



NEWSLETTER

FRIDAY 1 MAY 2026

Dates for your diary

Week 1/A

04.05.26 - Bank holiday, school closed

05.05.26 - GCSE Dance trip to BRIT school

06.05.26 - Year 12 Parliament trip

08.05.26 - Year 13 leavers assembly.

Week 2/B

13.05.26 - PD Day

14.05.26 - Year 10 Parents consultation Evening, early finish for all students at 2.35pm.



Community



Accountability



Resilience



Empowerment



Sisterhood



ATTENDANCE MATTERS

At CHSG, we know that being in school every day supports learning, confidence, and wellbeing.

You can view your child's attendance and report absence using the Arbor Parent Portal.

With help accessing the Arbor Parent Portal & App visit our website: www.chsg.org.uk/arborparentportal

Your support makes a real difference, our Form Tutors and Year Teams are here to help and are committed to building strong, supportive partnerships with families.

Welcome

It has been another busy week at CHSG!

On Monday, Year 7 and 8 students took part in self-defence classes, with over 150 students participating through Unleash Self Defence. The girls were fantastic throughout, engaging with the sessions with real focus and maturity. Unleash Self Defence offers training for both children and adults, supporting safety and confidence across all age groups. As part of their commitment to the school and the wider community, they are pleased to offer all our students one month of weekly classes free of charge at any of their venues (terms and conditions apply). To book a free taster session, please visit their website and complete the taster form: <https://www.unleashselfdefence.co.uk/>

Also on Monday, our Eco Club led an inspiring whole-school assembly. Their aim is to help create an environmentally friendly school and work towards achieving the Eco-Schools Green Flag Award. They highlighted the important role we all play in protecting the environment and tackling climate change, which remains one of the most pressing issues of our time and one that our students are increasingly passionate about. There are also exciting plans to form a new gardening club, and we would strongly encourage students to get involved with the wide range of eco and enrichment opportunities available.

The Pangolin Fundraiser took place on Friday and was a great success. Pangolins are among the most trafficked animals in the world due to demand for their scales and meat, placing all eight species at serious risk of extinction. The money raised will fund Pangolin Guardian Education Packs—specialised offline kits developed by Pangolin.Africa for rural African schoolchildren aged 8-12. Each sponsored pack reaches 50 learners, providing lesson materials for high-risk areas with limited internet access, alongside quizzes and 50 metal Pangolin Guardian badges to inspire the next generation of protectors. Thank you to everyone who supported this important cause—every contribution truly makes a difference.

On Tuesday, 30 students from Years 9-11 travelled to the Lyric Theatre in Hammersmith and spent the day performing Wildfire Road. It was an amazing experience, with students supporting one another and performing to an exceptionally high standard. We are very grateful to Mr Boulter and Mr Rogers for providing this fantastic opportunity.



On Wednesday, four Year 9 students made the long journey to Liverpool representing Crystal Palace FC to present their social action project at Everton Stadium, working with a team of Premier League mentors. They raised money for Sutton Mental Health Charity and delivered a workshop to Year 7 students on protecting their mental health. We are extremely proud of their leadership, commitment, and the positive impact they have made.

We would like to extend a well done to all the pupils who took part in the Junior Maths Challenge. Their enthusiasm, effort and problem-solving skills were fantastic to see, and we are very proud of their participation. We now look forward to receiving the results and celebrating their achievements.

Surrey Girls Cricket Talent Pathway trials are open. Visit kiaoval.com/talent-pathway for more information and see the attached flyer for more details.

There is so much going on across the school at the moment, and we would strongly encourage parents to continue supporting and encouraging their daughters to get involved in clubs and enrichment opportunities. There really is something for everyone, and participation makes a huge difference to students' confidence, skills, and sense of belonging.

Have a lovely (and hopefully sunny) weekend!

Miss Jones

Assistant Headteacher

Summer Uniform

Now that the weather is warmer, students will not be required to bring their blazers to school. However, we still expect smart uniform and the following still applies:

- Students should not wear their coat instead of their blazer. The jumper/blazer must be added as an additional layer in the first instance.
- Skirts must be knee length. They should not be rolled up at the waist and if they are too short they will require a larger size.
- Lanyards must be clean and visible at all times
- Facial jewellery is not allowed, though piercings may be kept open with plastic retainers
- Sunglasses may not be worn around school

Please note that, for health and safety reasons, nail extensions of any kind are not allowed in school. We are grateful for your support with this.



Jack Petchey Achievement Awards 2026

It was a fantastic evening at the Sutton Jack Petchey Achievement Awards, held on Tuesday 28th April at the Epsom Playhouse. The event was a wonderful celebration of the dedication, resilience, and achievements of young people across the borough.

CHSG was exceptionally well represented, with nine of our award winners in attendance to collect their awards on the night. We are incredibly proud of each and every student and staff who have been recognised for their efforts and contributions to our school community.

A huge congratulations to:
 Pippa R, Sophia R, Francis H, Melanie L, Nuha H, Ellie A, Grace S, Izzy L, and our Leaders Award winner, Tracey C.

Their commitment, positivity, and hard work truly embody the spirit of the Jack Petchey Achievement Awards. It was inspiring to see them celebrated in such a special setting, surrounded by peers, staff, and families.

Well done to all—this is a remarkable achievement and one that is thoroughly deserved!





YEAR 7

This week has been another busy week and the Year 7'S have actively been involved with all opportunities being offered.

On Monday some of our students took part in a self defence workshop. The atmosphere was very positive and the students really enjoyed the workshop and learnt lots of new things.

Our focus this week has been about using our voice. Mrs Green spoke with us in assembly about using the different formats of language when we are speaking with people. For example, the way we talk to our friend would be different to the way we spoke to our parents or teacher. We learnt that we needed to be proud of our voice and use it positively. Mrs Green encouraged us to say and remember "Our voice matters!"

Yesterday we had our first Parents Consolation evening and it was lovely to hear so many positive things being noted about the Year 7 students and advice about how they can develop learning in order to progress. It was great to see so many parents attending.

Please remember if your child has achieved something outside of school, please let me know so we can celebrate their achievements with them. Please email any pictures and the information of their achievement.

Just a reminder as the warmer weather finally arrives, please refer to the summer uniform guidelines above.

Enjoy the long weekend!

Ms Brice
Head of Year 7

YEAR 8

Self Defence

On Monday, almost 70 Year 8 students opted to take part in a 2-hour self-defense session.

Students received advice on how to keep safe when out and about in public. They explored why listening to music or scrolling on your phone could be a dangerous distraction, which could make it easier for someone wishing to cause a person harm to creep up on them undetected. They were also advised that it is their responsibility to take all necessary precautions to keep themselves safe and to avoid putting themselves in harm's way.

The girls were very happy to participate and worked in groups of 2, 3 and 4 working on various scenarios. The instructors described the students as a "dream group." Thank you to Miss Jones and Alex and his Team at *Unleash* for providing these sessions for the girls





YEAR 8

Jack Petchy

Well done to Frances H 8Y1 for representing Year 8 at this weeks presentation evening.

Maths Junior Challenge

Well done to all the year 8 students who took part in this challenge on Wednesday morning.

Many thanks as always for your continued support

Mrs Devaney
Head of Year 8



YEAR 9

After a busy day celebrating Culture Day last week, year 9 settled back into their lessons. It has been lovely to walk around to see students engaged in both tutor time and their subjects.

Well done to Ms Copeland's RE lesson in particular who displayed some excellent oracy skills and participated brilliantly in class discussions. Also to students in 9B2 who organised and presented our assembly this week on Community and Diversity. It was such an excellently planned assembly, delivered with passion and humour with lots of audience participation.

A gentle reminder to sign up to our year team trip on Arbor to confirm a space for the Theatre. Thank you for your continued support. Have a lovely bank holiday.

Mrs O'Connor
Head of Year 9

YEAR 10

On Monday, Mrs Stangroom and the Eco group delivered an interesting assembly on sustainable initiatives the school is currently working on, such as making the school a cleaner, healthier and more sustainable place. The school was reminded of small things the students can do that helps, such as picking up their litter and using the correct bins for general waste, recycling and food waste.

Year 10 Speak Out Challenge

On Thursday 30th April our Year 10 students took part in the Jack Petchey Speak Out Challenge, and they represented the school with exceptional maturity and enthusiasm. Throughout the programme, students demonstrated impressive confidence, resilience, and a willingness to step outside their comfort zones as they developed their public speaking skills.

The trainers were full of praise for the group, highlighting not only the quality of their efforts but also their exemplary behaviour and positive attitude. They were particularly impressed by how engaged and supportive the students were of one another, creating an encouraging environment where everyone felt able to participate and grow.



This was a fantastic opportunity for our students to build their communication skills and self-belief, and they should be incredibly proud of what they achieved. We look forward to seeing many of them continue to develop their voices and confidence in the future.



Wildfire Road

On Tuesday, the Drama students performed their Wildfire Road performance at the Lyric Theatre in front of an audience that included visitors from the National Theatre.

Our Year 10's were amazing!! From fabulous performances, to incredible work backstage and helping to run the show. Shout outs to: Avnee V, Aya A-S, Brielle E, Jasmine D, Kayla L, Vithushjah T, Olivia N, Rafaela G, Luxsana R, Lacey-Rae W, Robyn C.



Jack Petchey Awards 2025

A huge congratulations to Pippa R in Year 10. Pippa's commitment, positivity, and hard work truly embody the spirit of the Jack Petchey Achievement Awards. It was inspiring to see her celebrated at the Sutton Jack Petchey Achievement Awards, held on Tuesday 28th April at the Epsom Playhouse surrounded by peers, staff, and families.

Reminders:

- Please remember to sign up for the Year 10 trip day to London Zoo. This will be a great day and wonderful way to end the year.
- Year 10 Parents evening is coming up on Thursday 14th May - please sign up to as many appointments as you can.
- Last day for ordering cardigans is today, Friday 1st May at 3pm.

Wishing you all a great weekend.

Mrs Pearce

Head of Year 10

This week has seen our MFL speaking exams take place and the students have really applied themselves. Myself and the MFL have been very impressed with the attitude shown. As we enter into the official exam season we hope to see this continue.

There are only 3 weeks of lessons left, which is exciting and scary at the same time. Here are a few reminders of key changes happening as of next week to ensure the smooth running of exams:

- Year 11 will now take their lunch at 12.45pm instead.
- The last period 6 (4pm finish) will be Wednesday 6th May.
- There will be no afternoon form time (2.35-3pm) from Thursday 7th May.

Further details and reminders will come out about the final day at school (Friday 22nd May) from Mrs Macallister in due course.

I would like to say a final goodbye and thank you to all families for their support over the past two years, I wish all students every success in their GCSEs and their future endeavours and I hope to see lots of students when I return to CHSG next year in Sixth Form.

Mrs Berry

Head of Year 11



YEAR 12

This week marked an important moment for Year 12 as the current Year 13 students formally handed over the reins during our final assembly together. We are delighted to welcome our new Sixth Form leadership team, who were presented with their badges and celebrated in assembly this week. I am very much looking forward to seeing how they develop as a team and the impact they will have across the school moving forward.

Senior Prefect interviews have also taken place this week, and once again the standard has been incredibly high. Students have really impressed us with their thoughtful ideas and the initiatives they are keen to lead in order to further strengthen our school community.

Successful appointments will be officially announced next week, with badges presented shortly after. Thank you as always for your continued support.

Miss Robinson
Head of Year 12

YEAR 13

This week Year 13 had their last ACU session which focused on reminders about next steps and upcoming events. Also, top tips from previous Year 13 students were shared regarding what to expect whether at university, apprenticeship, work or gap year. The overarching tips for all destinations were:

- NETWORK with others!!!
- Be organised
- Take opportunities

The final message of the session was about ending strong to ensure all effort put into academics and social responsibilities yield fruitful outcomes. Over the course of the academic year, students have been engaging with the principles of belonging, taken from the book 'Braving the Wilderness'. These principles were reiterated as a paramount component into ensuring every member of the cohort has an opportunity to finish the year in the strongest position possible - whatever that looks like. The principles are:

- **B**oundaries - when you're not clear about what's okay and not okay, you ask. You're willing to say no.
- **R**eliability - You do what you say you'll do. So, you don't over promise and are able to deliver on commitments and balance competing priorities.
- **A**ccountability - You own your mistakes, apologise, and make amends.
- **V**ault - Don't share information or experiences that are not yours to share.
- **I**ntegrity - You choose what is right over what is fun, fast, or easy. And, you choose to practice your values rather than simply professing them.
- **N**on-judgement - We can talk about how we feel, and ask for help, without judgement.
- **G**enerosity - this speaks for itself. It could be giving your time, sharing a resource, saying kind words.

This has truly been a journey of progress of character through challenges and achievements by all students and we'd like to acknowledge the efforts of so many students in the cohort, in the different ways they led an initiative, organised and/or participated in events and made a change in the school and local community.

It was also the last joint assembly with Year 12, which focused on the current Student Leadership Team handing out badges to the incoming team. There will be an opportunity in coming days for both teams to meet and discuss the demands and responsibilities of the different roles. It was a moment of pride and opportunity to show gratitude and announce the promotion of Lois C. and Chloe L. (Deputy Head Girls) as part of our outgoing Head Girls. Huge congratulations to both students for their outstanding work throughout their time in Sixth Form; this was noted and acknowledged by staff and students.

In the true spirit and nature of Sixth Form, Year 13 were clapped out of assembly by Year 12 and the tutor team.

We head into next week with exceptional focus in all lessons, supporting each other and 100% effort with revision.

A final date was agreed on for the Leavers' ceremony, which will take place on Friday 8th May. Students will be off timetable and can begin to arrive for the ceremony from 11.30am. There will be an assembly and handing out of certificates in the Careers Room, with a prompt start of 12.15pm. This will be followed by refreshments in the common room 1.10pm onwards.

Thank you for the support as always.

Miss Ishola
Head of Year 13



Year 9

Our Year 9 GCSE students have started their business journey this academic year. So far, they have focused on the foundational stages of business, starting with Theme 1: Investigating Small Business, which covers entrepreneurship, spotting opportunities, and making a business effective. Our students have undertaken a mock focus group, taste testing chocolate brands to find the most appropriate for the teenage demographics (It's Cadburys...) and started a small project building a business with Ai to see how we can utilise technology as budding entrepreneurs.

Year 10

Our year 10 students have progressed to Theme 2: Building a Business, where students explore how to grow a company by managing marketing, operations, finance, and human resources in a national context. The content is practical and data-driven, requiring students to perform basic financial calculations and evaluate business decisions through short-answer and case-study questions. They have been working hard at their exam application skills whilst preparing for the end of year mock exam, which will be their first test of a full GCSE exam paper.

Year 11

Our year 11's are now weeks away from their actual GCSEs. We start a period of intense revision, exam practices and meta-cognitive techniques to enable them to be as prepared for the exam as possible. Students have completed a Personal Learning Checklist to give them greater insight into the topics they feel most and least comfortable with, and we are then producing micro-lectures making sure that all topics where confidence is low is repeated and re-explained. We wish our Year 11 students the greatest of luck for their exams.

Key Stage 5

The A-Level curriculum expands into four comprehensive themes that move from internal functions to global strategy: Marketing and People (Theme 1) and Managing Business Activities (Theme 2) establish the core functions, while Business Decisions and Strategy (Theme 3) and Global Business (Theme 4) shift the focus to long-term planning and international markets.

Unlike the GCSE, the A-Level demands a higher level of "synoptic" thinking, where students must integrate knowledge from all areas to solve complex problems in Paper 3 (the "Investigating Business in a Competitive Environment" paper). Assessment relies heavily on extended essays and sophisticated financial analysis, such as investment appraisal and ratio interpretation. Our Year 13 students have attended the Tutor2U exam booster revision sessions at Vue Cinema, Westfield, where the lead examiners for Edexcel have given them hints and tips about how to prepare for exams, tricks to solidify higher marks and techniques for revision and exam practice. It was a positive day out and one that I hope will be beneficial for them all. Again, good luck with the exams.

Outside of the classroom, we have seen some fantastic successes with our Young Enterprise programme. Young Enterprise is a national charity in the UK that empowers students to set up and run their own real-life businesses for an academic year. Earlier this week, Comfort & Co were at the South London finals in Teddington and came back with the award for best marketing strategies. This award adds to the 6 that both groups achieved throughout the year.

"The programme was a great experience and taught us how to communicate effectively and work with people we wouldn't usually talk to. The events were also excellent as we got the opportunity to speak to people who work in all different sectors in business and learn more about what they do." Sienna L - Comfort & Co

Congratulations to all involved, and we look forward to continuing this success with next year's cohort





Attendance Matters: Working Together for Your Child

At CHSG, we know that every family is different, and sometimes getting children into school every day can be a challenge. We want you to know that we are here to support you, and we are always keen to work together with families to give every child the best possible start in life.

Good attendance plays a big part in helping children feel happy, confident, and successful at school. Our aim is for all pupils to achieve at least 96% attendance, with 100% as the goal we encourage everyone to strive towards wherever possible. When children attend regularly, they not only keep up with their learning but also build friendships and feel part of the school community.

Understanding Absence: Authorised and Unauthorised

We understand that there are times when children cannot be in school, and it's important to know how absences are considered.

Authorised Absence

An absence is authorised when there is a valid reason and the school agrees that it is appropriate. This may include:

- When a child is genuinely unwell
- Medical or dental appointments
- Religious observance
- Exceptional circumstances agreed with the school

When your child is unwell, we use guidance from the NHS, including the helpful resource [“Is my child too ill for school? - NHS”](#), to support our decisions around authorised absence. This helps us take a fair and consistent approach, while also supporting families in making confident decisions about their child's health.

Unauthorised Absence

An absence is unauthorised when the reason is not inline with the NHS guidance or has not been agreed. For example:

- Keeping a child off school when they are well enough to attend or without medical evidence
- Holidays taken during term time without permission
- Arriving late after registers have closed
- Absences without a clear or full explanation

If we are ever unsure, we will always aim to speak with families so we can understand and offer support.

Medication in School

We understand that sometimes children may need medication during the school day to help them feel well enough to attend.

Where possible, we encourage children to come into school even if they need medication, rather than missing valuable learning time. Medication—including non-prescription medicines such as Paracetamol—can be kept safely in the school office and administered in line with school procedures.

If your child requires medication during the day:

- Please bring it to the school office rather than sending it in with your child
- Ensure it is clearly labelled
- Complete any required consent forms

Our staff are happy to support with this, so that children can remain in school, comfortable and ready to learn.

Working Together

The government guidance “Working Together to Improve School Attendance” from the UK Government highlights how important it is for schools and families to work in partnership.

We know that behind every absence there can be a story, and our priority is to listen, understand, and help. If your daughter is finding it difficult to attend school for any reason, please contact the appropriate year team. Together, we can find ways to support your child and make school a positive, welcoming place.

How You Can Help at Home

Small routines can make a big difference:

- Keeping a regular bedtime and morning routine
- Talking positively about school
- Booking appointments outside school hours where possible
- Letting us know early if there are any concerns

A Final Note

We always want to work alongside our families and truly value your support. By working together and using trusted guidance like that from the NHS, we can make sure children are in school as much as possible learning, growing, and thriving.

[Why school attendance matters, and what we're doing to improve it](#)



CHSG Sustainability Tip of the Week



CHSG Sustainability Tip of the Week

No Mow May helps protect pollinators by allowing wildflowers to grow, creating important food and habitats in everyday green spaces.

Students: Create a Pollinator Patch: Leave a small area of grass uncut at home and observe what grows.

Parents: Enjoy the sun and reduce your workload while allowing plants to grow and supporting biodiversity.



Become a Pangolin Guardian Today!

Visit www.pangolin.africa/become-a-pangolin-guardian



Click the yellow button on the website and follow the steps to sign up (use your school email address).

Become a Pangolin Guardian Today!

Simply complete the form below to join the fight to save the Pangolins of Africa. We will send you a link to complete the course in the language of your choice.

Thank you for teaming up to save a species! Welcome to Team Pangolin!

[Click here to Become a Pangolin Guardian](#)



Take the the 15 mins quiz, which comes in many different languages, to become a Pangolin Guardian.

Sign up to become a Pangolin Guardian and you will be awarded:

- A special pangolin badge made in school, so you will be recognised around the school as a Pangolin Guardian.
- A Certificate confirming your new status as a Pangolin Guardian!



You must email your certificate to Mrs Stangroom to claim your badge!



 **Carshalton High School for Girls**

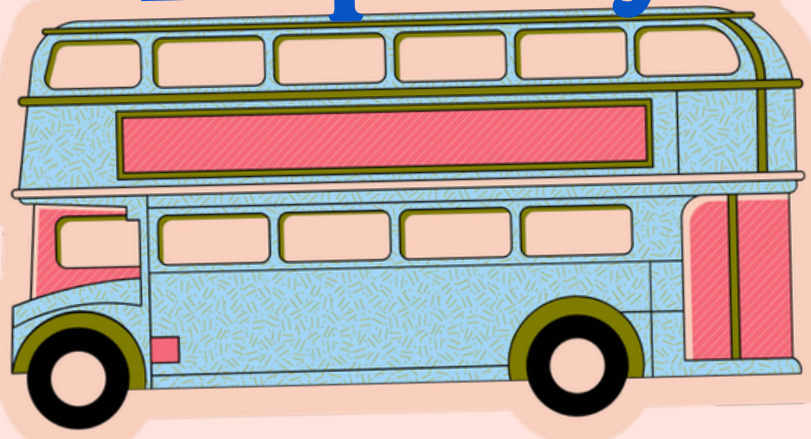
CHSG TRIP DAY 2026



Thursday 16th July
Sign up on Arbor portal!



Trip Day



GIRLS TALENT PATHWAY



Open Trials for 2027 Season

We are running open trials for players who will be U10/U11/U12* for the 2027 season.

We are offering in person trials in July/August 2026 across 3 different venues. These trials dates are Phase 1 of our trial process, successful players from these trials will be invited to a second trial in September/October 2026.

These sessions are for any player who would like to be seen by our Surrey Girls Pathway coaches and the opportunity to be selected into the Girls Talent Pathway Early Engagement Programme for the 2026-27 Winter and Summer. Doesn't matter if you are new to cricket or have played for a few years, we want to see you!

*We are looking for players who are currently Year 4, Year 5 or Year 6 for September 2025 to August 2026

**U13 to U18's applications will be done through the video assessment process, visit kiaoval.com/talent-pathway for more information



Scan the QR code
or visit the link
below to view the
nomination form
[Click here for link](#)

SESSIONS: WHEN AND WHERE



Woldingham School (CR3 7YA)

(Current U9's) U10's	Thursday 23 July	Thursday 30 July
(Current U10's) U11's		
(Current U11's) U12's		

St Francis Xavier College (SW12 8EN)

(Current U9's) U10's	Friday 24 July	Friday 31 July
(Current U10's) U11's		
(Current U11's) U12's		

Surrey Cricket Centre, George Abbot School (GU11XX)

(Current U9's) U10's	Saturday 25 July	Saturday 1 August
(Current U10's) U11's		
(Current U11's) U12's		

*Timings to be confirmed once we know number of participants.

Closing date for nomination submissions is 15 June 2026.





Carshalton Athletic FC 2026 - 2027 Season GIRLS FOOTBALL TRIALS (Sunday football, Surrey Women's and Girls League)

TRIALS WILL BE HELD AT

War Memorial Sports Ground, Colston Ave, Sutton, Carshalton SM5 2PW

STADIUM TRAINING:

All teams benefit from weekly training and home games at the outstanding Colston Avenue Stadium, featuring an all-weather 3G pitch, a spacious clubhouse with excellent facilities, and ample front and rear parking.

PLAYERS:

We are seeking well-rounded, skilled players in all positions who are eager to challenge themselves and join one of our teams.

AGE GROUPS (PLAYERS GOING INTO SCHOOL YEAR) AND TRIAL DATES:

U13 (Player going into year 8) – Tuesday 19TH May @ 5pm

U14 (Player going into year 9) – Tuesday 19TH May @ 5pm

U15 (Player going into year 10) – Tuesday 19TH May @ 7pm

U16 (Player going into year 11/12) - Tuesday 19TH May @ 7pm

U18 (Player going into year 13) – Tuesday 19TH May @ 7pm

To register interest please go to our website or scan the QR code:



<https://form.123formbuilder.com/6935170> Or contact the club for more details on 0208 642 2551

www.carshaltonathletic.co.uk

