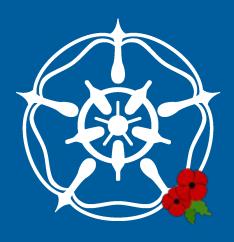
CARSHALTON HIGH SCHOOL FOR GIRLS NEWSLETTER

Excellence: everywhere, every day



11 November 2022

Headteacher's Welcome



Dear Parents/Carers, Whilst the weather hasn't been too kind to us this week the start to term has gone incredibly well. Year 11 have just completed their first week of 'mock' examinations and the feedback on the whole has been positive from our

students. We wish them all the best with the rest of the exams next week and the results will be shared with parents/carers on Monday 5th December.

We held our 6th Form Open Evening on Wednesday 9th November and it was a very successful event with lots of #teamchsg in attendance as well as very high numbers of external students. It was great to see students thinking about future opportunities and keen to find out what life is like in our 6th Form. There will be further events for our students in due course.

Speaking of our 6th Form, it has been fantastic to see our Year 12 & 13 students running a drop-in for our Year 7 students to help deal with any anxieties or questions they may have. I'm really proud of the way our older students are so keen to help the younger students and we know they will pay this back to future students.

Lastly, to mark Armistice Day, today we held a twominute remembrance silence as a school community.

Looking ahead

Personal Development Day (Wednesday 16th November)

We want to ensure that students get a well-rounded education here at Carshalton High School for Girls and

so we hold 5 'dropdown' days when the timetable is collapsed and we focus more on pastoral matters. The day will finish with a #teamchsg event where students will be making Christmas boxes for charity during Period 5. The school day will end at 2.35pm on this day. Please note students will also be dismissed at 2.35pm the following Wednesday (23rd November) for staff training.

Anti-Bullying Week

Next week is Anti-Bullying Week and the theme is Reach Out. Our week will kick off with Odd Socks Day on Monday 14th November, where staff and students will wear odd socks to celebrate what makes us all unique. Do keep an eye out on our social media platform for lots of other activities and events that we have planned. There will be a special Anti-Bullying week newsletter the following week in case you miss any of it.

Year 9 & 10 Exam Week

These will be held week commencing 21st November. There will be exams in all subjects and a detailed timetable will be winging its way to you in due course.

Student Leadership Week (Monday 21st November – Friday 25th November)

Our focus week on Student Leadership starts with the Student Conference on Monday 21st November. Here I, and other members of my team, will be working with students on a number of key aspects of life at CHSG and they will be helping me shape the future. It's definitely one of my favourite days of the year!

Have a great weekend

Mr Devenney





Head of Year: **Miss R Golightly** Assistant Head of Year: **Miss M Martino** Pastoral Support Officer: **Mrs B Watkins**

Anti-Bullying week starts 14th November

To mark Anti Bullying Week, we will be holding assemblies to raise the profile of this very important issue and the great work undertaken by the Anti Bullying Alliance.

We also ask that you show your support by encouraging your daughter to take part in Odd Socks Day on **Monday 14th November**.

Students will be allowed to wear odd socks to school. The day sends an important message to pupils that they should be allowed to be themselves, free from bullying and helps us celebrate. Anti-Bullying Week in a fun and positive way. There will be no charge to participate. Students will also be given an Anti-bullying sticker to wear on their blazer.

Wednesday 16th November, this is our 1st Personal Development Day of the term and year for Year 7; all students will take part in learning activities as part of the RSE curriculum about different types of bullying including cyberbullying, the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help. This will be delivered by form tutors.

Kindness notes will be distributed during the week to encourage students to write notes of kindness to each other and towards staff.

Lanyard inserts will be provided for all students. Students will receive a card that the students place in their plastic wallets. The card will have a QR code which will direct students to our website where there will be information on how to access support and how to report bullying.

Exam Assessment

Year 7 have their first assessment week commencing 28th Nov 2022. In preparation for this, you should have received an exam booklet with information about topics, in each subject, to be covered in the assessments. Home Learning will continue in the week during the exams.

If your daughter uses the technique of selfquizzing properly, this should form part of their revision. They can drop the 30mins reading element of home learning to create some more time to revise – this is however optional. If you or your daughter have any questions, please email their subject teachers directly in the first instances. All we expect is that students try their best and we are here to support!

Co-curricular clubs

Clubs will run after school from 3-4pm or at lunchtime and so far, we have had a great turn out from our Year 7s across a variety of clubs! Please note that if a club is not running for any reason, students will be given notice. This may be on the day of, so students are encouraged to contact parents to inform them. If students don't have a phone call home after school, they should make their way to Main Reception to call home and wait for parents to collect.





Christmas Hamper design

On Wednesday 16th November, our first Personal Development Day of the year, students will be given the opportunity to spend time designing their hamper boxes for our annual Christmas Hamper competition. Each form will be given 2 or 3 boxes to compete at decorating and then tutors will then choose the best-designed box to go forward for the Great CHSG Christmas Hamper Design Competition 2022!



Attendance

Our attendance is currently at 95.21% which has increased from 93% in September. As an incentive for our students to improve this rate, we are currently holding a competition between form groups. The tutor groups. The tutor group with the best attendance at the end of each week 2, will receive a 'Skip the Queue' pass for the canteen.

Everyday queries

Please note that the first contact for daily queries (detentions, lateness, attendance etc) is the form tutor. All other enquiries or concerns should come to either Miss Golightly, Miss Martino or Mrs Watkins.

Golden tickets and House **Achievement Points**

Top 5 Golden tickets (to date)

- 1. Sophie I (7R2)
- 2. Lilly H (7Y1)
- 3. Brianna R (7R1)
- 4. Lexie R (7R1)
- 5. Shanum S (7R1)

Top 10 achievement points (to date)

- 1. Elsie K (7B3)
- 2. Ruby W (7G1)
- 3. Sabiha B (7B3)
- 4. Sarah S H (7R1)
- 5. Brooke H (7G1)
- 6. Amy F (7R1)
- 7. Sophie P (7Y1)
- 8. Natasha P (7B1)
- 9. Lyla K (7B3)
- 10. Mercedes C (7G1)



www.chsq.org.uk/



As we return from an extended 2-week half-term I hope that our students are fully revitalised and ready for a very busy run up to the Christmas break. This half term will kick off with a focus on Anti bullying next week. Throughout this week there will be a number of activities and actions that will take place to promote our zero-tolerance stance on bullying and to allow our students a chance to express their views on the matter. We are kicking the week off with Odd Socks day on Monday, have a drop-down day planned for Wednesday all aimed at bullying, resilience and how we can support each other and we will be reissuing the cards in the student lanyards to have a link to our new bullying reporting tool online. More information on this has already been shared with you and I hope this will be a big step forward in us all tackling these unacceptable behaviours.

Following this, we start preparing for the end of term examinations for Year 8. These will commence in WC 28th November until the 2nd December inclusive. We have already sent communication home regarding these assessments but it's important that we work collaboratively in order for our students to achieve the best they possibly can. To support our students, you should have received information for the Heads of Department outlining the content covered in lessons so far and the expectations for the exams, you will have also received communication from me highlighting that our Home Learning will continue as this will support the revision for the students. We are allowing student to stop the extending reading tasks during this time to consider their wellbeing. Your student's teacher will be able to provide the children with the dates of the examinations in due course and all exams will be completed in classrooms. Finally, students will be able to receive their results by the end of term and they will also be shared with you through our normal channels of progress reports. If you have any questions around this, or would like to discuss the content of the above further then please do get in touch.

Finally from me, before handing over to the students of 8B2, I would like to thank parents and guardians

Head of Year: **Mr J Stockwell** Pastoral Support Officer: **Mrs Warren**



for the help with the attendance and behaviour of the year group. Whilst we appreciate the first half -term is always a challenge, the behaviour of most of our students has been excellent and the attendance has seen a big step forwards compared to last year. However, there is still work to be done and Attendance will be a big focus for the remainder of this year. Can I please ask that you continue to contact the school, every morning, when your child is off and, where possible, inform us in advanced of any appointments. We appreciate that this year will be the first step in students choosing their GCSE options and it is vital that they engage in all of their learning in preparation for this.

Thank you all for your continued support of the school and our pupils. As always, please feel free to get in touch with the team if there is any support we can put in place or any issues you would like some support with.

All the best Mr Stockwell and the Year 8 Team

Messages from 8B2

It's been great to come back to school and catch up with all our friends after a restful break. Now that we've been in school for 9 weeks, we also feel we've managed to get used to our home learning schedule. We're sure with the exams coming up the revision content and retrieval practice will be really useful! We've both also been enjoying our new positions as student voices and will hopefully make a positive impact on the school for our peers!

We're also looking forward to continuing our charity with the Christmas Hamper's which we'll be preparing next week and, in the lead, up to Christmas. It's an important time to remember how fortunate we are and help those that aren't. But of course, we'll hopefully win the house competition and earn some achievement points!





Head of Year: **Mrs L Oladokun** Pastoral Support Officer: **Miss H Garrard**



Hope this newsletter meets you well.

Before each break, I encourage students to do something they love over the holidays as well as take time to rest. It has been fascinating to hear what some of the girls got up to over the October halfterm this year.

As always, Year 9 have settled back well to the routines of school. I am very proud of how wellbehaved they are around school. Do please continue to encourage them to keep this up.





On the last day of term, 21st October 2022, year 9 joined the whole school for "Wear It Pink". This was a house event to raise money for break cancer. Students were excited to show their full support for this worthy cause - wearing pink t-shirts, pink hair bands and pink hijabs! It was wonderful to see students get involved.

A massive thank you to everyone that contributed towards this. As you'll see from the results below, green house raised the most money. Well done!

1st	Green	£254.04
2nd	Red	£184.63
3rd	Blue	£181.19
4th	Yellow	£159.84

A total of an £779.70!

End of Term Celebration of Achievements

We ended last term with my favourite event of each term – a celebration of achievement awards. Here at CHSG we love to recognise students for their effort and attainment during lessons and how well they demonstrate our school values of:

- Be Our Best
- Be Involved
- Be Together
- Be Ambitious
- Be Aware

Golden tickets are also awarded for going over and above.

Top 5 students with highest House Achievement Points

Hayad M (9G2)	36 Points
Scarlett B (9R1)	32 Points
Aaminah H (9R1)	32 Points
Mikeala D (9R1)	30 Points
Alexandra B (9Y2)	30 Points
Ralitsa P (9R1)	30 Points

Top 3 students with highest Golden Tickets (GT)

Aimee B15 GTHagetha Y14 GTLillie-May H12 GT







Attendance

Regular attendance to school is crucial to students' learning; doing very well in their GCSE in year 11 and eventually being successful after school. Last term we celebrated 101 students achieving 100% attendance. Well done!

Can I encourage parents/carers, as far as possible, to book medical and dental appointment, outside of school times.

Attendance Statistics

100% attendance means students can make the most of all opportunities available to them.

They're likely to gain 5 or more good GCSEs.

91.1% attendance = missing about 17 days of school in one year.

This means they're likely to drop 1 GCSE grade (on average).

82.1% attendance = missing about 34 days of school in one year.

This will have serious impact on their education, work ethic and life changes.

Remember if you have any queries or concern, your child's tutor is the first point of contact, Mrs Garrard our pastoral support officer or myself.

Tutor Group Speaks – 9B1!!

"This year, I have started to learn about photography. I have learnt about different lighting techniques, the composition, the backgrounds from various artists. I really enjoy learning about different photographers and taking pictures that represent the photographer. I have my teacher and friends, who are willing to help me if I am not sure about something. I am happy that I chose photography as my option 1, and I hope in the future I will enjoy it more. "

Kanishka 9B1

"So far this year I have really enjoyed being part of the Elite Senior Dance Company. One thing that I have enjoyed about being part of Elite is being able to interact with other year groups and meeting new people. It's great to be in an environment where other people share the same interest as you. Everyone gets a chance to contribute their own ideas and we all help each other. I am proud to be part of Elite seniors and I can't wait to perform this year!" Hattie 9B1

"Over this half term I have started my GCSE music and I have also taken part in the school choir. With this not only have I expanded my knowledge about music but have also gained confidence. For example, in music I performed, in a group, in front of my class, this has helped me gain confidence and has also helped me to do better as they gave me advice and what to work on. In choir I also auditioned to do a solo for the winter concert this also helped me gain confidence as I auditioned in front of different year groups. I love my music lessons because not only do I learn about music but I also have fun in it."

Caela 9B1

Carshalton High School For Girls Newsletter



YEAR 10

Head of Year: Miss Williams Assistant Head of Year: Mrs A Bignall Pastoral Support Officer: Mrs W Newman



I am pleased to be able to share with you and celebrate the successes of Year 10 so far this term. Firstly, I would like to congratulate all students that supported the Wear It Pink fundraiser before half term. In total staff and students raised an amazing £779.70. It was fantastic to see so many Year 10 students wanting to get involved. Our upcoming events include penny trail donations for Poppy Appeal and Anti-Bullying Poster Competition. Please encourage your daughters to continue with their exceptional willingness to get involved with House events this term.

End of term exams

The end of term exams are rapidly approaching, and you should have received communication from be about this recently. All we ask for from our hardworking and dedicated year group is to give their best in all of their exams.

A timetable for exams has been shared with students and students have been working with their tutors to create a revision timetable. In our assembly last week, we talked about how to cope with the stress associated with exams. Here are some of the top tips we have discussed with students and you may wish to mention them to your child if you feel they are worried about their exams:

- 1. Talk to someone
- 2. Reach out to friends
- 3. Set boundaries
- 4. Take care of yourself
- 5. Stick to a routine
- 6. Get enough sleep
- 7. Make a plan
- 8. Give yourself space
- 9. Set realistic targets
- 10. Celebrate success

If your child has any specific concerns about an exam, please contact the subject teacher in the first instance. We believe that Year 10 demonstrate in these exams their resilience, dedication, hardwork and commitment to their studies over the last year.

Work experience

Students in Year 10 are beginning to think deeply about what they would like to do for work experience in the summer term. We are very excited that students are so invested and have been working really hard to secure placements. The opportunity to experience a workplace and consider career opportunities for their futures is always an exciting prospect for our students.

At the present time, not all students have secured a work experience placement. Please could we ask you to encourage your child to sort this as soon as possible. All students need to have this arranged before the Christmas break.

Some of our wonderful students In Year 10 have written about where they have chosen to go to for work experience and what they are excited about experiencing on placement in the New Year.

"I have just secured my work experience at a primary school. I would like to be a teaching assistant from reception to Year 2. I chose a local primary school because that is the career path I want to pursue. I am really looking forward to experiencing life as a teaching assistant and helping children to learn."

Year 10 student



"At CHSG, we get the opportunity to complete a work experience placement in Year 10 for one week. I think this is a great opportunity and experience to be able to have a little look into what work and life may be like after school. This can strengthen our communication and leadership skills. In the summer term, I will complete my work experience placement at a dental clinic as I want to be a dentist when I grow up and hopefully as my future career. It was a challenge to find a suitable dentist for this placement, but I was lucky enough to be able to get a place. It was very rewarding to get this place. We were told that we will be completing work experience about eight months in advance to allow us to gain experience in writing our own CV's, cover letters and allow us to be fully prepared for this exciting opportunity."

Teeya, 10G1

"Hi I'm Zoe from Year 10 and I am really excited for work experience which will be happening at the beginning of May. For work experience I am going to my old primary school. When I am older I would either like to work with animals or children. In our latest careers morning, we learnt about how to apply for work experience and how to write a CV and cover letter which both have been helpful in securing my place."

Zoe J, 10B1

"I am very excited that at CHSG next year we get to complete a one-week work experience placement. I have chosen to complete my work experience in the nursery that I used to go to because it links to what I want to be when I grow up. I am willing to learn and develop loads of new skills that should hopefully support my future career. During our careers sessions in afternoon tutor time, we are learning about personal qualities and skills that are desirable in the workplace and for employers. I believe work experience will be a really good and educating experience."

Chloe L, 10B1

Good luck to all Year 10s in the upcoming exams. All of us from Team 10 are routing for you and are here to support! We hope all students will make the most of the opportunities coming up this term and I look forward to writing to you again soon to share further news on what we have been up to.

Miss Williams





Head of Year: **Mrs N Devaney** Assistant Head of Year: **Ms D Johnson** Pastoral Support Officer: **Mrs A Baker**



Welcome back to this very busy half term. The Year 11 Mock exams are well under way and have started very positively. The students are focussed on doing their absolute best.

See attached a copy of the timetable for your convenience

End of Half Term Awards Celebration

As is our tradition we ended the half term on a high celebrating the successes of our Year 11 students. Students received both academic and tutor awards, 100% attendance was also celebrated as was progress and attitude in the morning English and Maths sessions. We continue to be extremely proud of the work ethic and attitude of our Year 11 students, please pass on my congratulations and we thank you for your continuing support.











Frankie S - Year 11 Deputy Head Girl

CHSG opens to the public again (properly)!

At our first face-to-face Open Evening in over 2 years, the Year 11 student leadership team were asked to lead tours around the school to allow families of potential students of Carshalton High School for Girls to get to know more about

the school and the subjects they would be learning in Key Stage 3, 4 and 5. I helped three families through the school visit the various departments, where they were briefed on the content each subject covered, what the course was like and how it was taught. The families were also addressed by the Headteacher, Mr. Devenney, in the school hall.

I think this was a great way to improve the team's confidence with speaking about our school but also a lovely way to practice our skills talking to people with different interests, abilities and learning preferences. Overall, I think this was a brilliant experience which boosted our confidence greatly!



Connie B Year 11 Prefect

CHSG celebrates Black History Month

with Alex Scott live stream talk

On October 5th, during period 5, 60 Year. 9-11 students attended a virtual talk with ex-professional footballer Alex Scott. She spoke about what her new book is about and what inspired her to write it. It

was very important as she inspired us to never give up and to continue to follow our dreams, no matter what others say or think. She told her story about what brought her to football, in the face of many hardships.

This was a very good opportunity for us to feel more confident in following our dreams!



One half-term down...

I can't believe it's already been more than two months since school started! Settling into school has been different this year because of how close we are to our final GCSEs. The number of exam questions we've been practicing in class has been exhausting, but we all know it will be worth it in the long run. With our mock exams upon us, my timetable has mainly been revision-based. Luckily, the teachers have been providing us with many resources to help us in this crucial time.

Thashviny I. 11B2

Year 11 House Points

Congratulations RED HOUSE!

for gaining the highest number of House points to date!

Red	1695
Green	1575
Blue	1490
Yellow	1292



Sixth Form

Director of Sixth Form: Mrs B Norman Head of Year 13: Miss L Bevan Head of Year 12: Miss T Ishola Pastoral Support Officer: Mrs H Connolly



Year 12

Welcome back! I hope the half term break was wellspent getting re-energised for the second half of the autumn term and all that is has within it.

Lovely end to first half term

I wanted to start by reflecting on the positive start to sixth form life so far. I am pleased that many of you have become more integrated into how sixth form works and meeting the expectations of Year 12. I have also been encouraged, when visiting tutor time and lessons, by the focus and general buzz of enthusiasm. So many of you have been taking your roles of responsibility seriously and really forming links with those in the school community.

The last week of the half term featured highlights such as: CHSG Culture Day, Wear it Pink for Breast Cancer Now and Year 12 breakfast morning.



www.chsq.org.uk/

Upcoming events

Personal Development Day 1 – Wednesday 16th November 2022 We will be having our first PD

Day. On this day Year 12 will follow the school timings for Year 13.

Examinations week – Monday 28th November to Friday 2nd December

Parents/Carers should have received the revision booklet for upcoming examinations and a letter outlining the following revision techniques reminders:

- Spaced practice
- Interleaving
- Dual coding
- Retrieval Practice

Leading up to the examinations, there will be time within registration to also use for: independent study, revisiting

revision methods, organising books and folders; and updating/creating revision timetables.

Please do speak with your subject teachers ahead of examinations if you have any additional questions before the examinations.

Although this half term can prove to be stressful, make sure to use your time wisely and communicate with us regularly so we know how best to support you.

All the best!

Miss Ishola

	13	
8.10 - 8.30		
8.30 - 8.35		
	Form Rooms	
8.35 - 8.40	Reg	
8.40 - 8.55	Tutor Time	
8.55 - 9.00		
9.00 - 9.55	P1	
9.55 - 10.00	Travel	
10.00 - 10.15		
10.15 - 10.25	P2	
10.25 - 10.45	10.00-10.55	
10.45 - 10.55		
10.55 - 11.10	BREAK	
11.10 - 11.15		
11.15 - 12.10	P3	
12.10 - 12.15	Travel	
12.15 - 12.40	P4 12.15-1.10	
12.40 - 1.10		
1.10 - 1.35	LUNCH	
1.35 - 1.40		
1.40 - 2.35	P5	
2.35		



Sixth Form - Year 13

I hope that you had a restful half term and now ready for the challenges that this half term will bring. The main focus of this half term for Year 13 will be:

- Sending your UCAS applications off (no later than end of November)
- The Year 13 Mock Interviews (Wednesday 16th and Thursday 24th November)
- Year 13 PPE week (Monday 28th November to Friday 2nd December)

UCAS

You now need to organise a time to meet up with your UCAS referee so it can be checked and the reference completed.

UCAS Timeline

- All Year 13 should have uploaded all their information and personal statement before half term.
- As soon as UCAS is complete and personal statement added to UCAS students must let their UCAS referee know that they are ready for a reference to be added.
- Once your UCAS referee has checked for errors in your meeting, students should 'pay and send'
- Once your UCAS referee has completed the reference, you need to come and see Miss Bevan and you UCAS application will be sent.

Mock Interviews

- These will take place in the Careers Centre on Wednesday 16th and Thursday 24th November.
- Please make sure you turn up 5 mins before your interview time and register with Miss Bevan in the Careers Centre.
- Students must be dressed appropriately.
- If you are absent on the day of your interview, please email Miss Bevan by 8.15am.

PPE Week

Monday 29th – 3rd December 2021

- The majority of exams will take place in the Gym or Hall. Usual lessons will continue as normal throughout the exam week, there will not be any study leave.
- The mornings of your exams, you must register with your tutor and assemble outside the hall.

For most of you, there are 30 hours in school nonteaching lessons that can be used for revision and that's not even counting the hours you have at home.

Although this can be a stressful time, you have got time - please use it wisely. I am confident that for the vast majority of you, these results will confirm that you are making excellent progress in your subjects and will boost your confidence ahead of the summer exams.

Good Luck! Miss Bevan.



www.chsg.org.uk/



Sixth Form - Post 18 News

What University? & What Career? Live

This school leaver event, What University? & What Career?

Live opens its doors at Olympia London on 11 and 12 November 2022. It is the perfect place to get all the advice you need on your post-school options. Put your questions to the UK's leading employers and universities and compare your options side by side, all under one roof.

Check out a few of the exhibitors: <u>Exhibitors | London | What University? & What Career? Live</u> (whatcareerlive.co.uk)

Book your free ticket here: Event - 11 & 12 November 2022 | What Next? (whatcareerlive.co.uk)

Surgery Live (£ cost)

The Surgery Live course is an innovative and interactive virtual course which gives students a real glimpse of what it's like to be a surgeon in an operating theatre, delivered by practising NHS surgeons.

The day course includes:

- 1. A glimpse into the day to day life of a surgeon
- 2. Solving real life surgical cases including history taking and anonymised scans
- 3. Live virtual operations showing step by step how common surgeries are carried out
- 4. Learning how to suture with a live follow-along demo (students will be sent their own suturing kit, the same ones used by medical students and doctors)
- 5. A chance for students to interact with practising NHS surgeons and doctors

Students will also get a chance to learn how to suture with their own suturing kit and certificates will be provided for participation as virtual work experience. This does come with a cost.

The next SurgeryLive date is Saturday 3rd December. For more information, visit the website below. Please note places are limited and are allocated on a first come first serve basis): <u>https://doctorslive.co.uk/</u> <u>surgerylive/</u>

NHS Work Experience

Please see below information on Surrey Heartlands NHS/Springpod Work Experience Programmes for the Southeast (Surrey, Kent and Sussex). The programmes are for Year 12 and Year 13 and take about 10 hours to complete. There are deadlines to apply so please check the links.

Nursing – Student Programme

Health Education England Nursing Online Work-Related Learning (springpod.com)

Medicine – Student Programme

Health Education England Medicine Online Work-Related Learning (springpod.com)

AHP – Student Programme

Allied Health Professional Online Work-Related Learning (springpod.com)





Sixth Form - Post 18 News

Medical Projects

Medical Projects have just released their latest report where they have analysed every medical school's entry requirements and summarised each element in a student-friendly report and set of tables. This will help students optimise their medical school choices and increase their chances of successfully gaining a place

Optimising UK Medical School Applications 2022 (educationprojects.co.uk)

You can also access the complete data set of entry requirements for each medical school in the UK via this report.

Medic students:

Medical Projects would like to invite aspiring medics to their webinar that will be focused on medical school interviews. The details are outlined below:

Title: Deep Dive into Medical School Interviews

Date and time: 16 November, 7.00pm (UK time) Link: <u>Deep Dive into Medical School Interviews - Education Projects Group</u>

The main learning outcomes from this webinar are:

- The difference between MMI and panel interview
- · How different universities conduct interviews
- How to prepare for interviews, how to get through the day
- How to answer the 'Why medicine?' question
- How to dress for interviews Are online interviews still a thing?

Future learn Courses

FutureLearn: Online Courses and Degrees from Top Universities

Find online courses from Top universities or organisations and start learning today. Future Learn is a great super curricular enrichment to boost your Post applications!

Year 13 UCAS

Websites to look at once you have sent your application off: <u>Student Guides - MoneySavingExpert</u> <u>Post-Ucas deadline: five things to do next - The Uni Guide</u>

A great website to research Graduate jobs, scheme and internships: <u>Milkround | Graduate Jobs, Schemes &</u> Internships





National Online Safety Hub

The online world is posing an ever-increasing risk to young people, and it is important that schools, parents and carers work together to take an active role in teaching children about online dangers. Learning how to act safely when using the internet is an incredibly important part of safeguarding our children.

We are therefore delighted to announce that Carshalton Girls are continuing to show our commitment to protecting our pupils online by working with National Online Safety- providing resources for all parents and carers.

The resources include Parents & Carers courses (presented by Myleene Klass), online video resources and weekly guides covering a huge range of topics, including:

- Online Relationships
- Fake Profiles & Social Bots
- Online Bullying
- Online Grooming
- Child Sexual Exploitation
- Sexual Harassment & Violence
- Sexting
- Live Streaming
- Online Identity
- Screen Addiction
- Online Challenges
- Overspending
- Social Media Platforms

- Online Gambling
- Radicalisation, Terrorism & Extremism
- Age Inappropriate Content
- Copyright & Ownership
- Hacking
- Fake News
- Online Fraud
- Online Reputation
- Personal Data
- Pornography
- Targeted Adverts & Pop-Ups
- The Dark Web
- Games & Trends

To create your account, please follow <u>https://nationalonlinesafety.com/enrol/carshalton-high-school-for-girls</u> and complete your details. When you're set up, you'll be able to set 'Parent/Carer' as your user type.

You can access National Online Safety online via any device- including via our brand-new smartphone app. To download the app, please go to:

https://apps.apple.com/gb/app/national-online-safety/id1530342372

https://play.google.com/store/apps/details?id=uk.co.nationaleducationgroup.nos

Alternatively, search for 'National Online Safety' in the App Store/Google Play Store.

Answers to frequently asked questions and customer service can be accessed at <u>https://helpdesk.</u> thenationalcollege.co.uk/helpcentre.







www.chsg.org.uk/





Download your Free Online Safety App for Parents & Carers



On the National Online Safety app you'll find:

- ♂ Hundreds of online safety guides on the topics you need to know about – from screen addiction, fake news and trolling to hacking, social media influencers and sexting;
- ♂ An online safety training course for parents developed by our experts and delivered by online safety ambassador Myleene Klass;
- ♂ A user-friendly interface with increased functionality find exactly what you need, when you need it;
- ✓ The option to get notifications to your phone as soon as new content becomes available – so you can stay up-to-date with the latest online crazes (and risks);
- \oslash The facility to personalise your content by favouriting key resources.

Download the free app today





Scan to download on Apple App Store

Scan to download on Google Play Store

or search for 'National Online Safety' in the store



Call: 0800 368 8061 Facebook: /nationalonlinesafety

Email: hello@nationalonlinesafety.com Instagram: @nationalonlinesafety



Please contact Miss Holmes or your daughters Head of Year if you would like support with Food bank Vouchers



GET HELP

NO ONE SHOULD GO HUNGRY - WE'RE HERE TO HELP

Food banks in our network welcome and support everyone who is referred to them, always acting with respect and without judgment. Volunteers will give a minimum of three days' emergency food and offer support to resolve some of the difficulties you might be facing.

How to get a food voucher

In order to get help from a food bank you will need to be referred with a voucher, which can be issued by a number of local community organisations (for instance schools, GPs and advice agencies). Your local food bank can advise which agencies can help.





SUTTON FOODBANK

MAIN LOCATION

Registered Office [No food distributed here] Highfield Hall, 320 Carshalton Road, Carshalton SM5 3QB

PHONE 07525 838 640

WEBSITE http://sutton.foodbank.org.uk/

EMAIL admin@suttoncommunityworks.org



Uniform

TRUTEX

Clearance sale of CHSG uniform

FINAL CLEARANCE REDUCTION

- Not available online
- Opening hours 9.30am-5.30pm
- Closed 1-2pm
- Monday Tuesday Friday Saturday
- Cash only instore
- No returns/exchanges

Blazers	£20
Blouses	£15
Hoodies	£15
Polos	£2.50
Tracktrousers	£2.50-£14
Jumpers /Cardi	£5
Skirts	£5
Sport socks	£1
Shorts	£5



www.chsg.org.uk/

Second hand uniform Scheme 2021-22

Is your uniform a bit of a misfit?

Do you no longer need it or do you need an upgrade?

Why not donate it back to school where it can help to reduce, re-use and recycle?

How do I donate second hand uniform?

Due to Covid-19 please follow the guidelines below:

- All items MUST be washed at 60 degrees and bagged up.
- Please itemise everything in your donation bag by type, size and quantity.
- Please attach this list to the outside of the bag
- Please deliver your uniform donations to reception or send in with your child to pass to their Head of Year

Uniform that is in lost property and is unnamed and unclaimed by the end of the academic year will be considered second hand uniform.



