Carshalton High School for Girls
Excellence: everywhere, every day.

CHSG LEADERSHIP WEEK
2022

Whole school house competition

- Please complete a task daily

- Task 4 can be completed using your UniFrog account and will give you extra achievement points for your house.

- Your completed tasks will need to be handed in to the Careers Centre (A30) Use the colour coded trays as you go through the door on the table.

- Remember the more tasks you complete the more chance your house will be the winning team!

Leadership: What makes a great leader?

Description

When we think of leadership, our minds go straight to leading politicians, renowned scientists, or global activists. It can be easy to think it's out of reach.

Leadership is not just about changing the world though! This worksheet will help you identify the acts of leadership you do in everyday life and the skills needed to do this well. You'll learn why it's important to record your skills, and how to use Unifrog to do that.

For this session, you'll need to use the following Unifrog tools:

- Competencies
- Locker

Why do this?

Your strongest tools in your future studies and career are your **competencies**. Leadership is one of those competencies, transferable across many aspects of life and work.

These exercises will help you identify your leadership experiences and skills. You will learn how to talk about them in a way that shows off all your fantastic achievements!

Task 1 - What is leadership? (15 mins)

Run a Google search for 'leadership'. Write down or type up a quick definition **in your own words** in the box below:

Leadership:	

Leadership is the action of leading a group of people. This group of people could be as big as a country or a global organisation. Or the group could be your siblings or a school theatre group.

In day-to-day life, leadership can look like **setting a direction** for people. It might involve guiding others, influencing activities, or deciding on ideas.

You are practising leadership more often than you think!

Why do you think good leadership is important? Write your answer in the box below.

Who are the leaders in your day-to-day life? Take a few minutes to list these people in the box below.

Hint: It can be helpful to think about the different activities you do throughout the week. Who influences, organises, or teaches these activities?

These people are likely to have **different styles** of leading. For example, an older sibling will have a different leadership role to a parent.

Good leaders will often be able to recognise what kind of leadership is needed and will be able to **adapt their style** to best motivate their group.Of the leaders you have listed above, is there a particular person who inspires or influences you? Draw a circle around this name.
In what ways does this person lead? Why does this particularly inspire and motivate you?

Looking at the ways leaders around you lead can help you reflect on your own leadership skills and strengths**.**

Task 2 – Leadership competencies (5 mins)

Competencies (sometimes called soft skills) are non-technical and inter-personal skills. They help you build relationships with others and can be **transferred** to different areas of work and life.

These skills that tend to come more naturally to some people than others. They are harder to be taught and measure. For example: being a good listener, being reliable, being adaptable, being a good friend, etc.

Leadership involves using a lot of different competencies. This is because it's a role that can combine managing relationships, organisation, setting goals – sometimes all at once!

Write down or type **three** competencies that you have in the box below. *Hint: if you need some more examples, log into Unifrog and have a look at our 12 competencies in the Competencies tool.*

For each skill you've listed, make a note next to it of how this would help someone in a leadership role. For example, having good listening skills would help a leader understand members of a team and their different perspectives.

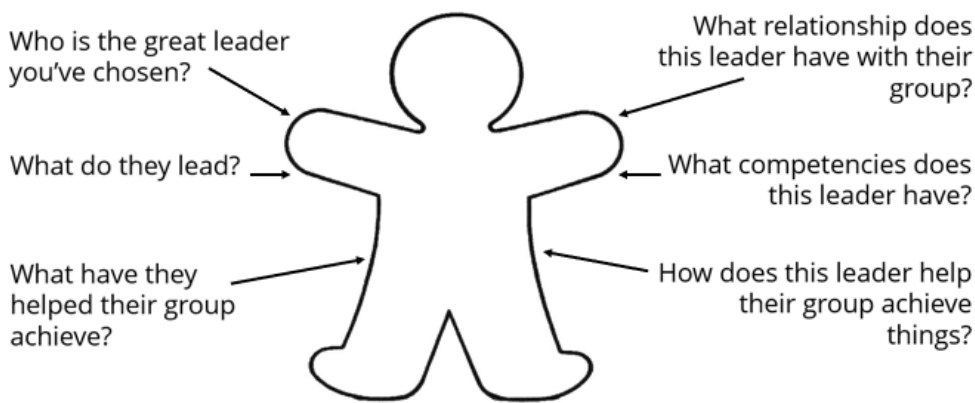| 1.	
2.	
3.	

Task 3 – What makes a great leader? (15 mins)

There are lots of leaders – ones we encounter in day-to-day life, and ones that appear in the news and media around the world.

Choose a leader who you think is great. Who do you find most impressive?

Create a poster to describe this leader and what makes them great!

Use the questions below for inspiration. You may want research more about their achievements using Google.

Get creative with your design on paper or on your computer! You could use colours or pictures to make the great things stand out.

Who is the great leader you've chosen?

What do they lead?

What have they helped their group achieve?

What relationship does this leader have with their group?

What competencies does this leader have?

How does this leader help their group achieve things?

Make sure to circle or underline the competencies and skills this great leader has.

The individual competencies and actions this great leader takes mean that **leadership can be practised** in small steps, and in day-to-day life.

Well done for completing your poster! Take a picture or click save, and upload it to your Unifrog Locker (Locker>Upload new item>Open file picker)

Any time you are influencing people, activities, and the ideas around you, you are being a leader. It is not something that needs to be world-changing or award-winning!
When have you been a leader? In the box below brainstorm as many examples that you can think of.

Your experiences might range from leading a school maths team or having a role in a theatre group production; to looking after siblings each week and leading on cooking dinner when parents are away.

Task 4 - Bringing it back to you (10 mins)

You've now thought about what leadership is and when you have been a leader. Log on to Unifrog and **add two examples** of when you have been a leader.

You should be really descriptive when you write your examples. This will help you remember the small, important details of your experience that will help your future applications and interviews stand out!
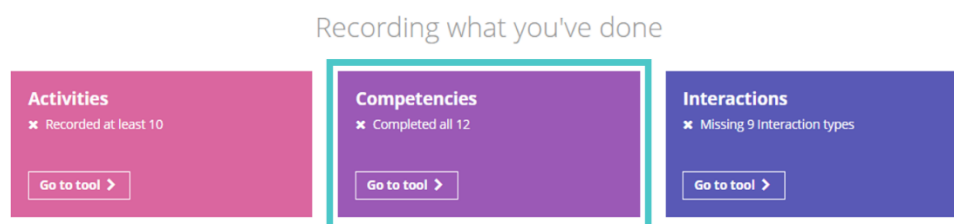
Use the CAR method to help you:

Context – *what was the situation or task?*

Action - *what did you do?*

Result - *what was the outcome?*

Adding competencies on Unifrog is super straightforward! Log in and find the Competencies tool under 'Recording what you've done'.

Click 'Go', choose your competency and situation, and add your description!

Remember to record more competencies when you do cool things in future! This record will help you remember the all-important details for applications and CVs in future

Want to find out more? Check out the guide *Competencies: what are they and why do they matter?* You can get there by logging into Unifrog and clicking Know-how library>Search 'competencies'>Competencies: What are they and why do they matter?