# 4 April 2022

CARSHALTON HIGH SCHOOL FOR GIRLS

# **NEWSLETTER**

Excellence: everywhere, every day.





#### Headteacher's Welcome

Dear Parents/Carers

I hope the final newsletter of this term finds you, your family and loved ones well.

If you have been keeping up with our social media outlets you will know that throughout this week we have been celebrating the academic achievements of all our year groups. My congratulations to all the students who have received awards – well done! All that hard work and effort is certainly paying off – keep it up! To those who didn't get awards this time I would say keep going and trying hard; there is still plenty of time as we head towards our final awards ceremonies in the Summer.

#### **Year 7 Football**

Huge congratulations must also go to the Year 7 football team who are the Sutton Cup Champions! They won 6-2 in the final beating Cheam. Congratulations to Stacey who was awarded player of the match. Like with the netball team, we look forward to many more years of success – well done girls! #teamchsg

I cannot let this term pass without saying thank you to my wonderful, hardworking staff. Throughout the week students have been completing appreciation cards and sharing them with their teachers, which has been incredibly positive. The things the airls are writing to their teachers shows you how much they value them. I can assure vou there have been numerous staffina challenges and difficulties throughout this term, but my staff have remained resilient, determined and worked as a team throughout. When I walk around our school I see their commitment, enthusiasm and passion for what they do every day and your children are benefitting from this.

#### **Work From Home Day**

Please note that the School Office will be closed over the holidays. However, if you do need support or help you can find information on our website and at the back of this booklet. A final reminder that **Tuesday 19th April** is Work From Home Day for students and we will be monitoring login and work completion. Work will be set on MS Teams for students. We will return with normal school timings on Wednesday 20th April.

On a negative note, there has been a small increase in the number of students who are accidentally setting off the fire alarm through playing with the call points. When the fire alarm goes off it causes a major health and safety risk as well as unimaginable disruption to the school day, exams and lessons. It also causes serious anxiety for some of our students and it is

dangerous for some to be stood in the cold for lengthy periods of time. I wish to be very clear here, I will sanction very heavily students who accidentally or intentionally set off our fire alarms. Students who intentionally set off the fire alarm will be permanently excluded as per our <u>Good Behaviour Policy</u>. I do need you to discuss this with your daughter and make her aware of the expectations and consequences of doing this.

Despite this it's been a brilliant and busy term here at Carshalton High School for Girls. We have achieved and done so much and I hope you have had the opportunity to discuss and share these many fantastic experiences with your daughter throughout the term. My thanks to the large number of Year 11 parents who gave us feedback after their Parents' Consultation. I am delighted to say that over 96% of those surveyed would recommend or strongly recommend the school to another parent which is a fantastic accolade to end the term with!

Wishing you a safe and restful holidays.

Mr M M J Devenney

#### We Won The Cup



Our Year 7 Football team did us proud last week taking the Borough Cup in an exciting final against Cheam. I was delighted to be able to show up at the ground to lend my support, with multiple requests that we bring home the cup ringing in my ears. The girls ensured that we did – winning the game 6-2. Their conduct, commitment and respect for the opposition was commendable. They did #teamchsg proud. Well done!



Head of Year: Miss L Stanley
Asst Head of Year: Miss M Martino
Pastoral Support Officer: Mrs B Watkins

# Rewards Assembly Gold Stars

We were pleased to award this term's awards last week. The quest for the Gold Stars was tougher this term, with 70 HAPs being the threshold to cross. Well done to the following!

Mia	7B1	Isabella	7G2	Laney	7R2	Caoimhe	7Y1
Daniella	7B1	Sankavy	7G2	Leyla	7R2	Soumya	7Y1
Charmi	7B1	Akshana	7G2	Anjali	7R2	Tracey	7Y2
Bethia	7B2	Laaibah	7G2	Raisa	7R2	Sophie	7Y2
Ashvika	7B2					Rheya	7Y2
Triya	7B2					Anushri	7Y2
Eirinn	7B2						
Tiffany	7B2						
Claudia	7B2						

#### **HAPs**

The following students topped their respective Tutor Group leaderboards for HAPs this half term. We are always happy to "reset" the counter (although the main counter still runs in the background) since it places all students on a level playing field at the beginning of a new half term.

Martha	7B1	Rosie	7G1	Shriya	7R1	Soumya	7Y1
Bethia	7B2	Isabella	7G2	Layla	7R2	Tracey	7Y2

#### **Stealthy Superstar**

Our special award for this half term is the Stealthy Superstar. This is awarded to one member of each Tutor Group who is consistently caught doing the right thing! This half term's winners quietly (stealthily!) contribute huge amounts towards our Year 7 culture. They are reliable, organised, positive, and rarely need reminding about where to be or what to do. It's a tough one to award, since the field is a big one, but here are this half term's winners.

Amy	7B1	Vaiga	7G1	Sabahat	7R1	Lily	7Y1
Soraya	7B2	Kacey	7G2	Abi	7R2	Kiera	7Y2

#### Jack Petchey Count on Us Challenge...

The Count on Us challenge is a unique, inter-school maths tournament for Year 7, 8 and 9 students across London, which aims to improve confidence and fluency in maths. By combining a series of mental arithmetic and problem-solving games, the Secondary Challenge helps develop students' mathematical knowledge and encourage enjoyment of the subject. Subsequent to coming 2nd in this event in 2019 we are getting ready for this year's competition.

The students prepare by competing in a range of activities: the 24 Game; the Game of Hedgehog (Probability), Gridlines Geometry, Algebra Problem Solving & Analysing Data and Charts.

We are starting to see a real competitive spirit between students, with some answers for particular activities such as the 24 Game being found really quickly.

After Easter we will be conducting a school competition to choose our five team members, who will then be representing CHSG at the school heats in May. I hope some of CHSG7 will make it!



#### **DEC Ukraine Humanitarian Appeal**

Sasha (7G2) is swimming to Ukraine (virtually of course!). Along with her swimming club, she has committed to swimming 2400 km to raise funds for the DEC Ukraine Humanitarian Appeal. As I write, the team has completed 1300 Km (just short of the distance to Katowice, Poland). If you'd like to support the team, please do visit their Just Giving Page

simon ibberson is fundraising for Disasters Emergency Committee (justgiving.com)

We do hope you and your family have a restful Easter break. We look forward to seeing Year 7 on **Wednesday 20th April** after a successful learning from home day on the 19th April.

Miss Stanley, Miss Martino, Mrs Watkins and the Year 7 Team.



Head of Year: Mrs L Oladokun Asst Head of Year: Mrs A Bignall Pastoral Support Officer: Miss H Garrard

Dear Parents/Carers

I hope this newsletter finds you well.

This newsletter is all about celebrating the achievements of year 8. Students have worked very hard this term and deserve the break; I am sure they are looking forward it as I am too.

Year 8 spent two afternoons this week during tutor time discussing Autism. The **World Autism Awareness Day** is on 2nd April and since it will be the Easter holidays we didn't want to pass off the opportunity to raise awareness amongst students.



During the sessions Year 8 explored what Autism (ASD) is and what it was like for an individual with autism.

Some of the discussions point were:

- What might be the difficulties students who have ASD might have at our school?
- Would you always know if someone at CHSG has ASD?

#### What do you make of this statement?

#### Autism is not a disability, it's a different ability

Do you:



Why not have a discussion with the rest of the family, see what they think.

### **Options - Some Key Dates for Year 8**

1st April the students will receive their Options subject guide booklet

20th April there will be an options assembly for Year 8

20th April the option videos will go on the website as part of the remote parents evening

**27th April** Year 8 parents' consultations

28th April Year Subjects Fair

As always if you have any queries or concerns, your child's tutor is the first point of contact.

Finally, let me use this opportunity to thank you parents/carers for your ongoing support with our students and wish all our students a restful break and a happy Easter to you all, if you celebrate it.

#### **Celebration of Achievements**

At CHSG we love to recognise students for their effort and attainment during lessons and how well they demonstrate our school values of:

- Be Our Best
- Be Involved
- Be Together
- Be Ambitious
- Be Aware

Golden Tickets are awarded for going over and above.

This term a total of 131 out of 209 year 8 students received an award. In addition to the subject awards in recognition of academic distinction, students received the following categories of awards according to number of house achievement points (HAPs) they got.

- \* **Bronze Star** for gaining up to 45+ HAPs (received by 53 students)
- \* **Silver Star** for gaining up to 55+ HAPs (received by 47 students)
- Gold Star for gaining up to 70+ HAPs (received by 31 students)

Congratulations to the following students:

Top Golden Ticket winner for Year 8 - **Belinda** 8R2 -- with 117 HAPS

Top 5 students for School Values HAPS

Jazbah 8R2 107 HAPS
 Skye 8G2 105 HAPS
 Amelie 8G2 103 HAPS
 Joyce 8Y2 90 HAPS
 Isla 8G2 90HAPS













# Head of Year: Miss Williams Asst Head of Year: Ms S Brice Pastoral Support Officer: Mrs W Newman

Dear Parents/Carers

Here we are, at the end of our Spring Term! I cannot quite believe how quickly time is going. The students have achieved so much over this term, and we are so proud of all they've done thus far. We have lots of exciting things planned and lots of opportunities for our students to excel in the summer term, which we are looking forward to sharing with you in due course.

Recently the students have completed their official exam week. This was a chance for them to track their recent progress and see their hard work pay off as they head into their final term of Year 9. I take great pride in saying that our year group have worked incredibly hard and have risen to

the challenges they have faced throughout this year so far. I could not be prouder of their efforts and commitment to their studies.

We had our official rewards assembly this week, where we recognised students for not only their academic achievements but personal achievements too. Well done again to everyone who achieved an award, and I am excited about the chance to recognise more excellence in the next half term. For now, I would like to wish all of you a happy and restful Easter break. We look forward to welcoming you back soon.

Miss Williams and the Year 9 Team

#### **Ambassadors**

This term has been quite a busy one for the ambassadors, they have been involved in several different tours. They have been showing prospective Year 7 students around with their parents and showing them a normal school day at Carshalton High School for Girls. There has been a lot of positive feedback from the parents.

The ambassadors have also completed tours with prospective new staff members and answered their question about the school. Once again, they have received further positive feedback.

I just want to say a huge thankyou to each and every ambassador, you have been a real asset to the school and represented your year group in a positive manner. I look forward to working with you again next term.

Ms Brice, Assistant Head of Year 9

#### **Rewards Assembly**

Stars Awarded for HAPS

Gold Star = 55+HAPs (21 Students) Silver Star = 45+HAPs (36 Students) Bronze Star = 35+HAPs (55 Students)

#### Top HAPS achievers

Nyla 9G2	75 HAPS
Ruby 9B2	74 HAPS
Maria 9B2	72 HAPS

#### Student with the most Golden Tickets

Maria 9B2	48 GT
Afua 9B1	45 GT
Nyla 9G2	42 GT
Ruby 9B2	39 GT
Yumna 9R1	39 GT
Hatti 9G2	39 GT
Tabitha 9B2	36 GT

#### **Student Reflections**

from Eliza, Jaliziah, Katie and Isla (9B2, 9R2, 9Y2, 9G2)

#### What I have enjoyed this term...

I have enjoyed my art classes the most this term as we have gotten onto more advanced work.

I enjoyed learning about Unifrog and different careers and I enjoyed moving onto our hazards topic in Geography.

I have enjoyed learning about the world in general through our 'current affairs' slides in tutor time.

#### What I liked in our PSHE/Career Days...

I think that having Unifrog now is also helpful and alleviates some of the stress about what comes after school. I like to have a plan and some organisation, so this is extremely helpful. I also think the PDP Day was useful when we learnt about the Stand-Up programme.

I found learning how to do first aid very interesting as it helps in everyday situations.

I enjoyed learning more about international women's day and the stand-up programme.

#### What I have been reading...

We have been reading a book called 'A Monster Calls' and it's about a boy whose mum has cancer, and he is finding it hard to come to terms with it. He has a monster visit, and the monster seems quite nice. I am intrigued to know what happens next.

We have been reading 'On the Come Up'. It's such a good, interesting book. I'd rather read it than a classic and it was more relatable because it's in our time.

We have been reading '**The Outsiders**'. I enjoyed it because it tells you about living in a poor neighbourhood and the struggles that come with it and the importance of friendship.

We have read 'The Numbers in the Stars' and have started 'Hidden Figures'. I liked 'The Number in the Stars' as its shows how bad things were in Nazi Germany during WWII and seeing different sides of the story from different people.

#### How my exam week went...

I think that the way that exams were taken was good and I liked not having to do it in the hall.

I found exam week quite relaxing, and the revision lesson were a massive help with that. I found revision lessons in class very helpful and past papers to practise.

The exam week experience has been good as it gives you a taste of what exams will be like in Year 11. all the assemblies have helped because they show that there was nothing to worry about and not to stress.

#### We are looking forward to...

I am looking forward to expanding my knowledge and starting a few new art projects.

I am looking forwards to learning new things and having many engaging activities to participate in.

I am looking forward to learning new things and participating in more activities during tutor time.

# **YEAR 10**

Head of Year: Mrs N Devaney Asst Head of Year: Ms D Johnson Pastoral Support Officer: Mrs A Baker

# 10 Y2 Speak Out!

#### On their Tutor Reads...

I have been thoroughly enjoying the book of short stories we are reading in our tutor reads programme. It is a great way for us as a form to experience a group of diverse stories which we probably wouldn't choose ourselves. I really like the way every story is different and it almost comes as a shock every time we start a new one. A new level of mystery and eagerness is unlocked as we read and are left with a cliff hanger at the end of some stories.

Vrishti B

#### On PSHE Day...

Recently, in personal development days we have come across a few sensitive subjects, but everyone has been able to listen and be completely sensible and understanding with the lessons. We have been taught about stress and how we cope and go about our day-to-day lives with it.



Personally, as a teenager who goes to school 5 days a week, with homework and extra-curricular clubs, stress is a very big part of my life as well as the lives of many other girls in my year and throughout the whole school. We sat through a lesson that told us about other peoples' experiences with stress and the symptoms they get when they experience this. Watching and writing down everything that we were told to do was very educational and taught a lot of us that stress on a daily basis is extremely common.

PSHE days are a chance for everyone to get involved, separately and as a group, to communicate with each other and to gain a wider knowledge about these subjects we get taught about. On some PD days, we have professionals come in and talk to us, giving us a more experienced point of view on various subject matters.

Selale I

#### On Work Experience...

In Year 10, we were recently told that our year would be taking part in Work Experience. I was actually really enthusiastic about this as it was one of the things I have looked forward to in high school! Ever since then, I've been on the lookout for placements and companies that I can apply to. I've created my CV and applied to 4 different places. It was not easy because when you think of Work Experience you never really know where to go and what exactly you should try applying for, but so far two of the companies have gotten back to me. I'm still keeping my options open for a better chance of finding more opportunities. The search is not as easy as I thought it would be!

**Christine O** 

# **YEAR 10**

#### On Science at CHSG...

In Biology, I have been learning about communicable and non-communicable diseases. This is a really interesting topic as we learn about different types of diseases and factors causing them. This topic is also a really good topic to be studying at the moment as due to the current pandemic it helps us learn about the different measures we can take to help prevent the spread of diseases. I have found this topic really useful because it builds up my knowledge on different infections and diseases and what causes them.

Erica K

#### **Rewards Assembly**

This week we have been rewarding our amazing students in our Year assemblies. The tutors each nominated students for their excellent participation on our 3rd PDP day.

Star Badges were awarded to students for having received a certain number of House Achievement Points. (Gold Star = 55+, Silver Star = 40-54, Bronze Star = 30-39)

In total 21 Gold Stars, 38 Silver Stars and 55 Bronze stars were awarded in Year 10. A fantastic achievement.

Well done to **Amber A 10Y1** for having won a £10 Amazon Voucher for having been awarded the highest number of House Achievement Points (87) in the Year and also to **Evie C 10G1** who was also awarded a £10 amazon voucher in the random draw of the remaining highest HAPS winners. Well deserved!

Academic nominations were also celebrated. Each department chose one outstanding student of the Term. Well done to the following students for their amazing work this term.

Bethan 10B1 Computer Science

Rebecca 10B1 History Semiha 10B1 Art

Sophie 10B1 Photography

Amelia-Rose 10B2 French Frankie 10B2 PE

Thashviny 10B2 Citizenship
Evie 10G1 Spanish
Isla 10G1 German
Summer 10G1 Dance
Petra 10G2 Physics
Abbiga 10R1 Physics

Leora 10R1 Religious Studies, Biology

Mya 10R1 Chemistry Mathuvathy 10R2 Chemistry

Amber 10Y1 Sociology, History

Katie 10Y2 Geography







### **Year 11 Cardigans**

Year 10s will be able to order and then wear the Year 11 cardigan shortly. It is slightly different this year as the company we use for our uniform is closing down and so **they are only making cardigans to order this year**. Students will need to place their orders online by the **8th April** and can wear their new cardigans as soon as they are delivered.

After the 8th April, they will not be able to purchase them at all.



#### TRUTEX OF WORCESTER PARK

140 Central Road, Worcester Park, Surrey KT4 8HH Email: worcesterpark@trutex.com Proprietors: Paul and Lynn Wheeler

Dear Parent/Carer,

When your daughter enters year 11 she will be able to wear the cardigan at the cost of £30. This is exclusive to year eleven only

A selection of cardigans in various sizes will be available at the school for your daughter to try on to obtain the correct size for ordering over the next three weeks. If you would like to purchase a cardigan for your daughter please be aware that,

#### THE ORDER MUST BE PLACED ONLINE BY THE 8th APRIL

No stock will be available at any other time as the cardigans will be made to order only.

ORDER ON OUR WEBSITE, WWW.CASUALSCHOOLWEAR.CO.UK

- 1. CLICK ON SCHOOLS
- 2. SELECT CARSHALTON GIRLS SCHOOL
- 3. CLICK ON CARDIGANS
- 4. CHOOSE AN OPTION i.e. SIZE
- ADD TO BASKET
- 6. SHIPPING SELECT FREE SCHOOL DELIVERY
- 7. PROCEED TO CHECKOUT
- 8. FILL IN REQUIRED DETAILS
- 9. MAKE SURE YOU FILL IN PUPIL SURNAME, YEAR GROUP, TUTOR GROUP
- 10. THEN MAKE PAYMENT

THE SCHOOL WILL DISTRIBUTE THESE TO YOUR DAUGHTER APPROX DELIVERY DATE WILL BE JUNE

JUST TO CONFIRM NO STOCK WILL BE AVAILABLE AT ANY OTHER TIME SO DONT MISS OUT

ANY QUERIES USE OUR CONTACT FORM ON OUR WEBSITE

www.casualschoolwear.co.uk

OR

email me

worcesterpark@trutex.com

Yours Sincerely

Lynn Wheeler

# **YEAR 11**

Head of Year: **Mr J Stockwell**Asst Head of Year: **Miss T Ishola**Pastoral Support Officer: **Mrs S Warren** 

Dear Parents/Carers

What a wonderful term it has been and a huge well done to all of Year 11 for their continuous efforts in their revision and exams, they have shown resilience and maturity and for that we highly commend them for it. It does not stop there though as we like to reward such positive behaviours with the pink polo shirts. We have looked at mock arades and have awarded those who have performed particularly well and have also taken advice from teachers about effort levels in lessons and attitude during out of class times and have awarded accordinaly. Congratulations to all who have gone home with a pink polo!

#### **Exam/Revision timetable**

Year 11 are now approaching a crucial time in the preparation for their examinations. As a school we have been working hard to provide students with every opportunity to be fully prepared and so we want to provide the most optimum and useful support during the exam period. From the 16th May, Year 11 will stop their normal timetabled lessons and will switch to the Exam / Revision timetable, this will be available straight after the Spring break. We want to make sure that our students continue to be fully supported before every exam



If students are not in a revision session or exam, then they are expected to revise at home. There may also be times when staff ask students to attend sessions that they have arranged outside of this revision/exam timetable; and these will be arranged with the students separately. We will provide continual revision resources throughout this period, such as flash cards, A3 paper, black pens, and past papers, and teaches will ensure to mark and provide feedback on any completed practice exam questions the students hand in.



Students have been encouraged to stock up on revision materials before the Spring break and we are keen that revision continues during the holidays. That said, we wish all our students a lovely break and hope they manage to get some rest and recharge.

#### **Bar Mock Trial**

On the 9th March 2022 fifteen year eleven students took part in the annual Bar Mock Trial.

This is a national competition, and the students took part in the Virtual Inner London heats.

# YEAR 11

The students spent a lot of time preparing for the trial on Mondays after school, taking on the role of witnesses, barristers, ushers, court clerks and jurors. Our barristers prepared opening speeches and closing speeches and had to cross examine a team from opposing schools, our witnesses had to remain calm under interrogation! Ushers and court clerks had the difficult job of making sure that the case ran smoothly, and our Jurors had to deliberate and make decisions about whether the defendant was guilty or not guilty.

I am delighted to say that we won our heat, despite fierce competition. This is a massive success for #teamchsg.

We are so proud of our students who showed commitment, teamwork, and resilience.



#### **Next Half Term**

Once the Easter holiday ends, our students will have **Tuesday 19th** working from home where teachers will set work on MS Teams. We will then flow nicely into our celebratory assembly reflecting on the progress of our students this half term. Rewards will be given for individual subject excellence as well as high achieving golden ticket recipients. We will also acknowledge those students who have put in a considerable amount of effort in their assessments from the term before.

After this, we start preparing fully for the GCSE exams with revision and the highest quality teaching. We understand that this term will be a challenge for our students so we will endeavour to guide and support them in every way we can. We will continue to provide additional revision material and resources, we will continue to run after school interventions and we will continue to work collaboratively with you at home to drive for success.

We hope you have an excellent two-week Easter break, take the opportunity to rest and recharge and we look forward to welcoming Year 11 back to their final term at CHSG.

Regards

Jim Stockwell and the Year 11 team



Director of Sixth Form: Mrs B Norman Head of Year 13: Miss L Bevan Head of Year 12: Miss R Gibbs Pastoral Support Officer: Mrs H Connolly

Dear Sixth Form and Parents/Carers

As another term draws to a close we want to thank you for your continued support of #teamchsq!

Students have worked incredibly hard the past term, focusing on preparing for exams, engaging with lessons and developing both personally and academically.

Sixth form students continue to shine and we can't wait to celebrate their achievements in the near future. As we draw ever closer to an extremely pivotal time for Year 13, we just want to congratulate students on what they have achieved so far, they should be proud.

Enjoy the holidays!

Miss Gibbs, Mrs Norman and Miss Bevan



This website has lots of resources including quizzes, mind maps, flash cards and power points. This will really help you not have to reinvent the wheel and instead use what is there.

<u>Create a Revision Resource</u> (getrevising.co.uk)





## **Opportunities for Year 12 and 13**

#### **Open Days**

Opendays.com is the university and college open day directory where you can find out all that you need to know about open days at the university or college of your choice. It also has an advice section that contains lots of information on what to do at open days, how to apply to university and college, revision tips, how to decide whether to take a gap year, and university subject/course advice.

For more information visit <a href="https://www.opendays.com/">https://www.opendays.com/</a>

#### **Aspiring Year 12 Medics**

Virtual medic work experience (£10 a day or £50 for six): https://alliedhealthmentor.org/product/live-virtual-work-experience-programme/

#### Brighton and Sussex Medical School (BSMS)

BSMS also offer a virtual work experience for students looking to apply to medical school. You will be introduced to the NHS before exploring the roles and skill sets of six different medical specialists. Along the way, you will also consider some of the challenges and wider issues doctors face.

For more information visit <a href="https://bsmsoutreach.thinkific.com/courses/VWE">https://bsmsoutreach.thinkific.com/courses/VWE</a>

#### The Brokerage

The Brokerage is a social mobility charity helping students aged 16-25 to develop their employability skills and gain experiences within the Financial and Professional services industries (Banking, Finance, Corporate Law, Insurance and Technology). Working with them is completely free for students. They work with a wide range of corporate partners to host events to give students insight into different sectors and roles, whilst simultaneously developing their employability skills. For students to access careers related opportunities look at their Outreach sessions at: <a href="https://www.thebrokerage.org.uk/online-events/">https://www.thebrokerage.org.uk/online-events/</a>

Any student aged 16-25 can attend Outreach events. These are held online and designed to introduce students to a variety of sectors. All sessions are joined by one of their corporate partners allowing students to interact with and ask questions to industry experts. All Outreach events are held after school hours (typically between 4.30pm – 6.00pm) ensuring that students do not need to miss any learning time. Examples of some Outreach events include:

- (Sector) in the City (In these sessions they explore various sectors such as Banking, Corporate Law, Insurance and many more)
- A day in the life of an... (various positions such as a Banker / Actuary / Solicitor / Software Developer
- Working in the City (A session where they explore different sectors and routes into working in the City) Students who meet the eligibility criteria will be able to sign up to The Brokerage and access additional offerings, including:
- Access to apply for placement opportunities including: School Leaver Roles, Apprenticeships, Vocational Training Schemes, unpaid Work Experience for Year 12s, Paid Internship opportunities for Year 13+, Summer Placements, Entry Level roles and Graduate positions.
- In person events (normally held after school or within academic holidays)
- Online Masterclasses focusing on developing skills such as CV and Cover letter writing, Networking, Personal Branding, Mock Assessment centres, Interviews and Application tips and many more
- Bootcamps (three-day experiences held in the academic holidays where a variety of events take place)
- Mentoring from an Industry Professional

To sign up visit <a href="https://www.thebrokerage.org.uk/sign-up/">https://www.thebrokerage.org.uk/sign-up/</a>

# Opportunities for Year 12 and 13 Alternative Routes at 18

If you do not think University is the right path for your some alternative routes and resources are below.

- Work
- Traineeship
- School Leaver Programme
- Apprenticeship
- Foundation Degree Apprenticeship
- Full Degree Apprenticeship
- Gap Year
- Distance Learning



Not Going To Uni: Apprenticeships & Work Experience in the UK

NGTU is the #1 website for school and college leavers. Search thousands of jobs, opportunities and apprenticeships in UK and find your perfect fit!



Milkround | Graduate Jobs, Schemes & Internships

A recruitment site dedicated to school leavers and graduates.

## Find a traineeship

Find a traineeship - GOV.UK (www.gov.uk)

Government resource with details of available traineeships and apprenticeships.

# GOLDEN TICKETS

Staff award Golden Tickets for excellent work, effort or attitude to learning or improvement in class.

### Most Golden Tickets for the period 14th to 25th March

Year 7		Year 8	
Martha-Scarlet	7Y2	Daisy	8R2
		Jazbah	8B2
		Yaa Tiwahh	8R2
Year 9		Year 10	
Tabitha	9B2	Amber	10Y1
Year 11		Sixth Fo	rm
Katie	11R1	Eve	12Y2
Rachel	11R2	Caterina	13R1
		Ruvini	13Y1





### **Activities Booking Form (March – May 2022)**

We are happy to be hosting our weekly groups in the Centre again using an in-person/virtual blend. The safety of our Young Carers and their families comes first, so all groups move online, if necessary. The location of activities will be confirmed with your booking. We are also seeing Young Carers individually, in person, by appointment, so please do contact us if you need face-to-face support.

ACTIVITY	AGES	DATE	TIME	DESCRIPTION
Create Arts Ceramics Course	8-11	April 5 <sup>th</sup> , 6 <sup>th</sup> , 7 <sup>th</sup>	10.30am- 3.30pm	This Easter break, we will be joined once again by <i>Create Arts</i> . This time, the art form will be ceramics! Work with a professional ceramicist to develop your creativity using clay and make a piece of pottery to take home.
Young Carers Ambassadors	All ages	Thursdays (varying)	5.00- 6.30pm	Ask us about joining the Young Carers Ambassadors! If you are passionate about championing the rights of Young Carers and raising awareness of the impact of caring, we want to hear from you!
YC Chill and Learn	All ages	Mondays term-time	4.00- 5.30pm	'YC Chill and Learn' is a space where you can come to the Centre and do some homework, receive support, and meet and connect with other Young Carers.
Young Adult Carers Peer Support Group	15 - 18 years	Wednesdays See dates overleaf	5.00- 6.30pm	This is a specialised Peer Support Group for Young Adult Carers aged 15 - 18. Peer support will allow you to meet other Young Carers in similar circumstances to you, help you to think about your relationships, thoughts, wellbeing and understand more about a variety of health conditions.
Young Carers Peer Support Group	12 - 14 years	Wednesdays See dates overleaf	4.00- 5.30pm	Peer Support group for our younger secondary school YCs. If you would like to join a Peer Support group to discuss your caring role in a safe and supportive space, please let us know.
18+ Peer Support	18 – 25 years	Wednesdays See dates overleaf	5-6pm	This virtual peer support is for our Young Adult Carers over 18.  Many YACs in this age-group are working or away studying so we will be maintaining this monthly virtual support group to keep connected.
Passport	9 - 11 years	Tuesdays term-time	4.00- 5.30pm	Young Carers develop their own positive strategies to deal with problems through engaging activities: reading the comic strips, discussion, role-play and games. They use the colourful game board to find as many solutions as possible.
Disney and Dessert	12-16	May 20th	4.30- 6.30pm	Courtesy of our Jack Petchey award winner, Sarah, we will be hosting another movie and dessert night at Sutton Carers Centre! Come along to watch a movie and sit back, relax and enjoy.
YC Open Evening	All ages	March 31st	4.00- 5.30pm	Did you register with Sutton Young Carers during lockdown? Or have you not had the opportunity to visit the Carers Centre since registering? Our Young Carers Ambassadors would like to welcome you into the Centre to mingle, ask questions and enjoy some treats.























#### Dates for Chill and Learn & Peer Support (March – May 2022)

YC Chill and Learn					
Mondays 4.00pm-5.30pm					
March	7 <sup>th</sup> , 14 <sup>th</sup> , 28 <sup>th</sup> , 21 <sup>st</sup>				
April	25 <sup>th</sup>				
May	9 <sup>th</sup> ,16 <sup>th</sup> , 23 <sup>rd</sup>				

12-14 Peer Support					
Wednesdays 5.00pm-6.30pm					
March	23 <sup>rd</sup>				
May	11 <sup>th</sup>				

15-18 Peer Support					
Wednesdays 5.00pm-6.30pm					
March	9 <sup>th</sup>				
April	27 <sup>th</sup>				
May	25 <sup>th</sup>				

18+ Peer Support					
Wednesdays 5.00pm-6.30pm					
March	1st				
May	4 <sup>th</sup>				

#### The activity booking process is as follows:

- Contact us by email at <u>anna@suttoncarerscentre.org</u> OR text 07787 063 340 with the activities you would like to attend. Please include your name, age, and activity choices.
- PLEASE NOTE activity places are allocated 1 week before the activity so please ensure
  you respond well in advance of this.

If we are able to allocate you a place on your chosen activities, you will receive a text a week before the activity offering you a place. You will be asked to respond to this text with your name and either 'yes' or 'no' to confirm if you are accepting the place.

Please let us know of any changes in school, telephone number or change in circumstances so that we have up-to-date information.

If you no longer wish to receive the newsletter and/or you no longer wish to be registered with the Young Carers Service, please let us know by emailing <a href="mailto:anna@suttoncarerscentre.org">anna@suttoncarerscentre.org</a> OR texting 07787 063 340 and we will be in touch to confirm.























# Wellbeing

# **Urgent mental** health support -24/7 crisis lines

Every mental health trust in London has put in place a 24/7 crisis line for people of all ages children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by

You can find the 24/7 crisis line numbers using the NHS Service Finder (link below) but the table provides all of the telephone numbers in London.

trained mental health advisors 365 days a year.

https://www.nhs.uk/service-search/mentalhealth/find-an-urgent-mental-health-helpline



Area	Boroughs covered	24/7 crisis line number
North West	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
London	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North	City & Hackney	0800 073 0006
East London	Newham	0800 073 0066
LONGON	Tower Hamlets	0800 073 0003
	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
South West London	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
London	Bexley, Bromley and Greenwich	0800 330 8590

#### shout 85258

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required

Text "SHOUT" to 85258 or visit **Shout Crisis Text Line** 

#### SAMARITANS

Samaritans 24/7 365 days a year - they are here to listen and provide support

Call: 116 123 or email: jo@samaritans.org

#### Crisis Tools

Crisis Tools helps professionals support young people in crisis short accessible video guides and text resources

Sign up for free resources here



PAPYRUS

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person Call: 0800 068 41 41 or Text: 07860

039967 (opening hours 9am to midnight - 365 days a year)

#### childline

Childline confidential telephone counselling service for any child with a problem

Call: 0800 1111 anytime or online chat with a counsellor

# **Urgent and** other support available

#### Good de Thinking

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps

## THE MIX

The Mix provides free, confidential support for young people under 25 Call: 0808 808 4994 (11am - 11pm every day) or Email



Beat provide support to help young people who may be struggling with an eating problem or an eating disorder Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am - 8pm during the week and 4pm - 8pm on weekends and bank holidays)

#### keeth

Kooth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine

# **Uniform Expectations**

As we enter the summer term and the weather (hopefully) becomes significantly warmer, we are sending you this short reminder as to how our uniform policy should be applied correctly for when students return to school.

It is worth highlighting the following.

- ⇒ Sunglasses are not permitted in school.
- ⇒ The Blazer must be always worn (we will write to you separately if it becomes so hot the blazer can be left at home)
- ⇒ The school jumper is optional and can be left at home if your daughter wishes.
- ⇒ Only religious necklaces should be worn. These must be out of sight, inside a jumper or blouse.
- ⇒ Your daughter's hair colour must be a natural colour (i.e. a human being can grow it naturally)
- ⇒ False nails / nail varnish needs to be removed
- ⇒ Your daughters school bag (Y7-10 only) and PE kit bag are the school branded bags
- ⇒ Year 11 students require a plain black rucksack with no visible logos.

Staff members will continue to check the student's uniform in the tutor group line-ups and you should expect your daughter's teachers to check at the start of their lessons as well.

The policy also states that we will confiscate items such as scarves, coats, headwear and sunglasses and they will be kept safe with the Head teacher's PA until collected by a parent. Jewellery that is confiscated is handed back to the students at the end of every half term by the Heads of Year.

The vast majority of our students conform to all aspects of our policy and we are immensely proud of the way that they represent our school both in the community and on the school site. We hope that this gives you as a parent/carer clarity as to our expectations and thank you for your support in this matter.

# SECOND HAND UNIFORM SCHEME 2021-22

Is your uniform a bit of a misfit?

Do you no longer need it or do you need an upgrade?

Why not donate it back to school where it can help to reduce, re-use and recycle?

### How do I donate second hand uniform?

Due to Covid-19 please follow the guidelines below.

- All items MUST be washed at 60 degrees and bagged up.
- Please itemise everything in your donation bag by type, size and quantity.
- Please attach this list to the outside of the bag
- Please deliver your uniform donations to reception or send in with your child to pass to their Head of Year

Uniform that is in lost property and is unnamed and unclaimed by the end of the academic year will be considered second hand uniform.

## Attendance Carshalton High School for Girls

We understand that all of our students and their families have been affected by the COVID pandemic and that we all continue to face challenges even though many of the restrictions have now been lifted. The disruption to learning has been unprecedented and it is crucial that we continue to focus on ensuring all of our students attend school regularly. Research has shown there is a strong link between good attendance and excellent progress.

The information we have provided outlines our systems for supporting students and their families to ensure good attendance. Please take the time to review the information and if you have any questions or you would like to speak to someone about attendance please discuss this with your daughter's pastoral team.

We recognise attendance has been affected during the course of the pandemic and we want to work with all our students and parents to support and promote good attendance here at CHSG.

### Traffic light monitoring system

The 'traffic light system' can be used to track, monitor and plan actions to improve a student's attendance. The example provided suggests different actions that schools can take at different levels of attendance.

#### Example of a monitoring and planning system for improving school attendance



#### Attendance levels are good to excellent

Positive encouragement/incentives/rewards required to maintain high levels of attendance.



#### Attendance levels beginning to cause concern

Analyse data and provide reports to regularly monitor attendance/reasons for absence, patterns etc.

Letter from school expressing concern and advise that future absences may not to be authorised unless medical evidence is provided. Support offered through the pastoral system



#### Attendance levels causing more significant concern

Analyse data and provide reports to regularly monitor attendance/reasons for absence, patterns etc.

Second Letter from school expressing concern. Meeting with parents to outline concerns and offer pastoral and Educational Welfare Officer (EWO) support.



# Attendance decreased to an unacceptable level – below persistent absence rate – despite interventions by school staff

Parents invited to a meeting/attendance panel with EWO/HoY at school and Attendance Action Plan/contract agreed.

A date for plan/contract to be reviewed agreed at the meeting (three to four weeks), individual attendance target set

\*\*Below 85% - EWO refer to LBS for further action if appropriate.

## Facts about poor attendance

Missing out on lessons leaves students vulnerable to falling behind. Students with poor attendance achieve less in their GCSEs and A-level compared to students with good to excellent attendance.

**Table 1** puts absence in the context of the days children miss at school based on a school being opened for 190 days per year and **Table 2** puts absence in the context of the lessons missed based on a school being opened for 190 days per year.

Table 1

Number of days absence	Equals attendance one school year
9.5 days	95%
19 days	90%
28.5 days	85%
38 days	80%
47.5 days	75%
57 days	70%
66.5 days	65%

Table 2

Number of lessons missed	Equals attendance one school year
47.5	95%
95	90%
142.5	85%
190	80%
237.5	75%
285	70%

