**Independent Summer Exploration of Psychology**

Objective: The objective of this independent task is to provide you with an opportunity to explore psychology during the summer break, fostering self-directed learning, curiosity, and a deeper understanding of human behaviour and the mind.

**Instructions:**

**Topic Selection and Research (60 minutes)**

a. Select a specific topic of interest within psychology. Examples include cognitive psychology, social psychology, developmental psychology, or abnormal psychology.

b. Utilise library resources, academic databases, reputable websites, and online psychology courses to gather information on the chosen topic.

c. Take thorough notes, summarizing key concepts, theories, and findings.

**Creation of a Report (120 minutes)**

a. Create a comprehensive report based on the chosen topic and research findings.

b. Include an introduction, main points, supporting evidence, and a conclusion in the project structure.

c. Utilise visuals, such as diagrams, charts, or relevant images, to enhance the project.

d. Length: Two sides.

**Peer Sharing and Feedback (September)**

a. Present your findings on the overall learning experience.

b. Consider the knowledge gained, insights acquired, and any further questions or areas of interest within psychology.

Note: Throughout the task, it is important to stay organised, manage time effectively, and maintain a consistent work schedule.

**Key Information:**

**Specification:**

EDUQAS

Code: A290U20-1

**Useful Links:**

BPS Digest: [Research Digest | BPS](https://www.bps.org.uk/collections/research-digest)

Psychology Today: [Essential Reads | Psychology Today United Kingdom](https://www.psychologytoday.com/gb/essentials)

**Session notes:**