

Welcome to our final newsletter of the Spring Term! We've had a busy two weeks at school with students completing a PSHEE day and an Autism Awareness session, as well as normal timetabled lessons.

Our PSHEE day was a great success, with very positive feedback from the students. The day was a carefully planned programme of learning opportunities and experiences to help the girls grow and develop as individuals, and within their wider community. We explored children's rights including their rights to education, and healthcare and how climate change affects education worldwide. We look forward to delivering another PHSEE day during the Summer Term.

Our Autism Awareness session was a great opportunity for us to teach our girls what autism is, how it affects young people and how we might make CHSG a more inclusive environment for those students with Autism.

Over the course of this term we have had 59 school days, 291 lessons, 8 weeks online learning, 4 weeks onsite and 10,000 booklets distributed across the school. The girls have worked really hard and should now enjoy a well earned rest! On behalf of the whole Year 7 Team, may I wish all of our students and their families a lovely Easter break.

-Miss Stanley and Team7



Most Golden Tickets...

w/b 15th March

Naomi B	7RD1	7GT
Aisha C	7RW2	3GT
Nicole K	7HL2	3GT
Niamh M	7RD1	3GT
Ralitsa P	7PK1	3GT
Abigail P	7RD1	3GT
Emily W	7HL2	3GT
Chloe W	7RD1	3GT

w/b 22nd March

Naomi B	7RD1	3GT
Niamh M	7RD1	3GT
Lily A	7RD1	3GT
Pranisha J	7RD3	3GT
Roqayah J	7RD3	3GT
Kayleigh-Ann	7RD3	3GT



Tutor Reads – 7RD2

7RD2 are reading 'Heroes, Gods and Monsters of the Greek Myths' by Bernard Evslin. This is a book about Greek gods and goddesses like Zeus and Athena. I'm really enjoying these stories; they are fascinating, and it is amazing to discuss how the original audiences thought in a different way than us in 2021. I'm looking forward to finding out about why they had the gods create their rules and if humans had any other choices.

By Vaishnavi P, 7RD2



This Week in History...

On March 31, 1889, the Eiffel Tower was dedicated in Paris in a ceremony presided over by Gustave Eiffel, the tower's designer, and attended by French Prime Minister Pierre Tirard, a handful of other dignitaries, and 200 construction workers. Eiffel's tower was greeted with scepticism from critics who argued that it would be structurally unsound, and indignation from others who thought it would be an eyesore in the heart of Paris. Unperturbed, Eiffel completed his great tower under budget in just two years. Only one worker lost his life during construction, which at the time was a remarkably low casualty number for a project of that magnitude. The light, airy structure was by all accounts a technological wonder and within a few decades came to be regarded as an architectural masterpiece.

PSHEE Day – Student Feedback

I really enjoyed all of the tasks and lessons, but one session really stood to me and it was a certain part all about Malala Yousafzai. She is so inspiring and she even survived a shooting to the head and still managed to keep fighting for her beliefs and for other women! I feel that the day was so amazing and there were lots of touching videos that really got you thinking about what you could do to help the people who are less fortunate! I think in the next PSHEE day we could learn about some things that are happening in the world at the moment and how we can help or at least learn about what the issues are, especially things that children can stop or contribute to stopping. Overall I have heard lots of positive comments on our PSHEE day especially in my Student Council meetings, and I think they are having a very positive impact on our school.

Annabella, Y7 Student

I really enjoyed PSHEE day because I learnt lots of new things and after my lessons, I wanted to learn more! The most interesting subject for me was Malala Yousafzai because she used her power to make change.

Harriet, Y7 Student

I enjoyed our PSHEE day because we got to learn many new things. I previously did not know that children had individual rights- I thought they were just included in the Universal Declaration of Human Rights. I found the lesson about the NHS and healthcare system interesting. We watched a video of a young boy and he could no longer walk. He had caught an infection and his family did not have enough money for treatment. It saddened me and helped me understand just how lucky we are.

Kayleigh-Ann, Y7 Student

I really enjoyed the PSHEE day. It was different and interesting because we were discussing something different from our normal subjects. I think this is important because it prepares us for day to day life. My favourite lesson was the one about climate change. For the next PSHEE day I would like to continue learning about climate change.

Jazbah, Y7 Student



Golden Tickets Prize Draw!

All Golden Ticket winners had their names entered into the proverbial hat (as many times as they had tickets). The lucky winner drawn was Niamh M (7RD1) who wins a WH Smith gift voucher. Well done Niamh!

Golden Ticket Podium Term Autumn 2

Well done to all our Golden Ticket winners. Naomi B (7RD1) tops the podium this half term with a massive 13 Golden Tickets! Well done Naomi!

Beyond the Gates

The following information is passed to us by external agencies, and we pass it onto you should it be relevant, either now or in the future, for your family.

**FREE, SAFE AND
ANONYMOUS
SUPPORT FOR YOUR
MENTAL WELLBEING.**

kooth

Sign up for free at **Kooth.com**

Supporting Parents Helpfinder

This site asks parents questions about their child's wellbeing and guides them to suitable help tips and support <https://youngminds.org.uk/supporting-parents-helpfinder/>

Child/Adolescent Wellbeing Service

We highlighted a video by the **Child/Adolescent Wellbeing Service** under the umbrella of Sutton CAMHS entitled 'Parenting Teens in Times of Uncertainty' in the last newsletter.

They have made several more videos available which we hope might support you in these days and weeks.

Supporting your teenager with lockdown and the return to school:

<https://www.youtube.com/watch?v=4xA4WWGpAcY&t=21s>

This is a video for parents, carers, or those working with adolescents, offering guidance around how to support teenagers during lockdown and help them cope with Covid-19. We also look at how to support them with the transition back into school.

Parenting teens in times of uncertainty:

<https://www.youtube.com/watch?v=HcW-3Dnh9sl>

This video is for parents and carers of teenagers recorded from a live workshop. It will look at the following the topics: supporting your teenager with sleep, how to enable teens to hear what we're saying, recognising anxiety and low mood in teens & how to respond to heightened teen emotions.

Supporting your teenager with anxiety:

<https://www.youtube.com/watch?v=X5ZTggCEG98&t=286s>

This video is aimed at the parents or carers of teenagers and provides some ideas as to how you can support them if they are experiencing worry or anxiety.