May 2022

CHSGLEADERSHIP

Excellence: everywhere, every day.

CHSG Student Leadership

I was delighted to be asked to speak to the representatives of our Student Council at their recent Leadership Day. Leadership is one of our 5 curriculums at Carshalton High School for Girls and I am passionate about giving our students a programme that develops both leadership skills and presents opportunities for #teamchsg to be active members of our school community.

Student Voice and our Student Council are powerful here. As a result of the interactions and feedback we have:

- · Renamed our House System
- Ensured we have a female role model each half term
- Developed and refined our work booklets
- Responded to concerns about the operations regarding exam booklets and the timing of information.
- Timings on the Interactive WhiteBoards for class based assessments to help students manage their 'examination time' better
- Golden Ticket winners to be able to go to the front of the lunch queue
- Homework before assessments being revision based
- Planning for our Cultural Awareness Day and future plans for further events
- Fund raising for Ukraine

And that is only this year! Over the past years we have listened and improved our facilities and behaviour systems, our online access to resources and our support mechanisms.

Over the next few weeks we will be starting the recruitment for our new Head Girl and Head Students. This is one of the best parts of my job and I look forward to the ideas they will bring!

Mr Devenney



Student Leadership Week

We want to create a Leadership Curriculum which is always wide-ranging, inclusive and accessible to all. Our intent is to create a range of eclectic and exciting leadership opportunities for our students, enabling them to become effective, inspiring and compassionate leaders in society.

It is important that leadership for girls to be at the heart of the work we do. When our students leave CHSG we want them to be confident, compassionate and creative women who will shape the future in a way that empowers them. At CHSG, we want our leadership curriculum to be broad and inclusive and for all our girls to be equipped with powerful knowledge and the with the ability to lead others, but more importantly, lead themselves.

We have created our leadership opportunities and curriculum to harness collective leadership responsibility.

This April we celebrated Leadership Week and hosted our first CHSG Student Leadership Conference.

This newsletter gives you an insight into what the students did during Leadership Week and our Student Leadership Conference.

Mrs Norman







Student Leadership Week 19th to 22nd April

To celebrate student Leadership Week there were a number of activities. Students were encouraged to get involved and take part in the House activities.

Outline of Events

- 1. Assembly shared by Head Girls and Student Leadership Team
- 2. House competition. Unifrog based. 4 tasks to complete
- 3. Lessons from inspiring leaders shared and updates each day
- 4. Student leaders from CHSG shared each day

Drop-in sessions

- To run during am registration
- Venue Sixth Form Common Room
- Wednesday 20th April
 Year 12 to meet Year 13 to discuss leadership roles in Year 13
- Thursday 21st April
 Year 11 to meet Years 9 & 10 leadership opportunities in Year 11
- Friday 22nd April
 Girls On Board Ambassadors to meet Year 7 and 8 students.

Please complete a task daily

 Task 4 can be completed using your UniFrog account and will give you extra achievement points for your house.

unifroa

- Your completed tasks will need to be handed in to the Careers Centre (A30) Use the colour coded trays as you go through the door on the table.
- Remember the more tasks you complete the more chance your house will be the winning team!



Focus: A Year To Make A Difference

Venue: Careers Centre

Lesson	Focus	Staff
Lesson 1	Welcome Opening Speaker	Mrs Norman Jen Smith
Lesson 2	Curriculum Implementation Workbooks CHSG Principle of Teaching and Learning	Mr Sambrook
Lesson 3- part 1	The impact of Student Voice at CHSG 11.15-11.30am	Mr Devenney
Lesson 3	Mental Health and Wellbeing	Mrs Durrett
Lunch	Provided by school	
Lesson 4	Lunch	
Lesson 5	How can we make a difference?	Y11 Head Girls and team Katie Edwards GLT Nonsuch Sustainability students



About the Conference....

Excellence: everywhere, every day.

We started the day off with an inspirational speech from the CEO of the Girls Learning Trust. Later, we shared our thoughts on leadership opportunities and how they could be improved.

In period 2 ideas on the workbooks were shared, the good, the bad and the possible improvements. After a short speech from Mr Devenney, wellbeing and mental health was our topic. We discussed potential wellbeing week plans and school murals.

We ended the day with the head girls sharing their ideas on sustainability in the school and how we can make the school more sustainable, which we discussed with some Nonsuch Six Formers. Overall the day was a great success and as social media leaders we hope to document the moment next time.

As social media leaders we aim to improve CHSG's social media presence by creating more interactive eye-catching content and not just the snapshots you commonly see.

Aleisha M 10R1 Social Media Leader

"I found it useful to build confidence and make new friends."





Message from the CEO

I was pleased to be able to kick off the Leadership Conference at Carshalton High School for Girls this week by sharing some thoughts on why I believe it is so important that girls and women are given opportunities to develop their leadership skills and 'be in the room'.

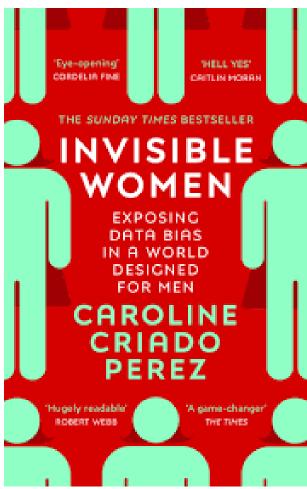
Using examples from Caroline Criado Perez's excellent 2019 book, Invisible Women, I spoke about how, in the modern world, we rely heavily on data in every area – from economic development to health care to education and public policy – to allocate resources and make crucial decisions. But, because so much data fails to take into account gender, because it treats men as the default and women as atypical, bias and discrimination are baked into our systems. Women pay tremendous costs for this insidious bias, in time, in money, and sometimes with their lives.

Product designers use a "one-size-fits-all" approach to everything from crash test dummies to mobile phones to voice recognition software, when in fact this approach is designed to fit men. Cities prioritise men's needs when designing public transportation, roads, and even snow removal, neglecting to consider women's safety or unique responsibilities and travel patterns. In medical research, women have largely been excluded from studies and textbooks, often leaving them chronically misunderstood, mistreated, and misdiagnosed.

For all these reasons, I believe it is crucial that women's voices are heard and that we encourage girls from early on to take on leadership responsibilities, to function at the heart of decision-making and 'be in the room'.

Jen Smith GLT CEO





"I liked learning about why it's actually important and why girls and women should get into leadership because there is a real gap."

Curriculum Implementation Session

In this session we explored the school's approach to workbooks. We reviewed the reasons why we have decided to use our own, in house resources made by teachers rather than exercise books and textbooks. The reasons that stood out in this discussion were that the workbooks did allow us to carry on with teaching and learning during lockdowns and periods of self-isolation, but now that we have hopefully seen the last of those, that workbooks also help to effective lessons across lots of subjects.

We then explored the benefits of workbooks. Older students reported that workbooks were particularly useful when it came to revising for assessments and meant that more time was spent learning in lessons rather than just copying off the board or trying to organise worksheets. The group then discussed and fed back about the limitations of workbooks and gave ideas on how they could be improved. The group agreed that it would be really useful if students could have plastic wallets to keep workbooks safe in their bags, particularly during the winter.



The group were also very clear that the workbooks needed to have enough space in which to write answers and extra notes, have clear knowledge organisers at the start, containing what students need to know, and to be spaced out as much as possible. Mr Sambrook explained why the workbooks are stapled in the way that they and was given lots of ideas on how we can make workbooks even better.

Mr Sambrook

"I liked the workshop sessions as it was useful to get feedback."

"I really enjoyed knowing what goes on behind the scenes that teachers plan. It really helped me understand more about what is going."

Wellbeing and Mental Health at CHSG

The intentions of our mental wellbeing programme are to destignatise, raise awareness and promote positive lifestyle choices for mental and emotional wellbeing amongst our students. To identify our wellbeing barometer, it was imperative that we listened to student voice and the Student Leadership conference provided me with the perfect opportunity to do just that.

I explained why student mental health and wellbeing were hugely important to us here at CHSG and what we would like to achieve as a school to ensure we create a positive environment where students are happy, healthy and can grow.

The student leaders were presented with ideas we would like to take forward and were tasked with giving me their honest opinions and to make suggestions for improvements. We would like to develop a Mental Wellbeing award and the student leaders were able to offer a wealth of interesting ideas and insights that we must consider. The benefit of having student contributions is that we can then ensure that the programmes and initiatives we move forward with are appropriate and tailored to the exact needs of our students.

I cannot thank the student leaders enough for their valuable contributions and I look forward to going back to them with our eventual plan for final approval. Thank you!

Mrs Durrett





Student Council

A number of the Council's recommendations have been adopted, such as improving the school's rewards system and the restructure of the House System, with a focus on an inspiring female role model each term and to rename the Houses. The Student Council also influences some staff appointments as student council members are often involved in the interview process.







Year 11 Leadership

A year to make a difference





This year we are trying to work our way towards being sustainable. Working with the motto 'A year to make a difference'. We are exploring the ways in which we can make our school more sustainable whilst also creating a more inviting physical environment.

Our school is somewhere we spend a significant proportion of our time. We firmly believe that the creation of vibrant, stimulating, nurturing and sustainable environment can only serve to enhance our productivity and wellbeing, whilst also helping to address the challenges we face as members of both the school and wider community.

Julia and Deon- Year 11 Head Girls





Student Ideas - The Next Steps!





Utilizing the space on the plaza

- Raised planters to avoid trampling on plants
- More trees
- Urban drainage flower beds
- Increase biodiversity
- Adding greenery, life and vibrancy

Water fountains

- Avoid buying water bottles/cartons from the canteen
- Saves money and has environmental benefits

Mural for the side of S Block

- Opportunity for house competitions
- Uses bottle caps or other sustainable materials
- Develops the aesthetics of the school
- Using recycled material
- Repurposing waste for an art piece

Prefect Jobs

- Group of prefects in each year group
- Prefect jobs include monitoring computers, lights, etc.
- Also could have a role in looking after flower beds
- With badges for motivation

Separate Bins

- Having recycling stations for food waste, plastics and cardboard in the canteen
- Using the food waste as composting material to feed plants

Indoor Plants

- Indoor plants like spider plants which are easy to grow
- Helps purify air and lower CO2 levels
- Increased aesthetics and increase environment in classrooms.

Increase lighting

- Keeping blinds open in classrooms
- Switching off lights if unnecessary
- Creating calmer environment and saves energy

Heating and Energy

- Allowing people to wear coats in lessons outside of winter
- Reduces spending of energy for heating
- House competition

With feedback we have found that students of all age groups would like to be involved in the initiative for making CHSG sustainable and we had ideas surrounding:

Flower beds

- Having the flower bed be a competition between houses
- Each house has a flower bed and it is the job of the prefect to maintain it, keep it tidy and well watered
- Each house flower bed would be reviewed at the end of the term and the best flower bed would win

Mural

- A house competition for the winning design of the mural
- A house competition for the house who collects the most amount of sustainable resources which would then be used in the making of the mural

Global Citizen Leaders

The Global Citizen Leaders (GCLs) have a range of ideas that they are working towards and will be implementing over the coming year.

Local projects to reduce our greenhouse gas emissions and be more sustainable. Period Poverty is another priority for our students who want easier access to sanitary products around school.

Other ideas for the coming year include our own CHSG Earthshot Prize competition, a CHSG topical debate, an event around sustainable fashion and a repurposing enterprise idea, before turning their focus on the wider community and more global issues.

Our Global Citizen Leaders will be asking our whole school community (students and staff) to be involved as we are all global citizens. Please let us know if you would like to join the Global Citizen Leaders in a leadership capacity and be more involved in these and many other ideas.





Leadership Skills- CHSG Careers

- Leadership skills are endless and extremely varied they include communication, confidence and critical thinking - something you will always be able to use in the future.
- No matter what sector you choose as your career path leadership skills can be used on a day to day basis and can be built upon for your entire career.
- By working on these transferable skills, or as we call them 'skills that switch', throughout your time here at CHSG you are already on the path to become someone with excellent leadership skills.
- All careers, even those that are not of a managerial level, have an element of leadership, for example time management - nobody wants an employee who can't manage their own workload or arrive on time every day!

If you would like to find out more about leadership skills or anything else that is careers related please come to see me in the Careers Centre (A30).

Mrs Phelps-Gardiner - Careers Co-ordinator

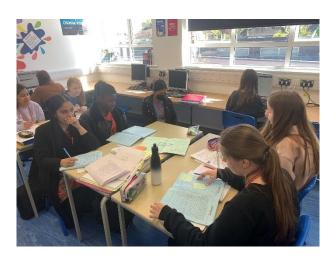
Leadership in Health and Social Care

Our Year 13 students, Megan M & Tia H are providing Leadership and Mentoring in Health and Social Care for Year 12 students. They are supporting Year 12 learners, with Unit 2 exam preparation and revision until the Unit 2 exam takes place. They have offered to attend Year 12 lessons on:

Week 1 - Tuesday Period 1

Week 2 - Tuesday Period 4

Keep up the great work!



Year 10 Leadership Ambassadors

The Year 10 students below have proven to be great leaders now and of the not-so-distant future!

Heather and Namya have been the Global Citizens reps for Year 10 this year. During their time, they have had several goals set for the school e.g. reducing food waste, recycling and sustainable fashion. Their overall target areas have been: zero waste to landfill and reducing greenhouse gas emissions. One of their most recent ventures has been planting wildflower seeds by the back exit/entrance to the school.

Iman and Tammy have been very active student voice/form representatives for 10Y1. I have watched them take charge of form discussions on topics such as student wellbeing to then feedback to the Year 10 Student Council, who represent the year group at Council Meetings. Tammy has made a number of contributions to the fortnightly Year 10 newsletter as well.

Rotary Youth Leadership Awards

A big well done to Soha, Tina and Caterina who received their certificates during Leadership Week for their great work over the Summer when they attended the RYLA residential week.

Keep up the great work!



