



Carshalton High School for Girls

CHSG

Community | Harmony | Success | Growth



Who do you want to be?

Looking ahead to the future

What do you want to be when you grow up?



- Have you ever been asked that question before? What was your answer?
- For some, the answer comes easily. For others, it takes a lifetime to figure out.
- Although there are literally billions of people in the world working in all sorts of jobs, you might only know about the jobs held by people you come into contact with in your daily life.
- For that reason it is important to research what jobs are out there and consider what you skills you have to offer, in order to find a job that is best suited to you.

Careers



- Since you will likely have to work a full-time job to support yourself and perhaps your family in the future, it's important to choose a career path that provides both necessary income and job satisfaction
- Be sure to investigate all kinds of careers. The perfect job for you might be something that you've never heard of...yet!
- The future is unwritten and the possibilities are endless. Tomorrow's happiness and success will depend in part on the planning and work you do today with tomorrow in mind.

Time to plan



- As you think about careers, it is important to explore what skills and education you will need to be successful in the careers that interest you.
- For example, if you are interested in careers that require a university degree, you will need to investigate what A Levels are best suited to the degree and what grades you need.
- Some careers don't require you to go to university, but specialised training may be necessary, at a college, for example.
- Knowing what type of education or training you need for various careers will help you plan today to get where you want to be tomorrow!

Getting ideas...



Have a think about what your answers would be to the following questions:

- What are the things I'm most passionate about?
- What are my greatest accomplishments in life so far?
- What are my strengths?
- What do I not like to do?

These are all important questions to ask yourself to help you focus on the right career for you.

Soft skills



Soft skills are the interpersonal attributes which employers look for when employing people for the work place. These are skills related to how you work with and relate to others—in other words, people skills.

- **Communication skills** – including being a good listener
- **Critical Thinking** - No matter what the job, you need to be able to understand problems, think critically, and devise solutions.
- **Leadership** - most employers will want to know that you have the ability to make decisions and can manage situations and people.

Soft skills continued



- **Positive Attitude** - being friendly to others, eager to work, and generally a pleasure to be around.
- **Teamwork** - working well with others.
- **Work Ethic** - i.e. coming to work on time, completing tasks in a timely manner, staying focused, and staying organised.


Which of these soft skills are you good at?

What ones do you need to work on?

How to find out information:

1. Start talking with parents, relatives and friends about types of jobs that exist and what might interested you.
2. Have a look online for ideas:
 - <https://www.careerpilot.org.uk/>
 - <https://icould.com/explore/>
 - <https://nationalcareers.service.gov.uk/explore-careers>
 - <https://www.ucas.com/>
 - <https://www.apprenticeships.gov.uk/#>





Who do you want to be?...

Mrs Durrett discusses this further in this weeks assembly.

Watch it using the link below:

the
difference
between
who you
are and
who you
want to
be is what
you do.

Who do you want to be?

Research a job role or area you have always been interested in. Can you find out what qualifications you need and how to get some work experience?

Challenge yourself to complete a certain exercise activity this week e.g. increase your daily walking time or try a new type of exercise using a YouTube video. Successful people are resilient and not afraid to set challenges for themselves.

Ask someone you know how they got into their career. Do they have any tips or dos and don'ts for you?

Create a 'career inspiration' board using a mix of pictures and words. Consider the names of jobs or job areas that interest you as well as words that describe how you would like your job/career to make you feel.

Wellbeing tips go here...

M: Go out on a walk around your neighbourhood. Try and notice as many natural things as you can e.g. Flowers, birds, trees.
T: Try and avoid junk food and fizzy drinks for 1 day today.
W: Try and drink 2 litres of water today.
T: Take some silly pictures of yourself and send them to a close friend/family member to make them smile.
F: Write a list of 5 things you are grateful for in your life at the moment.

Take this careers quiz and see what your results are!
<https://www.pearson.com/uk/career-choices/PearsonUKQuizzes/General/index.html>