29th April 2019

Dear Parent/Carer

PGL Netball Weekend

Please ensure you and your daughter read the guidelines below together with the attached sheet advising on what to bring on our PGL Netball Weekend.

Your daughter will leave school on **Friday 10th May 2019** at **12pm** and will be travelling to Liddington Centre by coach. We will be returning to school on **Sunday 12th May 2019** at approximately **6.00pm**.

Netball Programme

The games will be played to official England Netball Rules

Activity Programme

Friday:

- Arrive at Centre
- Dinner and Netball Team Challenge

Saturday:

- Breakfast
- Netball Tournaments
- Lunch and free time
- Activities such as Rope sessions, Archery, Orienteering and Abseiling
- Dinner and Evening activities

Sunday:

- Breakfast
- Netball Tournaments
- Activities such as Rope sessions, Archery, Orienteering and Abseiling
- Lunch
- · Presentations and departure

If you have any queries please do not hesitate to contact me.

Yours sincerely

Miss R Golightly Curriculum Leader PE/Dance rgolightly@suttonmail.org

What to bring?

- PE Kit including trainers (suitable for netball)
- T shirts
- Long sleeved tops
- Waterproof Jacket
- Jumpers
- Long trousers or leggings
- 1 old pair of trainers for day activities
- 1 or 2 sets of clothes for the evening (warm clothing)
- 1 pair of dry shoes for evening activities
- Underwear & socks
- Hair bands
- Spare clothes in case of wet weather and activities involving mud!
- Sleeping bag
- Pillow
- Nightwear
- Wash bag (including soap, shampoo, toothbrush and toothpaste etc)
- Towel
- Water bottle
- Bin bag for wet/ dirty clothing
- Small rucksack/bag