

WEEK 1

21 FEB, 14 MAR, 4 APR, 25 APR, 16 MAY, 6 JUN, 27 JUN, 18 JUL

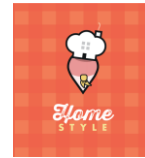
MEAT/ FISH



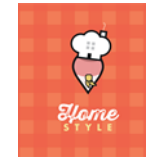
American
Cheeseburger
with Burger
Sauce & Potato
Wedges



Chicken Korma
Curry served with
Rice & Naan
Bread or
Poppadum



Roast of the Day
served with
Roasties &
Seasonal
Vegetables



Beef Cottage Pie
served with
Seasonal
Vegetables



Battered Fish
served with Chips
and Peas or
Baked Beans



VEGGIE

Sweet Potato &
BBQ Jackfruit
Burger
served with
Potatoes Wedges



Cauliflower &
Chickpea Curry
served with Rice
& Naan Bread or
Poppadum



Roast Quorn
served with
Roasties &
Seasonal
Vegetables



Shepherdess pie
served with
Seasonal
Vegetables



Vegetarian Spring
Roll with Chips &
Peas or Baked
Beans

DESSERT

Chocolate
Brownie

Lemon Drizzle
Cake

Peach Cobbler

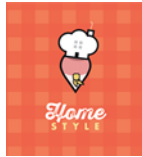
Carrot Cake

Cornflake Tart

WEEK 2

28 FEB, 21 MAR, 11 APR, 2 MAY, 23 MAY, 13 JUN, 4 JUL, 25 JUL

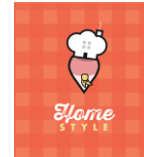
MEAT/ FISH



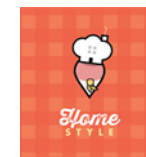
Traditional Baked Sausages served with Mash Potatoes & Peas



Spicy Chicken Curry served with Rice and Naan Bread or Poppadum



Roast of the Day served with Roasties & Seasonal Vegetables



Chicken & Sweetcorn Pie served with Seasonal Vegetables



Battered fish served with Chips and Peas or Baked Beans

VEGGIE



Baked Quorn Sausages served with Mash Potatoes & Peas



Sweet Potato & Coconut Curry served with Rice and Naan Bread or Poppadum



Jambalaya Stuffed Pepper served with Roasties & Seasonal Vegetables



BBQ Baked Bean & Veggie Sausage Pie served with Seasonal Vegetables



Homemade Fishless Cake served with Chips and Peas or Baked Beans

DESSERT

Rice Pudding & Jam

Marble Cake

Banana Loaf

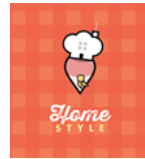
Golden Syrup & Apple Sponge

Bread & butter pudding

WEEK 3

7 MAR, 28 MAR, 18 APR, 9 MAY, 30 MAY, 20 JUN, 11 JUL

MEAT/ FISH



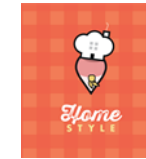
Beef chilli & Rice served with Tortilla Chips with assorted dips



Breaded Chicken Katsu served with Coriander Rice & Cucumber Salad



Roast of the Day served with Roasties & Seasonal Vegetables



Beef Lasagne served with Garlic Bread & Chef's Salad



Battered fish served with Chips and Peas or Baked Beans

VEGGIE



Bean Chilli & Rice served with Tortilla Chips with assorted dips



Veggie Thai Green Curry served with Coriander Rice & Cucumber Salad



Roast Quorn served with Roasties & Seasonal Vegetables



Veggie lasagne served with Garlic Bread & Chef's Salad



Sweet Chilli Jackfruit "Crabless" served with Chips & Peas or Baked Beans

DESSERT

Apple Crumble

chocolate orange sponge

Pineapple Upside Down

Sticky Toffee Pudding

Banana Loaf



TARIFF

Mid-morning SELECTION

Sausage Roll	£1.20
Bacon/Sausage/Vegetarian Bap	£1.20
Toast x2	£0.60
Hash Brown x2	£0.90
Potato Waffles x2	£0.95
Cheese on Toast	£1.25
Breakfast Wrap	£2.10
Bacon & Cheese Turnover	£1.60
Brunch Pot	£1.30
Topped Toast	£1.25
American Pancakes with 1 Topping	£1.00

Dine with us DEALS

Main meal

Hot Dish Meal Deal £2.50
Sandwich Meal Deal £2.30
Pasta Pot Meal Deal £2.50

Look out for our new offers

GEAR YOURSELF A

COLD DRINK

HEALTHY

SANDWICHES & WRAPS

ENJOY

FRESH FRUIT

TUCK INTO A DESSERT POT

World KITCHEN

Main Meal served with fresh vegetables

£2.30

Hot Dessert
Cold Dessert

£1.05

£0.95



GET YOUR WRAP HOT PANINIS

SWEET FOOD MARKET



THE JACKET POTATOES

Cold DELI

Baguette Just	£1.80
Baguette Classic	£2.10
Baguette Deli	£2.30
Sandwiches Just	£1.40
Sandwiches Classics	£1.65
Sandwiches Deli	£1.90
Wrap Just	£1.90
Wrap Deli	£2.20
Small snack Pot	£1.30
Protein Topper	£0.80
Dessert Pot	£0.95
Fruit Pot	£1.00
Fresh Fruit	£0.45

Hot DELI

Panini	£2.30
Toastie	£1.70
Ciabatta	£2.20
Plain Pizza Slice	£1.15
Topped Pizza Slice	£1.35
Plain 6" Pizza	£1.80
Topped 6" Pizza	£2.00
Plain Pasta	£1.20
Pasta with 1 Topping	£1.50
Pasta with 2 Toppings	£1.80
Plain Jacket with Butter	£1.20
Jacket with 1 Topping	£1.70
Jacket with 2 Toppings	£2.30
Chicken Burger	£1.90
Chicken Wings	£1.70
Theos Hot Wrap	£2.30

Drinks

Hot Drinks

Tea	£0.90
Coffee	£1.20
Hot Chocolate	£1.30
Latte	£1.30
Cappuccino	£1.30

Cold Drinks

Still Water	£1.00
Radnor Splash 500ml	£1.10
Radnor Fizz	£1.00
Radnor Splash 250ml	£0.90
Small Slushie	£1.00
Large Slushie	£1.20

MEAL DEAL

ANY DELI SANDWICH



+

HOMEBAKE



£2.30

Aspens

SAVING UP TO 50P

MEAL DEAL

MAIN MEAL



+

HOMEBAKE



£2.50

Aspens

SAVING 70P

MEAL DEAL

HOT PASTA POT



+

HOMEBAKE



+

WHOLE FRUIT



£2.50

Aspens

SAVING 35P

NEW GLT MEAL DEAL
