# 28 January 2022 Carshalton high school for girls NEWSLETTER

Excellence: everywhere, every day.





Headteacher's Welcome

Dear Parents/Carers

There certainly has been a change in the length of the evenings which has brought a nice feel to the school over the past few weeks. I hope the New Year's resolutions are holding strong and you are getting through the 'messy middle'! Whilst we are incredibly proud of all our year groups, I feel I must give a special mention to our Year 7 cohort. They have settled in extremely well despite their experiences over the past year and they are always positive, smiling and engaging. They are now fully fledged members of #teamchsg and I look forward to working with them all over the next 6/7 years!

As you will no doubt be aware by now, Careers is one of our five curriculum priorities here at Carshalton High School for Girls. We know the value of great careers advice in raising aspirations and ensuring students feel fully informed of the options available to them. In addition to a carousel of lessons for all year groups students in Year 9 - 13 will also have careers days where they can focus on particular aspects related to their year group. Year 10 have just completed a careers morning with the key focus being on work experience. Work experience is incredibly important in introducing students to the world of work and giving them a taster of the early mornings and late evenings! Work Experience week is currently scheduled for 9th May so we need all of Year 10 to be looking for and organising their placements well in advance.

Every year group took part in our Personal Development Day on Tuesday 25th January. We had a host of external speakers in school running sessions for students and guiding them in managing anxiety and stress as well as how to proactively promote their own mental health in a positive way. You will see lots of information inside the newsletter so please take the time to read the contents fully.

We are currently in the process of conducting interviews for students who have applied to CHSG Sixth Form. We have a record number of internal and external applicants this year which is fantastic to see, however I still remain committed to the fact that we will not lose our personal touch. I, and SLT colleagues, have been very impressed with the quality of our applicants and their responses to our questions. There is a lot of enthusiasm for life in our Sixth Form and pride in our school, which is delightful to hear. We look forward to welcoming so many of our students back in September.

## National Online Safety Week

Monday 7th February marks the start of **National Online Safety** week and I will be writing to you nearer the time to introduce our new app for parents/carers. With so much more interactivity online and through social media platforms it can be hard to keep up to speed with the latest trends and information.

The app is described as "the world's most comprehensive online safety app; packed with insightful courses, explainer videos, webinars and guides on topics that will help you protect the kids you care about when they're online." The app is free to download and we will send out full details on how to access its features on Monday 7th February.

Speaking of apps, if you haven't downloaded our communication app '**School** Gateway', the instructions on where to download it and how to access it can be found here -

Carshalton High School for Girls - School Gateway App (chsg.org.uk).

Finally, our full extracurricular provision has started and is in full swing. There is plenty on offer beyond the school day so please make sure your daughter takes up the opportunities available as the evenings get longer! Full details can be found here - <u>Co-curricular Programme (chsg.org.uk)</u>.

Have a great weekend

Mr M M J Devenney





Year 7 have continued their excellent start to the half term; 2597 HAPs have been awarded so far this term, with Mia F, Charmi P and Daniella N leading the way.

## Personal Development Programme Day

We enjoyed our PDP day on Tuesday and students had the opportunity to hear from both their own tutor, and other Year 7 tutors. We looked at healthy eating and exercise as well as talking about puberty, periods and consent. The consent session was led sensitively by an external provider and the students were encouraged to consider what it means to give consent, and the verbal and nonverbal indicators regarding this.



## **Holocaust Memorial Day**

Holocaust Memorial Day was observed yesterday, 27th January with a special assembly. We were able to recognise the atrocities of the past and encouraged to ensure that racism, discrimination and hatred do not take hold in our communities as we aim to ensure such events do not happen in the future.

### **Mobile Phones**



As students get older how and how often they use a mobile phone changes. The following website gives helpful information about parental controls that can be applied to young people's phones to support them in monitoring their use. How to Set Parental Controls On All Your Devices - Panda Security

As always thank you for your support of your daughter over this half term

Miss Stanley, Miss Martino and Team7

Dear Parents/Carers,

I hope this newsletter finds you well.

Yesterday we had the second whole school PDP day. Year 8 spent the day considering the topic: Health and Wellbeing. Some of the issues covered were:

- Signs of Mental Wellbeing concerns
- Boosting my mood
- Sexting, this was led by the MET Police

It was great to see girls engaging with the sessions, asking and answering questions. I hope they will take on board many of the lessons learnt as these are real issues that many young people are currently facing.



## Headteacher's Recognition Award

At the end of last term **Savannah and Chloe** received the Headteacher's Recognition Award for their outstanding and excellent attitude to learning. They both received commendations from their teachers for exhibiting our school values and engaging well in their lessons.

They also achieved 100% attendance and are great ambassadors of the school.

Congratulations Savannah and Chloe



## Tutor Group Speaks - 8B2!

There have been many changes for Year 8 during this academic year. They are able to access co-curricular sessions, have had PD and careers sessions introduced and now move around the school for every lesson. I have been thoroughly impressed with 8B2 and their focus this academic year. As a tutor group we have taken part in a number of house events and our hamper was brilliant.

As their tutor, I am incredibly proud to see them getting involved in the co-curricular programme and enjoy the discussions with them all about what they have achieved recently. We encourage as many people in school to attend these clubs and new experiences to ensure they are fully becoming part of school community.

The students have put together some of their favourite things that have happened so far this academic year and highlighted what is new for them this year.

Ms Ogden (Tutor 8B2)

"One of the programmes that our school recently started is called PDP which stands for Personal Development Programme. I personally believe that this programme is effective, especially for young people experiencing major changes, because it prepares us for what is ahead in our future. For instance racism, homophobia, puberty etc. There are many benefits to this programme such as it will help to plan a potential, future career or help you to build on your current skills. You will also be able to learn something new therefore, expanding your knowledge and make goals to aim for. I have enjoyed the sessions so far and look forward to what is happening each day and the themes we will follow." - **Nicole C** 

"This term I have really enjoyed the two Friday music clubs I attend. The Composition Club is very enjoyable and we create our own music on Soundtrap and other apps. It's very easy to use and they have loops we can layer, or record our own music, so we can create the best songs. A lot of it is electronic music. In the Music Tech Club, we manipulate music and edit it to make fun and unique tracks from the most unlikely of songs. These are two of the best clubs at CHSG and I think more people should come. They are also both very good for learning about music and sometimes we use the apps in classes." – **Aimee B** 

"In Chemistry, we had a fun time doing a cool experiment with iron and water and it was very fun and interesting. I hope we do it again soon." - **Attiya R** 

"In dance club, you can go to have fun and to dance. It's taught by the Sixth Formers every Fridays after school between 3:00-4:00. We play some fun games, make our own dances and perform our dances in front of others, which is something we haven't been able to do much of until this year." – **Elsa G** 

"I recently started French club on Mondays. So far, we have watched Encanto – the new movie on Disney+. We watched the movie in French with English subtitles and it was still easy enough to understand what was happening. We also get to try some delicious French snacks. We ate madeleine's, mini croissants and vanilla cake slices. I think that French club is good because it can help with your French even if you aren't particularly good at it. It is also good for people who don't enjoy French that much since the things we do are fun and just like normal activities but in French." – **Zoe M** 

"In year 8 I have achieved many things such as getting on the football team, which is great to do as we get to play other schools in the area. I have also been getting more Golden Ticket rewards and also got a silver star badge in our Year 8 achievement assembly. I am very proud of what I have achieved so far and work hard to try and get a Golden Ticket every day" – **Lexie D** 



## The Platinum Pudding Competition Year 9 Hospitality and Catering



The Year 9 Hospitality and Catering students have been busy designing puddings since the Queens Announcement for a new pudding to celebrate her platinum jubilee.

The students have undertaken extensive research about their client and have found out some really interesting and fascinating facts about the Queen. Did you know she has all of her own teeth at the age of 96!

Using their research, the guidance from Fortum and Mason and the advice from the Queens personal chef, they have created a range of different design ideas and on Monday 31st January they will be creating their final chosen design.

It has been amazing to watch the students work and seeing their ideas develop over the last few weeks. Each student has undertaken the task in a positive and mature manner which has led to the development of their confidence, skills and knowledge and the creative some outstanding pudding designs.

I look forward to seeing their creations next week and will certainly keep you up dated with any news once they have entered their puddings officially.

The Platinum Pudding Competition | A Recipe Fit for The Queen - Fortnum & Mason (fortnumandmason.com)

Miss Williams Acting Year Leader

## **Development Day**

The Year 9 development day was broken down in to two areas. The first was looking at the importance of physical activity and healthy eating and the second looking at first aid training.

The first part was divided into three sessions – The Benefits of a Physical Activity, A Healthy Diet and The Risks Associated with Sedentary Lifestyle. These sessions focused key concepts such as –

- foods which collate to a heathy diet and why we need to have specific nutrients in order for our bodies to function effectively
- how, why and for how long we should undertake a form of physical activity and the benefits this would provide us with in terms of our physical, emotional and social wellbeing
- the risks that could be associated with leading a sedentary lifestyle
- ensuring we have a good balance between work, sleep and rest

All of the sessions certainly gave us something to think about and the encouragement to make changes were necessary to improve out physical, emotional and social wellbeing.

The second part of the Development Day was definitely interactive! The students were taught basic first aid skills as well as CPR. All of the students actively took part and have been able to learn and develop their knowledge and skills within the area of first aid. This session enabled the students to build on their confidence and perform the relevant first aid in different scenarios.

"On Tuesday 25th January we had our PDP Day where we focused on physical health and first aid. Our class did one lesson on the importance of exercise and how much to do in a week. It highlighted the balance between work, sleep and rest. Then we had some first aid training, both in theory and practice.

There was a focus on CPR and the recover position. We were able to practice on a dummy and help our partner into the recovery position. After lunch we looked at healthy eating and their impact on our physical and mental health. We watched some videos which showed the healthy eating plate and why we needed certain food such as carbohydrates and proteins."

Eliza S 9B2

Overall the whole day was enjoyed by both students and staff and we have come away with learning something new!



#### Head of Year: **Mrs N Devaney** Asst Head of Year: **Ms D Johnson** Pastoral Support Officer: **Mrs A Baker**

Dear Parents/Carers

This week has been a busy week for Year 10 students.

### Year 10 Careers Morning

On Monday, 24th January, Year 10 students took part in the second of their Careers events. The morning consisted of two sessions, the first one being an introduction to our work experience programme here at Carshalton Girls.

During this session, students took a closer look at why we take part in work experience and the number of benefits involved such as being able to work on their transferable skills. They were also given advice on the best way to look for and secure placements. We will be sending details home shortly with more information about the programme.

The second session was focused around a CV workshop. Using this information, students were able to make a start on their own CV. This was particularly important as the students will need a CV to assist them in securing work experience placements.

The feedback from both students and teachers was really positive, students were excited at the prospect of being able to experience learning in the world of work and we look forward to supporting them through this part of their extra-curricular journey.

Mrs Phelps-Gardiner







# **Personal Development Day**

On Tuesday, the school held its second Personal Development Day.

In Year 10 we focused on the following issues:

- Recognising mental ill-health and when to get help
- Unhealthy coping strategies, warning signs and triggers
- Promoting emotional wellbeing
- Women's safety

Also, an external company came in to school to deliver a session on Consent

The girls were marvellously mature, focused and engaged as we would expect.



# **GCSE Spanish**

Mr Castro's Spanish class has started a pen-pal project with a partner school in the North of Spain. Our girls have written their first letters to introduce themselves; and these were posted last week. They are eagerly awaiting their replies.



### 10R1 Speak Out!

#### On their Tutor Reads...

In tutor time, we are reading 'Purple Hibiscus'. It is about a 15 year old girl who has a lot of limits and restrictions. Her world is defined by the high walls of her family estate. Also, there is a twist in the end as terrible bruising secrets deep within her family untangle.

I love that this book teaches the reader that anyone can write extraordinarily, in spite of their race or background.

Namya



#### On their first term and the road ahead...

My first term in Year 10 was not scary. I felt like I fully matured and was ready to learn my GCSE courses. I personally felt supported in my work and was made to feel familiar with what I'm learning. This is the year where I started to take my GCSEs seriously, for example, revising for unit tests, buying revision books to help me further my knowledge and getting my head down and listening. Some advice I would give to those going into Year 10 is to take this year seriously and listen in your lessons because it will be all worth it in the end!

#### Nuha

My first day was a little lonely, just awkward walking around trying to look for my classroom, I was too shy to ask for help so I only reached out to familiar teachers along the way. I'd say I wasn't the most comfortable being in class – got a few looks here and there – but that's okay, pretty normal for someone who's new.

I think it was on the second or third day when two of the Year 10s came over and invited me to join them for break. I was pretty shocked for I thought I'd just spend the year alone and I was very thankful!

So far, I have enjoyed Science, English, Maths, Sociology and PE (I have really enjoyed playing benchball, it's a shame we only do this subject once every two weeks!). I'd say my experience wasn't the most interesting or exciting, but has been quite memorable to me, from the environment to the people, teachers, subjects, and new material! I'm happy here even with the ups and downs!

#### Selina

Selina started at Carshalton High School for Girls at the start of this school year.

#### SPOTLIGHT ON...

This week, we would like to shine the spotlight on:

Mya from 10R1 - our very own world-famous cricketer in the making!

#### Who inspired you to play cricket?

From a young age, I always used to watch my father play cricket on a Sunday. He used to play for Middlesex County under 19. If I'm not playing cricket, I'm either watching it on TV or talking about it.

#### What do you like about cricket?

I like the competitive nature of the game as I'm always up for a challenge. It's also very encouraging as I am constantly being pushed to be the best and one day represent England.

#### What is your main role in the team?

For Surrey County Cricket, I'm an opening batter, all rounder and bowl medium pace for Spencer Cricket Club.

#### Who is your favourite cricketer?

I support the England Women's Cricket team and my favourite to watch is Tammy Beaumont. I love to watch Virat Kohli (India captain) or Joe Root (England captain). Root's a very determined and successful Test and One Day International Cricket Player.

#### What have been the highlights of your cricket experience so far?

It's been a great privilege to be part of the Surrey Slam which is a club tournament (16 overs per side). We've won it for two years in a row and wish to retain it a third year. Last season, I was the highest wicket taker for the women's side taking 28 wickets!



#### Head of Year: **Mr J Stockwell** Asst Head of Year: **Miss T Ishola** Pastoral Support Officer: **Mrs S Warren**

Welcome to the Year 11 contribution to our newsletter.

This week, I would like to draw your attention to two main events over the last two weeks. Firstly, on the 25th January we held our first full PDP drop-down day where Year 11 embarked on a day full of learning focused around the whole child and some of the wider social issues faced outside of the school setting.

We had session on drug awareness and education, on the public health services and access to them and sessions delivered by **Positively You**, aiming to help our students in their preparation on their examinations. It was a fantastic workshop where children had the opportunity to hear from experts and develop their skills in exam technique, revision and memory recall. In addition, and too much delight, our students also received a free Bic and a pack of revision tips and techniques which should help their focus at home. Positively You also ran a twilight session for parents in the same evening, allowing parents to support their child through additional revision techniques and management of stress and wellbeing. It was an excellent session and one we hope we can run again soon.

Secondly, we have seen our students engage in our extended curriculum session of morning Maths and English, after school interventions and careers workshops. Whilst it is important that we prepare our students for the impending exams, it is also equally important to prepare them for the next steps and stages of their academic career. The Sixth Form team and careers department have been overwhelmed by the excellence shown in our students Sixth Form interviews. They are showing drive and ambition above what could be expected and sense of maturity that exceeds their years.

Finally a few reminders, we have recently sent out communication for the **NCS Summer Programme** where students get the opportunity to be actively engaged with community efforts and team building exercises. The leavers hoodies emails and links have been sent to all parents. This is non-compulsory however a great opportunity for our children to embrace their time at CHSG. Additional information can be found at here:

Year 11 Leavers' Hoddies (chsg.org.uk)

I want to thank you for your continued support of the school and the efforts/programmes we are running. Please continue to work with us and feel free to contact me at anytime if you need to.

Many Thanks

Mr Stockwell and the Year 11 Team





### **Student Voice – Head Girls** Julia 11G2 & Deon 11Y2

The Student Council met on 26th January for the first time in 2022. We discussed various topics such as layout of exams and how to improve them, behaviour in classes, improvements to the rewards system and student leadership within the school. We had the chance to introduce ourselves to the younger members of the student council and introduce our focus: to make a difference and promote sustainability within the community.

In the meeting, we also discussed the idea of a Kindness Corner, designed to promote kindness and remove the stigma of needing to be fine all the time. We also met with Mr Devenney and the Sixth Form Leadership team, discussing Year 11 and Year 13 progress and concerns with content and exams and how to best support us in the vital months ahead.

# Meet the Head Girls



Hi!

I'm Deon, one of the Head Girls in Year 11 for this year.

I'm excited to hold this position, since I joined in 2017, I've held several leadership positions, but I hope to make the biggest impact as Head Girl.

This year, we are focused on making CHSG more sustainable and environmentally friendly. We have some ideas, but if you have any suggestions or ideas, feel free to let me know.

Julia and I are always on hand to help you with whatever's on your mind. Don't be scared to approach us when you see us, we'll be happy to talk to you!

Deon :)

Hello,

I am Julia and I am one of the Head Girls in Year 11.I have been at school since the start of Year 7 and have loved the supportive and kind environment that CHSG has to offer. I've always felt like a part of the school and always felt as though my ideas and concerns have been heard. I wanted to apply for this role to be on the direct end of voicing and taking the concerns of others forward.

This year we are trying to work our way towards being sustainable. Working with the motto 'A year to make a difference'. We are exploring the ways in which we can make our school more sustainable whilst also creating a more inviting physical environment. Our school is somewhere we spend a significant proportion of our time.

I firmly believe that the creation of vibrant, stimulating, nurturing and sustainable environment can only serve to enhance our productivity and wellbeing, whilst also helping to address the challenges we face as members of both the school and wider community.

I am looking forward to working closely with the deputies to gather your opinions towards how we can make the school an environment you want to come to everyday. If you have any ideas as to how we can do this, you can come and find me or send me an email. My overall aim is to help your voice get the recognition it deserves.

Hoping to hear your ideas soon,

Julia



Director of Sixth Form: **Mrs B Norman** Head of Year 13: **Miss L Bevan** Head of Year 12: **Miss R Gibbs** Pastoral Support Officer: **Mrs H Connolly** 

# Sixth Form Re-Set Steps to Study Success!

Following the recent December exams for Year 12 and 13. We want to encourage students to all use their free lessons productively, and develop positive attitudes to their independent study and to use their time in school to study effectively.

We have introduced our **Steps to Study Success** which is a big focus for the students. We will be promoting this as a Sixth Form team with the students, and tutors are working with the students in their forms to embed these positive habits. We would also encourage your daughter/son to use the following website to aid their independent study and improve revision technique. <u>Get Revising</u>

A number students are working really well in their free lessons which is great and we want to really encourage this and support all of the students.

Thank you for your support.

Mrs Norman, Miss Bevan and Miss Gibbs



# **Steps to Study Success**

Supporting Sixth Form Progress at CHSG

- 1.Use Study time effectively- remove distractions
- 2. Silent workrooms in S6 and S12
- 3. Supervised study and IT access in the Careers Centre
- 4. Use the common room to socialise and relax
- 5. No food and drink in classrooms
- 6. Attend interventions when timetabled
- 7. Spare classrooms used for study, not socialising
- 8. Prepare revision resources, use MST and SharePoint
- 9. Use teachers around you positively
- 10.Plan your study periods

# SIXTH FORM

# Opportunities for Year 12 and 13

## **Royal Veterinary College Summer School**

Applications for the Royal Veterinary College Year 12 Sutton Trust Summer School are now open.

https://www.rvc.ac.uk/study/rvc-is-open-for-all/widening-participation/opportunities/ sutton-trust-summer-school

The free RVC Summer schools give students a real taster of what life is like when studying at the RVC. As well as taking part in lectures, practical demonstrations and Q&A with world-leading researchers, students get hands-on experiences in anatomy museum, labs and with animals! Participants get the chance to meet current RVC students, other young people with a passion for animals and professionals working in a range of animal science careers. They'll work together to solve veterinary case studies, reflect on their career goals and how to achieve them and enjoy student social activities.

To participate in the summer schools young people must attend a state school and meet a number of other Widening Participation eligibility criteria such as being the **first in the family to go to university** or being **eligible for Free School Meals**.

## **Gresham College Free Lectures 2022**

For students these **free lectures** are a resource for developing subject knowledge and skills, careers advice, EPQ projects and UCAS statements <u>https://www.gresham.ac.uk/about/</u>

## **National Apprenticeship Week**

Monday 7th to Thursday 13th February https://www.apprenticeships.gov.uk/influencers/naw-2022#

## Make the Future Yours

Make the Future Yours is a careers magazine aimed at inspiring and signposting young people to the options available to them. It can be viewed for free at: <u>Make the Future</u> <u>Yours - Issue 3 (yudu.com)</u>

The two previous issues can be downloaded and shared from their website at: www.makethefutureyours.com <u>https://www.makethefutureyours.uk/archive</u>

## **McDonald's Degree Apprenticeship**

McDonald's is the largest restaurant chain in the world. They serve over 3.7 million customers a day in their 1,300 UK restaurants alone. Customer experience is at the heart of everything they do, and as their business continues to grow, they continually look for new ways to lead from the front If you are interested in Catering, Hospitality, Business and Admin this may be of interest to you.

Deadline for applications: 28 February 2022

For more information and to apply visit: <u>https://www.ratemyapprenticeship.co.uk/</u>jobs/5447/mcdonalds/school-leaver-degree-apprenticeship

### Parent Apprenticeship Resources:

https://amazingapprenticeships.com/resources/?parents-packs=1

# SIXTH FORM

# Congratulations

Banuja and Anuja have just received their results for their Tamil A Level and both gained an A grade!

Well done to you both.



# **Headteachers Award Photos 2022**











# Nuffield Research Placements Experience Social Science Research in Action

STEM Learning are offering the opportunity to gain key quantitative social science research skills by taking part in a 2 week on-site Nuffield Research Placement. Social sciences cover a diverse range of topics, and have a major influence on government policy and population behaviour.





Students are offered their very own research project, working alongside professional social scientists.

Students will also take part in online module assignments designed to develop their essential professional, research, data and numeracy skills

- Learn new skills
- Experience a real job in Social Sciences/STEM
- Enhance Personal Statement and CV
- Meet experts in your chosen field
- Increase Confidence



Placement in Science, Technology, Engineering and Maths are also available

# GOLDEN TICKETS

Excellence: everywhere, every day.

Staff award Golden Tickets for excellent work, effort or attitude to learning or improvement in class.

The tickets are awarded at the end of the lesson and the reward celebrated. Heads of Year will review the rewards each week and Mr Devenney awards a certificate each week to the student(s) in each year group with the most Golden Tickets for that week.

In the Newsletter we list the students who have received the most Golden Tickets in each year group for the previous fortnight.

#### Most Golden Tickets for the fortnight 10th to 21st January

Year 7		Year 8		
Charmi	7B1	Jazbah	8R2	
V a arr 0		V 10		
Year 9		Year 10		
India	9Y2	Aimee	10B2	
Year 11	Sixth Form		m	
Jasleen Kaur	11Y2	Rakaiya	12R1	
Maryam	1181	Fatima	12G1	





# SECOND HAND UNIFORM SCHEME 2021-22

Is your uniform a bit of a misfit? Do you no longer need it or do you need an upgrade? Why not donate it back to school where it can help to **reduce**, **re-use** and **recycle**?

## How do I donate second hand uniform?

Due to Covid-19 please follow the guidelines below.

- All items MUST be washed at 60 degrees and bagged up.
- Please itemise everything in your donation bag by type, size and quantity.
- Please attach this list to the outside of the bag
- Please deliver your uniform donations to reception or send in with your child to pass to their Head of Year

Uniform that is in lost property and is unnamed and unclaimed by the end of the academic year will be considered second hand uniform.



## **Attendance Carshalton High School for Girls**

We understand that all of our students and their families have been affected by the COVID pandemic and that we all continue to face challenges even though many of the restrictions have now been lifted. The disruption to learning has been unprecedented and it is crucial that we continue to focus on ensuring all of our students attend school regularly. Research has shown there is a strong link between good attendance and excellent progress.

The information we have provided outlines our systems for supporting students and their families to ensure good attendance. Please take the time to review the information and if you have any questions or you would like to speak to someone about attendance please discuss this with your daughter's pastoral team.

We recognise attendance has been affected during the course of the pandemic and we want to work with all our students and parents to support and promote good attendance here at CHSG.

## Traffic light monitoring system

The 'traffic light system' can be used to track, monitor and plan actions to improve a student's attendance. The example provided suggests different actions that schools can take at different levels of attendance.

Example of a monitoring and planning system for improving school attendance





## Facts about poor attendance

Missing out on lessons leaves students vulnerable to falling behind. Students with poor attendance achieve less in their GCSEs and A-level compared to students with good to excellent attendance.

**Table 1** puts absence in the context of the days children miss at school based on a schoolbeing opened for 190 days per year and **Table 2** puts absence in the context of thelessons missed based on a school being opened for 190 days per year.

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Number of days absence	Equals attendance one school year
9.5 days	95%
19 days	90%
28.5 days	85%
38 days	80%
47.5 days	75%
57 days	70%
66.5 days	65%

#### Table 2

Number of lessons missed	Equals attendance one school year
47.5	95%
95	90%
142.5	85%
190	80%
237.5	75%
285	70%





# Stop! Look! Listen! Think!

A few simple words that can help our children to keep safe.

West Street is particularly busy and has a very busy junction right opposite the school. Please can you remind students to use the pedestrian crossing to cross the road and NEVER to run across.

# It's just not worth the risk!

Please help us to keep the students safe by reminding them of the road safety rules. The Royal Society of Prevention of Accidents have a very useful guide for parents which can be accessed here.





# SAFEGUARDING AND WELLBEING

Carshalton Girls has an electronic reporting system that students can access to report concerns and worries if they feel unable to approach a member of staff. All reports are triaged and passed to the most appropriate member of staff to follow up.

Students are encouraged to use this not just to report worries and concerns they may have for themselves but also for friends. The concerns could range from friendship concerns, worries concern for their own or a friend's wellbeing or Safeguarding concerns.

This has previously been available to student via the school website however there is now an app that we are encouraging students to have on their phones



More details about the app and how to download it can be found on the school website

Safeguarding (chsg.org.uk)

