



Carshalton High School for Girls

NEWSLETTER

FRIDAY 11 SEPTEMBER 2026

Dates for your diary

Week A

15.09.26 - GCSE PE Track

Cycling trip

16.09.26 - Year 9, 11 and

Sixth Form School

Photographs

17.09.26 - GCSE PE Track

Cycling trip

17.09.26 - CHSG Open

Evening - School finishes at

2.10pm for all students

18.09.26 - INSET day,

school closed for all

students

Week B

22.09.26 - School tours for
prospective parents

25.09.26 - Macmillan

coffee morning bake sale

25.09.26 - School tours for

prospective parents



Reminder

Parking Reminder: Please help us be good neighbours by parking considerately, avoiding driveways and double parking where possible. If you can, park a little further away and allow your child to walk the last few minutes to school. Thank you for your support.

Welcome

As we reach the end of our first full week of the new academic year, it has been wonderful to see our students settling into their routines and making such a positive start.

Our Year 7, Year 12 and Year 13 parent information evenings were all very positive, and we would like to say a huge thank you to all the parents and carers who attended. Your support and engagement are hugely appreciated, and we look forward to continuing to work closely with you throughout the year.

Next week, we will be welcoming prospective students and their families to our Secondary Transfer Evening. We would really encourage your daughters to get involved and help make the evening a welcoming and positive experience for our visitors. There will be opportunities for students to support departments, help with activities and act as tour guides around the school. These are fantastic opportunities for our students to demonstrate their confidence, leadership and pride in their school, so please do encourage your daughter to get involved.

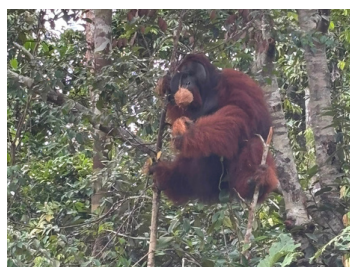
A reminder that our clubs and activities programme starts on Monday. There is a huge range of opportunities available, with lots going on across the school. We would really encourage your daughters to get involved, try something new and make the most of the opportunities available to them. Taking part in clubs is a fantastic way to develop new skills, meet new people and enjoy life beyond the classroom. Find the link to the clubs here:

<https://www.chsg.org.uk/co-curricular-programme>

Trip Day - We Would Value Your Feedback

Over the last two years, we have run a Trip Day to give pupils the opportunity to enjoy a fun and memorable experience outside of the normal school day, celebrate the year, build relationships and strengthen our sense of school community. However, attendance at last year's Trip Day was lower than we had hoped, so we are currently reviewing the format and would really value your views on what would make a Trip Day successful and worthwhile for pupils and families. We have not yet made a decision about whether Trip Day will continue. Your feedback will help us decide whether it is viable and, if it is, what changes we should make. We would therefore be very grateful if you could take just two minutes to complete the questionnaire and share your views with us. Your feedback will be an important part of our decision-making process. [Trip Day - Parent Questionnaire - Fill out form](#)

We also wanted to share some photographs from the incredible trip to Borneo that took place over the summer. Students had the opportunity to see orangutans in their natural habitat, take on challenging jungle treks and work alongside rural communities, while adapting to experiences such as bucket showers and the intense tropical heat! Throughout the trip, our students demonstrated maturity, resilience and respect as they experienced new environments and cultures. Their positive attitude and willingness to embrace every challenge made the trip truly memorable, and we are incredibly proud of the way they represented the school.





We have made a great start to the new academic year, and we would like to thank you for your continued support and partnership. We really appreciate everything you do to help your daughters and the wider school community. Please continue to reinforce our expectations around attendance, punctuality and uniform with your daughters. Ensuring that they arrive at school on time, in the correct uniform and ready to learn makes a real difference to their success and helps us maintain the high standards we expect across the school.

Miss Jones

Assistant Headteacher

Secondary Transfer Evening: early finish on Thursday 17th

Thursday is Open Evening for our prospective Year 6 families. There will be an early finish to school on Thursday at 2.05pm to allow the staff to prepare. If your daughter has volunteered to help on the evening you will be contacted next week for you to give parental consent and receive guidance about collecting your daughter at the end of the evening.

Please remember that Friday 18th is an INSET Day.

YEAR 7

It has been a busy week since our Year 7s walked through the gates, in their crisp uniforms, with a mixture of trepidation and excitement. They have settled in very well and have been an absolute joy. I have been heartened, too, by the willingness of our older students to support our new Year 7s, helping them find their way - including our current Year 10 students who have supported on induction days. Perhaps in time, your daughters will be doing the same and supporting those younger than them. This is who we are as a school. We are kind. We value community. We see people.

It was lovely to see you all again at our parent's information evening on Thursday. We hope that you found it informative and useful. I would like to highlight a few points that were discussed that will make your and your daughter's journey easier:

We have seen a significant number of late arrivals from our year 7s. Please note that the school gates open at 8:10. Students should be in their form room by 8:25 and the gates close at 8:30. Students arriving after this time will need to report to the Office and will be marked as late. If students are not in their form when the bell goes at 8:30, they will be marked as late. Please note, we are giving some leeway these first couple of weeks, to allow settling in. After that, as per school policy, every late generates a detention, which will be sat after school.

Please contact your daughter's tutor in the first instance for pastoral matters. They are the first port of call and will know your daughters best. If you need to request absence, please do fill in the online form so that it can be returned to school for the headmaster's consideration. If your daughter is ill, please do phone the office and inform them or leave an e-mail with the school office. In the event that you need to contact a certain department, please look for the relevant e-mail address of the teacher on the school directory on the website and contact the teacher. E-mailing the HoY team may delay your specific request. It is more efficient to contact the relevant teacher or tutor directly.

Please find a list of the Tutors and their e-mail addresses below, as well as the phone number for the Office.

7S1 - Miss L Nelson lnelson@carshaltongirls.org.uk

7S2 - Miss R Nasir rnasir@carshaltongirls.org.uk

7G1 - Miss H Kirby-Smith hkirby-smith@carshaltongirls.org.uk

7G2 - Mr A Jeyasothy ajeyasothy@carshaltongirls.org.uk

7C1 - Ms E Camiah (Ms P Antrica Freitas) ecamiah@carshaltongirls.org.uk

7C2 - Miss M Mohanarajan mmohanarajan@carshaltongirls.org.uk

7H1 - Miss B Omar bomar@carshaltongirls.org.uk

7H2 - Mr T Treagust ttreagust@carshaltongirls.org.uk

7H3 - Ms E Punwasee epunwasee@carshaltongirls.org.uk

Office Phone number 020 8647 8294

Please note uniform: no false nails or false eyelashes please, no trainers with school uniform and please note that students are not permitted to have two earrings in a lobe or wear nose-rings.

Please do look out for a list of clubs on offer which will be sent to you. Clubs start on Monday 14th September.

My apologies - I wrote a date incorrectly on one of the slides on Thursday: we break up for October half-term at the usual time of 15:05 (not 16:00).

We hope that you have an enjoyable weekend. Your daughters are an absolute delight and we have been impressed by their positive, courteous, enthusiastic and calm start to their secondary school journey.

Mrs Macallister

Head of Year 7

**YEAR 8**

Welcome back, Year 8! I hope you have all had a wonderful and relaxing break and are feeling refreshed and ready for the new school year.

This is an important and exciting time as you begin Year 8, with new opportunities, new challenges, increased responsibility and plenty of chances to develop your knowledge, skills, confidence and independence.

As you settle back into school, remember the importance of:

- Being ready to learn and giving your best in every lesson.
- Showing respect, kindness and consideration to your peers, teachers and all members of our school community.
- Making positive choices and taking responsibility for your behaviour and actions.
- Looking after yourselves and others and speaking to a trusted adult if you need support.
- Developing resilience when faced with challenges and setbacks.
- Getting involved in school activities, clubs and opportunities to develop your interests and talents.

Year 8 is a year where you can really begin to build on everything you achieved in Year 7. Set yourself some goals, be proud of your progress and don't be afraid to challenge yourself.

I am looking forward to working with you throughout the year and seeing you grow in confidence, resilience and independence.

Let's have a brilliant year together and make Year 8 a fantastic year!

Ms Brice

Head of Year 8

YEAR 9**Year 9 Welcome Back**

It has been wonderful to welcome our Year 9 students back to school and see them return with such positive attitudes and enthusiasm for the year ahead. We hope that all students and families enjoyed a restful summer break and are feeling ready for an exciting and successful year.

Year 9 is a particularly important milestone in our students' educational journey as they begin studying their GCSE option subjects. This is an exciting opportunity for students to explore the subjects they are passionate about and take the first steps towards their future aspirations. We are looking forward to seeing our students embrace these new challenges and make the most of the opportunities available to them.

As we settle into the new academic year, we will be focusing on the importance of developing strong habits that support success. We encourage all Year 9 students to be organised by ensuring they have the correct equipment each day, complete homework on time and keep track of important deadlines. Being punctual to school and lessons is equally important, allowing students to start each day positively and maximise every learning opportunity.

Excellent attendance remains one of the key factors in achieving academic success. Every lesson counts, particularly as students begin their GCSE courses and build the knowledge and skills that will support them over the next three years. We thank parents and carers for their continued support in ensuring students attend school every day and arrive ready to learn.

We are proud of the positive start Year 9 has made and look forward to working together to ensure every student has a happy, successful and rewarding year.

Mrs N Devaney

Head of Year 9



AUDITIONS - WEDNESDAY 22ND SEPTEMBER

PIANO SALON

CONCERT DATE:
THURSDAY 8 OCTOBER 2026, 6.30 PM

Sign up outside J34 for a slot to audition to play in the Piano Salon concert.

- ALL YEARS AND ABILITIES WELCOME
- DUETS WELCOME
- PIECES MUST BE UNDER 5 MINUTES LONG

YEAR 10

A Positive Start to Year 10

It has been a very positive start to the new academic year, and it has been wonderful to welcome our Year 10 students back to school. The pupils have returned with a positive attitude and have settled into the routines and expectations of Year 10 very well.

Summer Highlights

It has been lovely to hear about the many different activities our pupils have been involved in over the summer. We have already seen some wonderful examples of their creativity, including loom-knitted bags, sketches and other personal projects. It is fantastic to see pupils making the most of their time away from school and developing their interests and talents beyond the classroom.



We look forward to hearing more about their summer experiences and seeing the enthusiasm they bring to their learning throughout Year 10.

Assembly

This week, we held our first Year 10 assembly, with the theme of 'getting the basics right'. As pupils begin an important stage of their education, we reminded them that success is often built on consistently doing the simple things well.

Being on time, wearing the correct uniform, being organised, completing homework, listening carefully and following routines may not always feel particularly exciting, but these things really do matter. The habits pupils develop now will help them to become more independent, resilient and successful as they progress through Year 10 and towards their GCSEs.

Our message to pupils was simple: sometimes, doing the simple things well is exactly what will get you further. Success is rarely about doing something extraordinary every day; it is about getting the basics right, consistently. We encouraged all pupils to take pride in these everyday expectations and recognise that the small things they do now can make a big difference to their future.

Uniform Reminder

As we begin the new academic year, we would like to remind all pupils of the importance of maintaining high standards of school uniform. Please ensure that pupils arrive at school each day wearing the correct uniform and adhering to the school's expectations.

Lanyards have arrived and have been issued to pupils. Thank you for your patience and support with this. We are very pleased with the positive start Year 10 has made, and we look forward to a successful and enjoyable year ahead.

Thank you, as always, for your continued support. We wish you and your families a lovely start to September.

Mr Osborne
Head of Year 10

Miss Cardoso
Assistant Head of Year 10



YEAR 11

Welcome back! We hope you had a lovely summer break and had the opportunity to rest, recharge and prepare for your final year at CHSG. This new school year will bring many exciting and important events. Over the coming months, students will be making some big decisions about their next steps, including applying for courses at their chosen colleges and sixth forms. This time will come around very quickly, so it is vital that students are proactive in attending open days, researching their options and making a note of important application deadlines.

We begin next week with our new school photographs on Wednesday, followed by a well-deserved INSET day on Friday. While we hope students enjoy the extra day of rest, we also encourage them to stay focused and use some of this additional time to revise. Year 11 is an incredibly important year, and all the hard work students have put in since Year 7 is ultimately leading towards their GCSEs.

To make this year as successful as possible, students must ensure that they follow the school behaviour policy and meet our uniform expectations every day.

A few key uniform reminders:

- Skirts must not be rolled up.
- Only one stud may be worn in each ear.
- Only clear nose studs are permitted.
- Bracelets should not be worn.
- Necklaces must be hidden.

We look forward to seeing our Year 11 students looking smart and presentable every day, ready for a successful day of learning.

Over the summer, Tammy S from 11H2 completed an impressive work experience placement in Parliament. Tammy independently researched, found and applied for this opportunity herself. With over 100 applicants competing for just two positions, this is an incredible achievement and one that she should be extremely proud of. Well done, Tammy!

Finally, a huge shoutout to the wonderful Year 11 students who completed their Duke of Edinburgh's Silver Expedition last weekend! Students spent 3 days in the New Forest countryside, encountered wild roaming ponies and horses, trekked through a bog but above all else displayed our fabulous values of resilience and community across the entire 3 days.

A huge well done to:

- Nikita K
- Architaa K
- Veda P
- Charlotte R
- Kajeena S
- Samrithe S
- Iryna V

We hope you all have a restful and enjoyable weekend, ready for another successful week ahead!

Mrs Pearce

Head of Year 11

Miss Nedjai

Assistant Head of Year 11



Elite Dance Company

We are looking for dancers to join our Junior and Senior dance companies!

Monday 28th September 2026

in the sports hall 3-4pm

No need to prepare anything as it will be taught to you. You must be in dance kit.





YEAR 12

It has been an exceptional start to the academic year for our new Year 12 cohort. This week has been focused on settling into Sixth Form life, establishing clear routines and ensuring our externals are truly integrated into the CHSG way. We keep our expectations high about work ethic, dress code and kindness in the community. We will continue to lead assemblies and have focused tutor time activities working on expectations and strategies for success.

It was lovely seeing parents and students at the Parents Information Evening on Wednesday 9th September, and being able to share our vision as a Sixth Form, as well as provide an opportunity for parents of students to meet each other in the comfort of the Sixth Form common room over light refreshments. The main take away messages from the evening were:

1. Communicate with the school in a timely and respectful manner.
2. Help your child to stay healthy (food, fitness, sleep).
3. Promote positive learning and effective revision habits (e.g. planning revision schedules, keeping distractions to a minimum).
4. Read their reports when sent home and engage in reflective conversations.
5. Be fully involved in your child's academic journey.

We do have an opportunity for parents to sign up to be Parent Reps. There is an online forum every term, led by Mrs Durrett (Assistant Headteacher), to share and discuss updates, and to raise concerns. If you are interested do get in touch with me to pass your details on.

Lastly, the Sixth Form handbook will be shared electronically; it can be referred to for any questions or queries about how the Sixth Form operates.

Thank you for the cooperation. Wishing you a lovely weekend.

Miss Ishola
Head of Year 12

YEAR 13

Year 13 made an excellent start last year, demonstrating maturity, independence and ambition. This year, we are asking students to take these qualities to the next level as they prepare for their final examinations and post-18 pathways. Thank you to all parents and carers who were able to attend our Year 13 Parents Information Evening. For those unable to attend, the Sixth Form Handbook will be emailed to all families.

A few key reminders

- Bursary & Free School Meals: Eligible students should reapply by 17th September 2026.
- Dress Code: Students must continue to follow the Sixth Form dress code. Skirts should be an appropriate length and midriffs must be covered.
- Work Ethic: Year 13 requires students to be organised, resilient and proactive.
- Attendance: Our minimum expectation is 96%. Students need to be in school and in front of their teachers as consistently as possible, as there is a clear link between attendance and outcomes. We ask families to work with us to support good attendance wherever possible.
- UCAS Mentoring: Every student will have a mentor to support them with their personal statement, interview preparation and overall reference.

Key Dates

- 17 Sept 2026 – Bursary/FSM deadline
- 15 Oct 2026 – Early Entry UCAS deadline
- W/C 2 Nov 2026 – First round of assessments
- 7 Jan 2027 – Parents' Evening

We aim for all other UCAS applications to be submitted before the Christmas holidays, helping students to avoid unnecessary pressure later in the year.

Please continue to support your daughter at home through conversations about routines, deadlines, attendance and wellbeing. We are incredibly proud of what Year 13 achieved last year and look forward to supporting them through their final two terms at CHSG. Thank you for your continued support.

Miss Robinson
Head of Year 13

**Year 7 Biology**

Our Year 7 biologists are continuing their great start to this academic year, maintaining fantastic levels of enthusiasm and curiosity. They are currently learning and honing their practical skills, which they will be putting to good use in all of their science lessons in the coming years. They will soon be moving onto the fascinating world of cells, where they will put their newly found microscopy skills to the test!

Year 8 Biology

Our Year 8 biologists are currently covering the topic of health and lifestyle, learning how different actions, foods and chemicals affect the body in either a negative or positive way. They will also learn crucial lessons in how to look after their mind and body. Soon after this, they will be moving onto the two most important biological processes: respiration and photosynthesis. They will learn how these amazing chemical reactions shape the world that we know.

Year 9 Biology

Our Year 9 biologists have made a fantastic start to their GCSE content, learning about cells and how to study them. After honing their microscopy skills in this unit, they will move onto cell division, where they will discover how growth, repair and reproduction all rely on this amazing process. They will soon move onto the bigger (quite literally) topic of the digestive system, covering the relatively complex details of what food is made of and how our bodies are perfectly designed to extract the maximum amount of nutrients from our meals.

Year 10 Biology

Our Year 10 biologists are currently studying the fascinating world of infection and response, learning about the incredible ability of our bodies to tackle disease and in doing so keep us safe. They will soon be moving onto bioenergetics, where they will learn about the two processes which every living organism on earth is reliant on for life: respiration and photosynthesis.

Year 11 Biology

Our Year 11 biologists are performing incredibly well and are on the final stretch of their course. They have just finished learning about the human hormonal system, understanding how a few chemicals released by the body can have such a dramatic effect on the way that it functions. They will soon be learning about variation and inheritance, where they will study the amazing differences that we see between us and every organism on Earth.

Year 12 Biology

Our Year 12 biologists are continuing to approach the course with an incredible level of drive and maturity. They are currently learning about cells in more detail than they ever will have before. During this topic, they will spend just as much time honing their practical skills as they will their written skills. They are also covering the topic of biological molecules, where they will start to understand the links between the structure of substances and their function.

Year 13 Biology

Our Year 13 biologists are continuing to show incredible focus and motivation as they approach the second and final stage of their course. They will soon be moving onto the fascinating topic of gene expression, where they will discover how different genes can either be suppressed or expressed. This knowledge will then be linked to cancer and its treatment. They should be incredibly proud of their efforts over the last year and will no doubt do themselves proud in the Summer of 2027.



Free School Meals: Please Apply, Even if Your Child Already Receives Them

The Government has changed the rules for Free School Meals.

This means some children who get Free School Meals now may not get them in the future.

Because of these changes, we strongly encourage families to make an application if they think they may be eligible, even if:

- your child already receives Free School Meals
- you are not sure whether you qualify
- you have never applied before

Applying is quick and easy and could help your child receive support now or in the future.

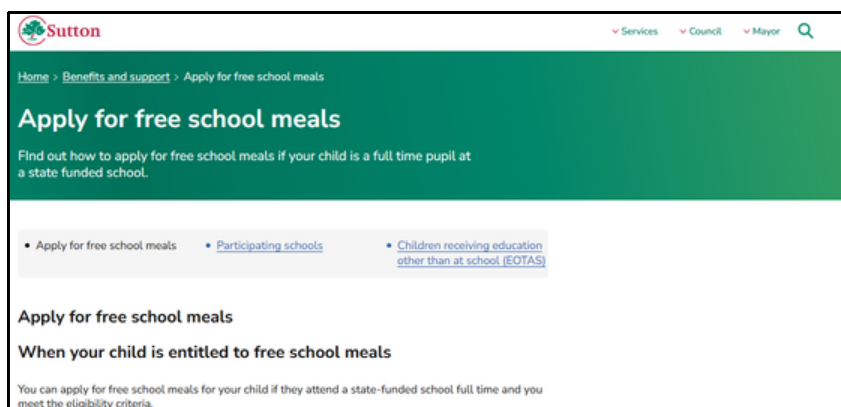
Why Apply?

Making an application means:

- your child may be entitled to Free School Meals
- your eligibility can be checked again in future if your circumstances change
- you may not need to make a new application in the future
- the school may receive extra funding to support your child's education

How to Apply

You can apply online using the Sutton Council website: [Apply for free school meals](#)



For students living outside of Sutton, please apply through your local authority. You will find information on their websites or follow the links below:

Merton: [Apply for free school meals and Pupil Premium | Merton Council](#)

Croydon: [Applications for Free school meals are made through your child's school. Contact the school for information about applying.](#)

Kingston: [How to apply | Apply for free school meals | Royal Borough of Kingston upon Thames](#)

Why This Is Important

Under the new Government rules, eligibility for Free School Meals will be reviewed regularly.

Even if your child receives Free School Meals now, or you do not qualify at present, we encourage you to make an application. This will help Sutton Council check your eligibility under the new arrangements and make future checks easier if your circumstances change.

Families who qualify for Free School Meals may also be able to access additional support, including Sutton's Holiday Activities and Food programme during school holidays.

We do not want any family to miss out on support that may be available to them. Please take a few minutes to check your eligibility and submit an application.

Thank you for your support.