

CARSHALTON HIGH SCHOOL FOR GIRLS

# CHSG Leadership



Excellence: everywhere, every day

May 2023



Welcome to our April Student Leadership Newsletter!

At CHSG we have created our leadership opportunities and curriculum to harness collective leadership responsibility. We create opportunities in which all students are presented

with a range of challenges and have to work together and develop their leadership skills to collectively solve the problems and be successful.

Our students study 5 sequenced and coherent curriculums from Year 7 - 13. The 5 curriculums are:

1. Subject Curriculum
2. Careers Curriculum
3. Leadership Curriculum
4. Literacy Curriculum
5. Personal Development Curriculum.

The intended impact of our leadership curriculum is that students from Year 7-13 are engaged in exciting and challenging leadership opportunities. Through doing this, we improve student voice, students learn more effectively and classroom relationships are strengthened through the skills acquired as part of the leadership curriculum.

Student Voice is a key mechanism for us to monitor and evaluate the impact of the leadership opportunities and programme. A well-structured

leadership curriculum gives clearer structure to our student voice at CHSG. Each year group has its own Student Voice which is overseen by the Head of Year.

We would be delighted if there is something that you would like to share with us about your daughter's leadership successes outside of school, and we would be more than happy for this to be shared in our next CHSG Leadership Newsletter. Please contact either your daughter's Head of year or Mrs Zghari our Communications Manager on [Izghari@carshaltongirls.org.uk](mailto:Izghari@carshaltongirls.org.uk) if this is the case.

**Mrs Norman**  
Assistant Headteacher





# Student Leadership Week April 2023

## Timetable of events during Student Leadership week

Date	Event
Monday 24th April	Year 9 Careers Event
	The NatWest Challenge
	Speakers for schools: 10-10.45am Leading Women – Careers Centre
Tuesday 25th April	Student Leadership Conference
Wednesday 26th April	Year 7 Team Building Event
	Music Scholars Concert - Lesson 3
Friday 28th April	Thorpe Park Challenge - Year 8
Wednesday 3rd May	Dragons Den Final

## Leadership House Competition- All Years

### Unifrog Leadership Competitions.

\*\*\*Students to collect the booklets from Careers to enter- Good luck!\*\*\*

## Careers Day

### Year 9

As part of Leadership week, on Monday 24th April, Year 9 took part in their Careers Day. The day was based around an enterprise challenge supported by NatWest’s Dream Bigger Programme. Students created a pitch and established a brand-new business that would be the Next Big Thing amongst teenage consumers.



# Student Leadership Week April 2023

It was great to see the students engaging in the activities of the day. Teambuilding and management skills evolved throughout the many tasks, followed by some remarkable presentations delivered to the rest of the year group - well done Year 9!



## Year 8

It was a busy week for the Careers Department, as on Friday 28th April, Year 8 also had their Careers day. We were fortunate enough to have the Inspirational Learning Group deliver a whole day enterprise challenge, Sponsored by Airbus, the largest aeronautics and space company in Europe. Students were challenged to look into the future of aviation technology. There were some amazing ideas including a ladies only spa aircraft which we all liked the sound of and a child friendly airbus that included a soft play area with adult free zones!

It was fantastic to see Year 8 engaging in the activities of the day and seeing the concepts grow and evolve before being presented to the rest of the year group. The Judges were particularly impressed with the level of work that had gone into the presentations. Well done Year 8!





# Student Leadership Conference

## 25th April 2023

### Focus: KS3 Leadership Opportunities and Healthy Living

Lesson	Focus	Staff
	Welcome Mental health and Wellbeing	Mrs Norman Mrs Durrett
Lesson 2	Student council meeting	Mrs Norman
Lesson 3	Leadership Skills at CHSG	Mr Devenney
Lunch		
Lesson 4	SSAT Student Leadership Accreditation	Mrs Norman
Lesson 5	Presentations and newsletter SSAT Student Leadership Accreditation	Mrs Norman

#### Session 1 - Mental health and Wellbeing

In going for the Gold Pupil Wellbeing Award I wanted to evaluate the work we have done so far as a school on our mental health and wellbeing strategy. I worked with the Student Leadership team to gain their feedback on the improvements we have made since our last meeting and to draw upon their excellent ideas and suggestions for making further improvements. So good were their ideas and honesty that I also asked for feedback on Tutor Reads and our revision programme. I thank the student leadership team so much for their time and valuable input in helping to drive forward improvement at CHSG.



Mrs Durrett led the Mental health and Wellbeing session.



# Student Leadership Conference 25th April 2023

## The wellbeing and prayer rooms

The wellbeing room will return in a different room. S17 will remain as the prayer room and will be open and available to everybody.

When the wellbeing room re-opens, it will be open at break and lunch times. Student council leaders for year 7, Esmā U and Lilly H, have given feedback for what they think it should look like. If you have any suggestions for either of these rooms, please let your student council leaders know or contact Mrs Durrett directly.

## Session 2 - Student Council meeting

### Meeting log:

- In period one, we went over wellbeing in our school, completing surveys about how we can improve the mental wellbeing of students here at CHSG. We also did some work on tutor reads, and how to improve it and make it more enjoyable for the whole student body.
- In period two, we spoke to Aspens about food quality and pricing. We went over our issues and they listened and took note. We then went over a few questions regarding the new student newsletter.
- In period three, we had a talk from Mr Devenney regarding leadership and why it is so important. We covered what it means to be a leader and what a leader should do.
- In period four and five, we went over the new student leadership accreditation scheme, which we will be able to apply to our CVs when the time comes.





# Feedback to our Student leaders from Aspens

## You said ...

Jacket potatoes go dry when potted up and left under the light.

Why do the catering team not wear gloves when serving food?

Would like to see more options of snacks as always seems to be the same.

### Aspens did...



We are now presenting the potatoes whole, and cutting the potatoes as required.

### Aspens did...



The use of gloves can easily be the source of cross contamination. Our teams are trained to always use utensils.

### Aspens did...



We try to provide a variety including students favorites. Please feel free to make suggestions to the catering team.

## You said ...

Prices are too high.

More variety of cold pasta pots in fridges.

Comments have been received that the overall main menu is not popular.

### Aspens did...



It's important to us that we provide a range of choices to suit all budgets, with meal deals providing the best value options.

### Aspens did...



Look out for new flavoured pasta and boxed salads. Please let us know what you think.

### Aspens did...



The current menu started after February half term. Following feedback we have reintroduced some favorites such as lasagna.



# Student Leadership Conference 25th April 2023

## Session 3 - Leadership Skills at CHSG



The focus of my session was Leadership Development and the many things we need to consider and think about as leaders. We started with a discussion on 'What is Leadership' and 'What does it mean to be a great Leader'? Students came up with some absolutely brilliant answers and it was great to see them add practical examples to each of their ideas.

We then moved onto the different types of Leadership and we discovered the key personal attributes and skills that are linked to each one. We discussed how we may have a preferred style of leadership but we have to have some elements of each to deal with different situations.

Finally, we discussed how to bring about effective change. Again, I was completely overwhelmed by the students as they were able to describe the various elements that lead to change and ensure it is successful. I introduced them to a change model and we discussed the model curves, especially how we take people with us.

I have to say it was a fantastic session with the students and the time flew by! It's safe to say that we are in safe hands in the future when they all take up leadership roles in their chosen profession!

Mr Devenney





# SSAT Student Leadership Accreditation



The Student Leadership Accreditation (SLA) is an innovative way of recognising students' leadership skills and the impact that they have in the classroom, across the school, and in the wider community

## What are the benefits of the SLA?

The SLA was developed 'by students, for students', and it is this focus on the individual that makes the award so popular across SSAT schools. As well as the prestige of accreditation, the process that students go through in becoming accredited is of great benefit. This process encourages students to:

- Critically self-reflect on their own skills as leaders,
- Work collaboratively to plan how they will meet the criteria and evidence it,
- Organise and structure their evidence,
- Peer assess others' work against criteria,
- Aspire to take on increasingly challenging leadership responsibilities.

Our first cohort of students will submit their evidence for their accreditation later this term- best of luck to you all!





# Feedback from the day

A huge well done to all the students involved in the conference - it was great to all work together and share our ideas.



*"An engaging experience where I developed my leadership skills"*  
Katie, Year 10

*"An interactive and inspiring day with a purpose on improving leadership skills"*  
Frankie S



*"I now have a wider understanding of leadership"*  
Sophia, Year 8

*"I developed an understanding of responsibilities and values that come m with being a leader"*  
Rumaisa, Year 10



# Student Leadership news

## Networking across the Girls Learning Trust



On Wednesday we attended a student leadership meeting with the Head and Deputy Head students from Nonsuch. We discussed the similarities and differences between the student leadership structures and what roles each school has on offer for sixth form students to help and benefit Key Stages 3&4. It gave us an insight into how each school within our trust provides these opportunities, for example: the Deputy Heads at Nonsuch are each in charge of a specific area such as transition from Year 6 to Year 7.  
*Katie A, Macy WY, Tia L and Jessica E*

## Year 12 Leading the way!

I am delighted to be working with my amazing group to create a short film, with funding from the Mark Evison Foundation. This project has allowed me to develop cooperation skills with others, increase my communication and be able to create a project that has my ideas and allows my creative freedom to take control. I have started to grow more as a person to become more confident and take more of a role as a leader, not just within the group but also outside in my daily life. The experience for me has been entertaining and fulfilling for making the idea of a short film a reality and being able to have complete creative liberty and control for what I can do. I look forward to seeing the whole film and enjoy the process of getting the start of the filming underway.

*Eleanor A 12R1*

## Volunteering



In my spare time I volunteer as a first aider with St John's Ambulance – a charitable organisation dedicated to keeping civilians safe when attending public events, by administering first aid when required. Whilst at SJA, I have undergone CPR training in adults, infants, and neonates, completed a vast range of badges, as well as being presented with my operational first aid badge. This has provided me with the qualification of an official first aider, thus, helping me gain the skills and personal attributes necessary to achieve my future aspiration of becoming an advanced paramedic practitioner.

A typical day on duty can bring a vast range of patients, from a scraped knee and blisters to seizures and cardiac events – all of which bring different challenges to overcome. But looking after the public comes in all different forms. Surprisingly, my favourite patient did not actually require medical attention – on a 5 hour duty at Carshalton Fireworks, me and my team were out on patrol waiting on a call.



# Student Leadership news

As first aiders, we get bored pretty quickly with no patients to treat, so we decided to head back to our base unit. Once we'd returned to base, we all sat down and entertained ourselves. This was very quickly interrupted, as a little boy, no older than 3, ran into our base and hid in the corner, back turned. Many team members were completely oblivious to this and continued with what they were doing. I approached the boy, attempting to calm him down, and after about twenty minutes I managed to get him to sit on the chair with me and tell me his name. As I was calming him down, the team radioed to find his parents. Eventually his mother appeared. By this point, I had worked out that he was frightened of fireworks, so I distracted him with my radio and a toy ambulance. From this experience he had understood that our base was a safe place and the people in funny green coats (that's us cadets) are safe people who he could come to if he needed help. For the following 2 hours of this duty, the little boy sat on my lap, and eventually gained the courage to watch the fireworks in the sky and began pointing out his favourite colours as they appeared in the sky. Despite, not needing my medical expertise, this little boy needed help, and luckily, we were able to comply. Whilst helping him, me and my team learned a variety of different skills, including how to communicate with people who are frightened and use different means to communicate. Some people would find this part of the duty dull, however, St John's has taught me to appreciate that even though a patient's injury or experience may not be the worst I have seen, it may well be the worst thing they have experienced, and I must treat all patients with the same compassion and dignity, despite circumstances. Following this call out, I dealt with an infant seizure patient, two loss of consciousness', and a nasty wound to the leg, and despite this being somewhat 'exciting' from a first aider point of view, the little boys case stuck with me the most. First aiding isn't just about patching patients up and getting them to hospital as fast as you can, it is about the lasting calming effect you can have on a patient and ensuring they are in the best position they can possibly be to get the treatment they need.

St John's has a cadet programme, which is available to young people aged ten to seventeen, where you can learn how to save a life. Follow the link below to get involved [www.sja.org.uk/get-involved/young-people/cadets-ages-10-17/](http://www.sja.org.uk/get-involved/young-people/cadets-ages-10-17/)

Max Q 12R1

## Spotlight on a Sixth Former Leading the Way

Rather than waiting to be told to go out and find work experience, Lexi S in Year 12 has taken the lead and arranged regular volunteer work at Mencap in Wallington. This work with people with severe learning difficulties will not only lead to paid work, the opportunity to gain knowledge and skills to benefit her in her Health and Social Care course, but importantly, she will be playing an active role in the local community. Well done Lexi – we are proud of you!



## Young Enterprise

Totes Regal were entered into Regional Company of the Year. The competition was high with lots of interesting products. It was hard to call it. There were 6 schools entered and Totes Regal won Best Presentation!



# Student Leadership news



They did really well. We are very proud of them. The presenters were, Zuzanna, Luxsha, Teja, Aneeqa, and Victoria. They really put themselves out of their comfort zone. As a group Young Enterprise has taught them so many skills that they can use at university and work. It has been a pleasure working with them.

*Mrs Shelton*



## Jack Petchy Awards Evening April 2023

As one of our Jack Petchy award winners this year Max Q was invited to attend a celebration of winners from Sutton schools. I was delighted to see Max accept his award and represent CHSG. It was a well-deserved award where Max showed great leadership in coordinating and running wellbeing events for the lower years. Max won £200 for the school and chose to spend it on wellbeing resources that would benefit students feeling anxious or socially excluded for various reasons. Well done, Max!

*Mrs Durrett*



# Updates from our Year 11 Head students



## Student Newsletter

As you may have seen and read, we have introduced a Student Newsletter. The newsletters communicate things such as early finishes, updates around the school, events and current affairs. We hope these newsletters become convenient to everyone who feels confused about things around the school or are generally interested about current affairs around the world.

We would love to have your feedback and ideas for the Student Newsletter, please fill in our Student Newsletter Survey here: <https://forms.office.com/e/wJ4VK17KiU>  
*Nuha H, Head Girl*

- Why is leadership important?
  - Especially in a girls school – and a society where stereotypes are a thing, leadership gives girls the opportunity to not only gain confidence but find out what is important to them and discover their values as human beings.
  - Only 10% of CEO's are women and only 5% of all Nobel Prize winners were women!
  - So by focusing heavily as a school on leadership, with the student council and numerous roles/activities to get involved in, girls can be encouraged to take part in them hopefully those numbers can go up.





# Dragons' Den Final

This term as part of our House Competitions and to coincide with Student Leadership Week, we held a Dragons' Den for all years to pitch their ideas to improve sustainability around the school. Students teamed up in their tutor groups to come up with ideas and pitch these to their class. Each class chose their top idea to present to their Head of Year who then picked who would enter the final.

The winning team of the Dragons' Den Final would win £2,500 funding for their sustainability project. The final consisted of 8 teams from across all year groups, all with outstanding ideas showing great thought and effort put into their pitches. After much deliberation a winner



was chosen for the main prize, however the judges felt that all the ideas would benefit the schools sustainability efforts and have allocated funds or resources to the groups to develop their ideas!

“It’s fantastic to see so many students passionate about environmental sustainability. The changes we need to make as a society start with young voices leading the way, so it was a real privilege to be involved in the project – and I’m delighted we can start to make some of them a reality!”

*Dragons' Den Judge*



## 11R1 Trusty Totes

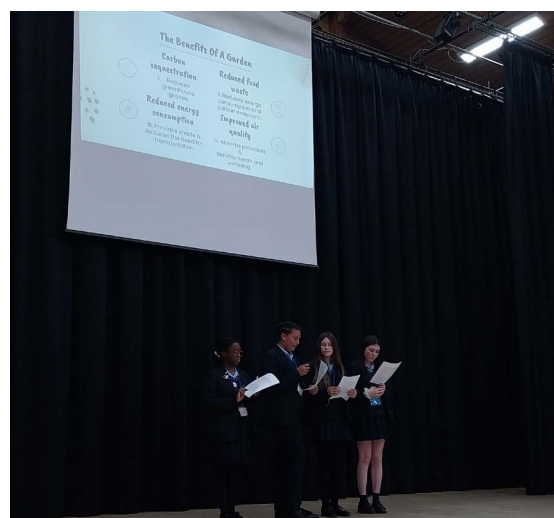
Our idea, Trusty Totes, was about introducing sustainable tote bags instead of our regular PE bags. We conducted a survey to get students thoughts on our idea. An incredible 95% of students agreed that the current PE bags are poor quality with 83% rather wanting to have a tote bag.... Me and Nuha were very grateful for being able to participate in this exciting event. We were a little nervous, but the atmosphere was amazing. The judges gave back amazing feedback, and we are so glad it was a success.

*Nuha & Ceren*

## 8R1 - Green Team

Thank you so much for this opportunity and this amazing experience!

How I felt: During the presentation, I felt a bit nervous at first, but as soon as I stepped onto the stage, it all melted away. I was determined to deliver our pitch with confidence and clarity and put all my focus into communicating our ideas in the best way possible. As a hardworking member of the team, I knew that every word counted and that we had an important message to convey.



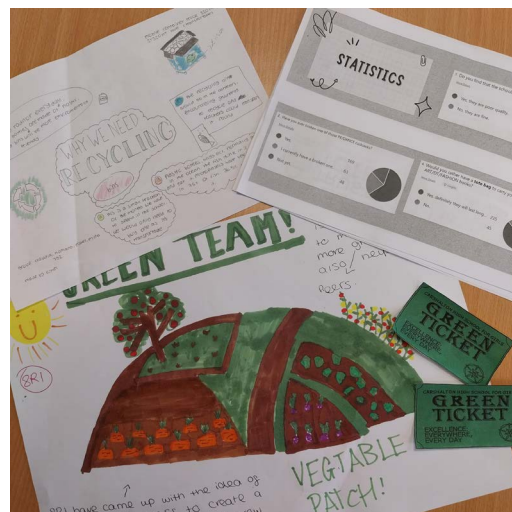
# Dragons Den Final



I am proud to be a part of such a passionate and dedicated group of individuals and I believe that our hard work and commitment paid off in the end.

The presentation summarized: In our Green Team presentation, we shed light on an important topic that's close to our hearts - the environment. We highlighted how our school has the potential to make a significant contribution to the health of our planet, from the energy we consume in classrooms to the waste generated in the cafeteria.

Our team strongly believes that school gardens provide a valuable opportunity for hands-on learning, critical thinking, problem-solving, and leadership development. We know that by taking action to reduce our carbon footprint and create a more sustainable future, we can make a positive impact on our planet and the generations to come.



So, let's work together, with passion and dedication, to transform our school into a greener and more eco-friendly place. Our ambition is to inspire others to follow in our footsteps and make a difference in their own homes. With your support, we can achieve great things and create a brighter future for us all.

*Heavena C*

## 11Y1 - Recycling

Our pitch was about recycling paper properly and trying to utilise the online platforms that the school already have. Did you know that after 5 years of secondary school, one student uses the equivalent of the weight of a panda bear in paper! We want to introduce better abilities for students to recycle their workbooks at the end of Year 11 when they no longer need their GCSE books. The whole workbook can be recycled



# Dragons Den Final

including the staples as well. Recycling is a very important step in trying to save our planet. Taking part in the Dragon's Den final was a lot of fun as we have never done anything like it before. We hope we can use the funding well to help bring more sustainability to our school. Thank you.

*Amber and Tammy*

1. **Overall winner – 11R2 for the roof garden idea.**
2. 8R1 and 9R2 will be allocated £1500 for the CHSG Garden idea.
3. 7G2 and 11Y1 will be allocated £1000 for a recycle bin refresh / designs for the school
4. 11R1 tote Bag idea to replace PE bags will be investigated for feasibility.
5. 10B1's anti glare paint for the whiteboards idea will be discussed with premissis.
6. 8B1 – Green Ticket will become part of our House system next school year.



## Winners feedback

The whole Dragons' Den experience was eventful. My group produced loads of different ideas, but we put forward the idea of green roofs and Ecosia. We were not expecting our idea to be chosen but it was fortunately. Our group was hesitant and was not going to do the final due to exams. On the day, it was only two of us doing the pitch in the end, Me and Catherine. We had to quickly practice the pitch 10 minutes before and were nervous as the other groups seemed more organized. As each group was presenting, we got more and more nervous but after we were done, we felt a bit more relaxed. I thought we weren't in the top 3 but when they said we won, Catherine and I were shocked and happy. Overall, it was a fun experience, and I was glad we did go along with our idea and presented it to the dragons. Thank you

*Luxiga*

On Wednesday after school, 8 finalists, judges and parents gathered to watch the Dragons' Den final in the hall. Each pitch had so much time and effort put in to it, with students giving handouts to the audience and even displaying a 3D model of their idea! Each pitch was taken into consideration and will be implemented into the school in one way or another. However, the winning pitch was to start using Ecosia, an internet browser that plants trees with every search made through the engine. And to put green roofs on top of the flat roofs in the school. The event was amazing, and it was clear to see the effort that everyone had put in.

*Catherine D*