

Dear Parents/Carers,

Firstly, we would like to say "Eid Mubarak" to our students and their families who are celebrating this week. We would also like to thank you all for your engagement and feedback with our first Year 7 Parents' Evening of 2021. We hope that you found it useful and were glad to finally 'meet' our teachers. It is always nice to put a face to a name! We have been busy with our Tutor Reads programme and below are some photographs of our Tutor Reads in action, for you to see how we do things here at CHSG. The students are always very engaged and really enjoy hearing their tutors read to them in the mornings. Finally, should you need to purchase any new uniform for your child, please see the correspondence from Trutex on the next page with some current offers/deals they have available.

Have a lovely weekend,

**-Miss Stanley and Team7**



**Most Golden Tickets...**

w/b 26<sup>th</sup> April

We had 14 students with two Golden Tickets this week: Nomana, Kaitlyn, Lexi, Jasmine, Ava, Shaista, Imogen, Lilia, Grace, Darcee, Siyona, Jazbah, Daisy & Chloe

Well done!



w/b 3<sup>rd</sup> May

We had 6 students with two Golden Tickets this week: Zoe, Maisie, Sofia, Suveatha, Katie and Emily.

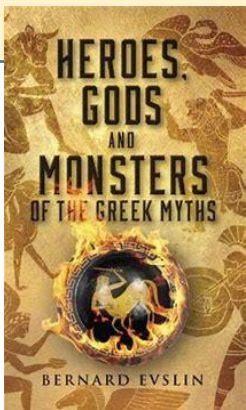
Well done!



## Tutor Reads – 7RD2

I absolutely love the book *Heroes, Gods and Monsters of the Greek Myths*, because it has a lot of short stories all in one book, explaining about different Gods and Heroes. Each story also ends with a summary of how this story links with the world as it is today. I like all the stories and how they are all connected to each other.

**By Iris S-A, 7RD2**





## This Week in History...

**May 15<sup>th</sup>, 1937:** Madeleine Albright, America's first female secretary of state, was born Marie Jana Korbelova in Prague, Czechoslovakia (now the Czech Republic). The daughter of Czech diplomat Josef Korbel, Albright fled to England with her family after the Nazis occupied Czechoslovakia in 1939. Though Albright long believed they had fled for political reasons, she learned as an adult that her family was Jewish and that three of her grandparents had died in Nazi concentration camps. The family returned home after World War II ended but immigrated to the United States in 1948 after a Soviet-sponsored Communist coup seized power in Prague. Josef Korbel became dean of the school of international relations at the University of Denver (where he would later train another female secretary of state, Condoleezza Rice)

### A message from our uniform suppliers, Trutex

Dear parent/carer,

We are your school uniform stockist and look forward to seeing you over the next few months to help you purchase your daughters' uniform.

OUR STORE IS NOW OPEN FOR PURCHASES, NO APPOINTMENT NECESSARY

#### OPENING TIMES

MONDAY-TUESDAY-FRIDAY-SATURDAY 9.30-5.30 CLOSED 1.30-2pm

FROM TUESDAY 1<sup>st</sup> JUNE WE WILL BE OPEN MONDAY - SATURDAY

#### WHEN VISITING OUR STORE

FACE MASKS TO BE WORN BY ALL VISITORS AND SOCIAL DISTANCING WILL STILL BE ADHERED TO. HAND SANITIZERS AVAILABLE INSTORE

ONLY ONE ADULT ONE CHILD WILL BE ADMITTED PER VISIT

NO APPOINTMENT NECESSARY TILL THE 16th of JULY

FROM THE 17TH JULY WE WILL BE REVERTING BACK TO APPOINTMENTS ONLY

BOOKINGS CAN BE MADE VIA OUR WEBSITE [casualschoolwear.co.uk](http://casualschoolwear.co.uk) BOOKINGS WILL BE LIVE FROM 24TH JUNE A

HOLDING FEE OF \*£5 WILL BE REQUIRED THIS WILL BE DEDUCTED OFF YOUR UNIFORM PURCHASE

*\*NON-REFUNDABLE IF YOU FAIL TO CANCEL/NOT ATTEND YOUR APPOINTMENT*

#### ONLINE ORDERS One new option we are introducing is:

EARLY BIRD DISCOUNT FROM 1ST MAY – 30TH JUNE FREE DELIVERY TO YOUR HOME (normal price £10) ORDERS OVER £100 WILL RECEIVE A \*£20 VOUCHER

*\*TO SPEND INSTORE FROM 1ST OCTOBER - 28TH FEBRUARY (SPEND OVER £50)*

OTHER OPTIONS TO PURCHASE YOUR UNIFORM,

MAIL ORDER (£10 SET POSTAGE)

CLICK AND COLLECT

FREE SCHOOL DELIVERY ON A MONDAY (SPEND OVER £25 TERM TIME)

#### CHECK OUT OUR PACKAGE DEAL

BUY ITEMS 1-12 AND THE BLOUSES ARE FREE

1. NAVY EMBROIDERED BLAZER £35-£45

2. JUMPER V-NECK NAVY LOGO £24-£32

3. BLOUSE BLUE CHECK TWIN PACK FREE IN PACKAGE DEAL £35-£40

4. HOUSE COLOUR PINS X3 £6

\*5. BOX PLEAT SKIRT/ OR TROUSERS NAVY £15-28

\*6. TIGHTS BLACK/OR SHORT SOCKS BLACK £8

7. COMPULSORY EMBROIDERED SCHOOL BAG £25

#### DANCE/PE KIT

8. AKOA POLO TOP NAVY/ CYCLONE BLUE WITH HOUSE COLOUR LOGO £18-£24

9. AKOA SHORTS NAVY/CYCLONE BLUE £16-£19

10. NAVY-CYCLONE HOODED TOP WITH LOGO £26-£30

11. NAVY TROUSERS WITH LOGO OPTIONAL £25

\*12. NAVY LONG SOCKS £6.50

\* THESE ITEMS AVAILABLE IN OTHER OUTLETS

## Beyond the Gates

The following information is passed to us by external agencies, and we pass it onto you should it be relevant, either now or in the future, for your family.

**FREE, SAFE AND  
ANONYMOUS  
SUPPORT FOR YOUR  
MENTAL WELLBEING.**

**kooth**

Sign up for free at **Kooth.com**

## Supporting Parents Helpfinder

This site asks parents questions about their child's wellbeing and guides them to suitable help tips and support.

<https://youngminds.org.uk/supporting-parents-helpfinder/>

## Child/Adolescent Wellbeing Service

We highlighted a video by the **Child/Adolescent Wellbeing Service** under the umbrella of Sutton CAMHS entitled 'Parenting Teens in Times of Uncertainty' in the last newsletter.

**They have made several more videos available which we hope might support you in these days and weeks.**

### Supporting your teenager with lockdown and the return to school:

<https://www.youtube.com/watch?v=4xA4WWGpAcY&t=21s>

This is a video for parents, carers, or those working with adolescents, offering guidance around how to support teenagers during lockdown and help them cope with Covid-19. We also look at how to support them with the transition back into school.

### Parenting teens in times of uncertainty:

<https://www.youtube.com/watch?v=HcW-3Dnh9sI>

This video is for parents and carers of teenagers recorded from a live workshop. It will look at the following the topics: supporting your teenager with sleep, how to enable teens to hear what we're saying, recognising anxiety and low mood in teens & how to respond to heightened teen emotions.

### Supporting your teenager with anxiety:

<https://www.youtube.com/watch?v=X5ZTggCEG98&t=286s>

This video is aimed at the parents or carers of teenagers and provides some ideas as to how you can support them if they are experiencing worry or anxiety.