effectively for their summer exams and wish them every success in them!

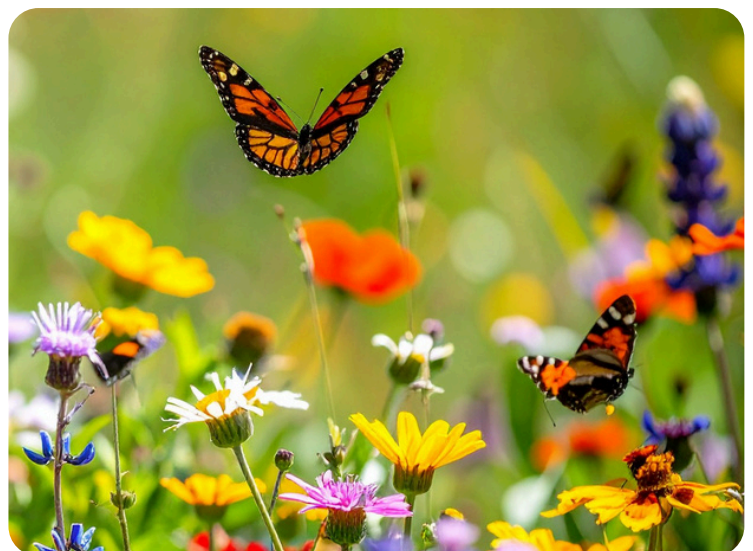


### CHSG Sustainability Tip of the Week

**Let It Bloom June helps wildflowers fully grow and seed, providing lasting food and habitats for pollinators while boosting biodiversity.**

**Students:** Observe the Changes: Compare May to June—what new flowers or insects appear as plants mature?

**Parents:** Delay Mowing Further: Keep areas unmown into June to allow flowers to fully bloom and seed.





# CHSG MENTAL HEALTH AND WELLBEING

## HALF-TERM WELLBEING: SUPPORTING OUR YOUNG PEOPLE OVER THE BREAK

As we approach the half-term, we want to take a moment to remind families about the importance of rest, connection, and safety. School holidays are a welcome break from routine — but they can also bring changes in mood, energy, and wellbeing for children and young people.

### Looking After Mental Health

Time away from school can offer space to recharge, but some young people may find the lack of structure or social contact challenging. Here are a few ways you can support positive mental health at home:

- Keep a gentle routine: Predictability helps children feel safe. Encourage regular mealtimes, sleep patterns, and daily activities.
- Encourage balance: Help them mix screen time with time outdoors, creative hobbies, or relaxation.
- Stay connected: Keep in touch with friends or trusted adults, especially if your child tends to withdraw.
- Model calm: Children take their cues from adults — showing self-care, rest, and balance helps them do the same.
- Talk and listen: Sometimes just asking, “How are you feeling about the break?” can open important conversations.

If your child seems worried, down, or unusually withdrawn, remind them it’s okay to talk — and that help is always available.

### Staying Safe Online

With more free time, many young people spend longer online. Please take time to:

- Check privacy settings and parental controls.
- Encourage your child to think before they post or share personal details.
- Remind them that if something online makes them uncomfortable, they can tell you or another trusted adult straight away.
- Useful guidance can be found at [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk) and [www.childnet.com](http://www.childnet.com).

### Support and Helplines

The Sutton information Hub is a great starting place: [Home | Sutton Information Hub](#). Here you will find information about activities and local events to engage with [Events | Sutton Information Hub](#). It also has a page to signpost support.

Together Sutton [How We Can Help - Together for Sutton](#) also offers sign posting for a range of support services including financial and housing support.

The [Foodshop - Sutton Community Works](#) is a fantastic resource if you are struggling to make ends meet for just a £4 membership you can select up to 20 items of food including frozen and chilled goods.

Our website has links for contacts over the holidays including for [Mental Health Support](#) and [Child Protection Contacts](#). Students can still access their safeguarding page via the intranet which has tips on keeping safe online and maintaining good wellbeing.

I hope you have a safe and relaxing half term.

**Miss Holmes**

**Director of Safeguarding & Attendance Lead**



 Carshalton High School for Girls

# CHSG TRIP DAY 2026

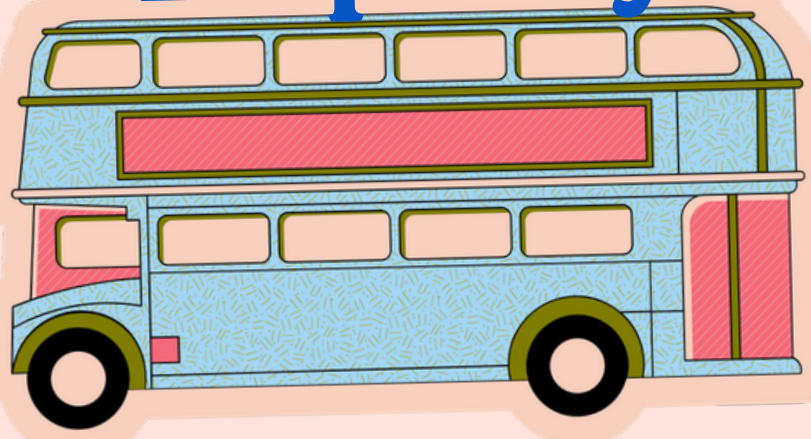


Thursday 16<sup>th</sup> July

Sign up on Arbor portal!



## Trip Day



# ARBOR HOW-TO



## Report an absence

1. Log in to Arbor
  - Open the Arbor Parent Portal in your browser or the Arbor App
  - Enter your email address and password
2. Select your child
  - If you have more than one child, choose the correct child from your dashboard
3. Go to 'Attendance' or 'Report Absence'
  - Look for the **Attendance** section
  - This can be found under **Quick Actions** or on the dashboard under **Statistics**
  - Click **Log Absence**
4. Enter absence details
  - Select the time students will be absent
  - Add a reason
5. Submit the absence
  - Click **Log Absence** to send the information to the school

Arbor can only be used for same day absences. Future absences and appointments cannot be logged on Arbor and an email must be sent to: [attendance@carshaltongirls.org.uk](mailto:attendance@carshaltongirls.org.uk)



## Sign up for a trip or workshop

1. Log in to the Parent Portal or Arbor app.
2. Click **Activities**, then **Trips**.
3. You will see any trips available to your daughter.
4. Click on the trip you wish your child to join.
5. If sign-ups are open, a green button will appear saying "Sign up (your daughter's name) for trip."
6. Click the button and then click the **Make Payment** or **Add Consent** button and complete the steps to sign-up. Please make sure the Consent button is ticked.
7. If the trip can be paid in instalments, please refer to the description to pay the correct deposit amount to confirm your daughters place, as this could be different to the minimum instalment available.

Workshops and prom payments will also show on Arbor as trips.



## Top-up meal account

Logging your child's absence is quick and easy using the Arbor Parent Portal or App.

1. Log in to Arbor
  - Open the Arbor Parent Portal in your browser or the Arbor App
  - Enter your email address and password
2. Select your child
  - If you have more than one child, choose the correct child from your dashboard
3. Go to **Payments** or **Accounts**
4. Select Meals
5. Click green **Top up account** button
6. Enter the amount you wish to add
7. Click **Pay now**
8. Follow the secure payment steps using your card
9. Confirm the payment

Arbor does not facilitate automatic reminders in the way that ParentPay did. Please check your daughter's account balance regularly and top-up her account in good time to avoid going into deficit.



## Need help?

If you have any difficulties accessing Arbor, please contact the school office for support.