



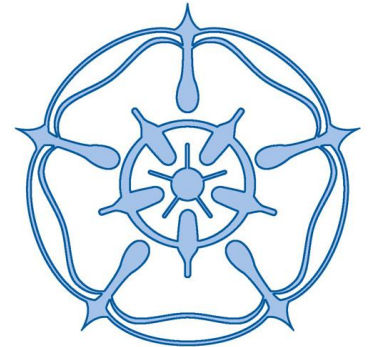
# January 2022

**CHSG PARENT/CARER & STUDENT  
GUIDE TO LFD TESTING**



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# Key messages – Tuesday 4<sup>th</sup> January

- ▶ **Do not send your daughter to school if she is unwell or has Covid-19 symptoms. Lateral Flow Device (LFD) tests are for asymptomatic students only.** If your daughter has symptoms or feels unwell, please book a test using the GOV.UK website <https://www.gov.uk/get-coronavirus-test>
- ▶ All students will be asked to declare that they do not have symptoms – those with symptoms will not be tested and sent home. **Do not send your daughter in for confirmation of Covid-19.**
- ▶ Students will return to school as normal the day after testing , Wednesday 5<sup>th</sup> January 2022, if they have a negative result. **Where consent has not been given, students will return on Wednesday 5<sup>th</sup> January 2022.**
- ▶ A negative LFD test result does not mean other control measures can be broken – students must continue to wash/sanitise their hands regularly, wear face masks and follow catch it, bin it, kill it protocols.



# When will my child be tested?

## Year 7 & 8 – Tuesday 4<sup>th</sup> January

	Gate	Entrance to Hall	Arrival Time	Test
<b>7Y1</b>	Park Gate	Hall Foyer	8.15am	8.30am
<b>7Y2</b>	Park Gate	Hall Foyer	8.15am	8.30am
<b>7G1</b>	Park Gate	LRC Corridor	8.15am	8.30am
<b>7G2</b>	Park Gate	LRC Corridor	8.15am	8.30am
<b>7B1</b>	Park Gate	Hall Foyer	8.45am	9.00am
<b>7B2</b>	Park Gate	Hall Foyer	8.45am	9.00am
<b>7R1</b>	Park Gate	LRC Corridor	8.45am	9.00am
<b>7R2</b>	Park Gate	LRC Corridor	8.45am	9.00am

	Gate	Entrance to Hall	Arrival Time	Test
<b>8B1</b>	Front Gate	Hall Foyer	9.15am	9.30am
<b>8B2</b>	Front Gate	Hall Foyer	9.15am	9.30am
<b>8G1</b>	Park Gate	LRC Corridor	9.15am	9.30am
<b>8G2</b>	Park Gate	LRC Corridor	9.15am	9.30am
<b>8G3</b>	Front Gate	Hall Foyer	9.45am	10.00am
<b>8R1</b>	Front Gate	Hall Foyer	9.45am	10.00am
<b>8R2</b>	Park Gate	LRC Corridor	9.45am	10.00am
<b>8Y1</b>	Park Gate	LRC Corridor	9.45am	10.00am
<b>8Y2</b>	Park Gate	LRC Corridor	9.45am	10.00am

# When will my child be tested?

## Year 9 & 10 – Tuesday 4<sup>th</sup> January

	Gate	Entrance to Hall	Arrival Time	Test
<b>9B1</b>	Front Gate	Hall Foyer	10.15am	10.30am
<b>9B2</b>	Front Gate	Hall Foyer	10.15am	10.30am
<b>9G1</b>	Park Gate	LRC Corridor	10.15am	10.30am
<b>9G2</b>	Park Gate	LRC Corridor	10.15am	10.30am
<b>9R1</b>	Front Gate	Hall Foyer	10.45am	11.00am
<b>9R2</b>	Front Gate	Hall Foyer	10.45am	11.00am
<b>9Y1</b>	Park Gate	LRC Corridor	10.45am	11.00am
<b>9Y2</b>	Park Gate	LRC Corridor	10.45am	11.00am

	Gate	Entrance to Hall	Arrival Time	Test
<b>10B1</b>	Front Gate	Hall Foyer	11.15am	11.30am
<b>10B2</b>	Front Gate	Hall Foyer	11.15am	11.30am
<b>10G1</b>	Park Gate	LRC Corridor	11.15am	11.30am
<b>10G2</b>	Park Gate	LRC Corridor	11.15am	11.30am
<b>10R1</b>	Front Gate	Hall Foyer	11.45am	12.00pm
<b>10R2</b>	Front Gate	Hall Foyer	11.45am	12.00pm
<b>10Y1</b>	Park Gate	LRC Corridor	11.45am	12.00pm
<b>10Y2</b>	Park Gate	LRC Corridor	11.45am	12.00pm

# When will my child be tested?

## Year 11 & Sixth Form – Tuesday 4<sup>th</sup> January

	Gate	Entrance to Hall	Arrival Time	Test
<b>11B1</b>	Front Gate	Hall Foyer	12.15pm	12.30pm
<b>11B2</b>	Front Gate	Hall Foyer	12.15pm	12.30pm
<b>11G1</b>	Park Gate	LRC Corridor	12.15pm	12.30pm
<b>11G2</b>	Park Gate	LRC Corridor	12.15pm	12.30pm
<b>11R1</b>	Front Gate	Hall Foyer	12.45pm	1.00pm
<b>11R2</b>	Front Gate	Hall Foyer	12.45pm	1.00pm
<b>11Y1</b>	Park Gate	LRC Corridor	12.45pm	1.00pm
<b>11Y2</b>	Park Gate	LRC Corridor	12.45pm	1.00pm

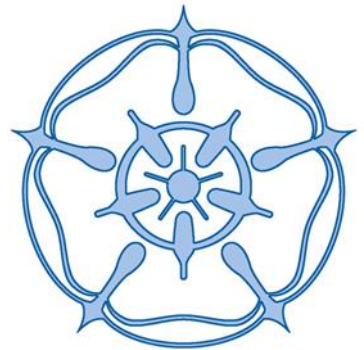
	Gate	Entrance to Hall	Arrival Time	Test
<b>Year 12</b>	Front Gate	Hall Foyer	2.15-3.15pm	2.15-3.15pm
<b>Year 13</b>	Park Gate	LRC Corridor	2.15-3.15pm	2.15-3.15pm

# What to expect when you arrive at school

- ▶ You must arrive to school promptly at the time indicated for your tutor group.
- ▶ If you are late, we cannot wait - you will not be tested.
- ▶ Please **do not** arrive before the allocated arrival time.
- ▶ Students must avoid mixing with their peers when you travel to school.
- ▶ Enter via the allocated gate only.
- ▶ We will welcome you at the gate and at the welcome desk outside the Main Hall.
- ▶ Ensure that you put on your mask covering when entering the Main Hall unless you are exempt.
- ▶ You will leave immediately after your test via the same gate you arrived.

# Home Learning Day – Tuesday 4<sup>th</sup> January

- ▶ Work will be set for students via MS Teams for each of their timetabled lessons on Tuesday 4<sup>th</sup> January. Students who are being tested are still expected to complete the work set.
- ▶ There will be no work set for Tutor Reads or afternoon form time/registration.
- ▶ Students in Years 10, 11, 12 & 13 will be set homework over the Christmas holidays. This must be completed and handed into their teacher in the first lesson back in January
- ▶ Wednesday 5<sup>th</sup> January is a normal timetabled day (Week 2) and students should arrive with the correct equipment for their timetabled lessons







# Lateral Flow Testing

at Carshalton High School for Girls

# Have you notified us of whether consent to test has been given?

- ▶ All students along with their parent/carers should have completed the student consent form by **10am on Thursday 9th December** if they wish their daughter to be tested in school. **Y12 and 13 will be asked to give their consent.**
- ▶ **Testing remains voluntary.** No student will be tested without consent and a test will be refused should any student arrive to school on the testing day who does not have consent.
- ▶ Students can withdraw consent regardless of the wishes of their parents/carers.

Student Consent Form for COVID-19 testing in Secondary Schools

i). My child and I give consent for them to be tested for Covid-19 which consists of having a nose and throat swab for a lateral flow test. My child will self-swab if they are able to otherwise we understand that assistance is available.

ii). My child and I understand that there 3 in school tests are required, and this consent covers all tests for the below named person. If at any point I do not wish to take part, then I understand I will not be made to do so and that consent can be withdrawn at any time ahead of the test.

iii) My child and I understand that after the school has administered 3 tests, my child will be required to test twice weekly either using a home testing kit or will continue to be tested at school.

iv).My child and I consent that their sample(s) will be tested for the presence of COVID-19.

v). I understand that I will be informed if my child's sample is positive and that the school procedures for a positive Covid-19 test will be implemented.

vi) Prior to my child taking the test at school, I will use the registration information sent by the school to register my child's test with the [GOV.UK](https://test-for-coronavirus.service.gov.uk/register-kit) website (This information will be emailed 24 hours in advance with your child's t barcode and centre number. The website for registration is <https://test-for-coronavirus.service.gov.uk/register-kit> , and the school code is NHSF).

1. Student's first name \*

Enter your answer

# How will the Rapid Testing work at CHSG?

- ▶ Rapid testing using Lateral Flow Device Testing will take place in our Main Hall.
- ▶ Students will undertake the test themselves and they will be guided by one of our members of staff. Please see the diagram on page 12 on how to administer the test.
- ▶ We are required to provide 1 in school lateral flow tests for each student and then the student must complete a test at home on day 3 or 4 and record the result on TestRegister



# How will the Rapid Testing work at CHSG?

- ▶ Once students have had their first test and it is negative, they will go home.
- ▶ For those who do not wish to be tested, they will return to school alongside their peers on Wednesday 5<sup>th</sup> January 2022 who were tested the day before.
- ▶ Only students who are being tested should arrive at school during the testing day at the scheduled time given on the previous slides. Students without consent should remain at home.
- ▶ The result of the test will be e-mailed to the email address we hold for parents/carers. Students will not be sent the result to their e-mail address except for Y12 & 13.




# How do I administer the test?

**NHS**  
Test and Trace

## HOW TO DO YOUR TEST

WHILE THIS IS A SELF-SWAB TEST, THERE WILL BE A TESTING HELPER WHO WILL OVERSEE THINGS AND PROVIDE HELP IF YOU NEED


1




YOUR COVID-19 TEST WILL BE SCHEDULED. IF YOU ARE UNDER 16, YOUR PARENT / CARER WILL HAVE CONSENTED

2

YOUR TEST WILL BE FAST AND WHILE IT MIGHT FEEL A LITTLE UNCOMFORTABLE, IT WON'T HURT YOU




3



BLOW YOUR NOSE IF NEEDED. WASH AND DRY/SANITISE YOUR HANDS. REMOVE THE SWAB BEING CAREFUL NOT TO TOUCH THE SOFT PART


4



10 SECS

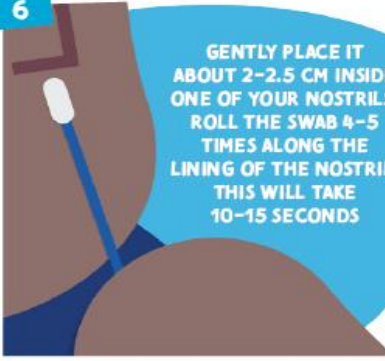
OPEN YOUR MOUTH WIDE AND USE A MIRROR TO LOOK AT THE BACK OF YOUR THROAT, THEN USE THE SWAB TO RUB FIRMLY 4 TIMES ON EACH SIDE

5



REMOVE THE SWAB CAREFULLY WITHOUT TOUCHING YOUR TEETH, TONGUE OR GUMS

6




GENTLY PLACE IT ABOUT 2-2.5 CM INSIDE ONE OF YOUR NOSTRILS. ROLL THE SWAB 4-5 TIMES ALONG THE LINING OF THE NOSTRIL, THIS WILL TAKE 10-15 SECONDS

7


AFTER THIS, YOU'RE DONE, GENTLY REMOVE THE SWAB BEING CAREFUL NOT TO LET ANYTHING TOUCH THE TIP

8



YOUR SWAB CAN THEN BE PLACED IN A TUBE FOR TESTING, THIS TAKES ABOUT 30 MINUTES

9



YOUR SCHOOL / COLLEGE WILL CONTACT YOU OR YOUR PARENT / CARER WITH THE RESULTS AND LET YOU KNOW WHAT HAPPENS NEXT

# Testing – what to expect for parents/carers

- ▶ Once you have given consent we will upload the necessary data into the NHS portal.
- ▶ The result from the test will then be uploaded to the same NHS Track and Trace portal
- ▶ The NHS barcode will link your daughter's result to the contact details we have registered here at CHSG
- ▶ You will then receive an email from NHS Track and Trace confirming the result.
- ▶ **It is important that we have the most up to date email address for you**

Your coronavirus lateral flow test result is negative. It's likely you were not infectious when the test was done.

Keep following coronavirus advice including:

- regular handwashing
- social distancing
- wearing a face covering where recommended

You only need to self-isolate if:

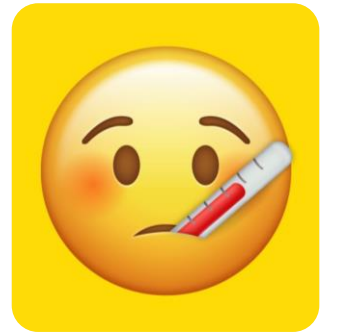
- you get symptoms of coronavirus – you'll need to book a different test at <https://www.gov.uk/get-coronavirus-test>
- someone you live with tests positive, or has symptoms and has not been tested yet
- you've been traced as a contact of someone who tested positive

For medical help, contact 111. In an emergency dial 999.

See <https://www.gov.uk/coronavirus> for more advice

# What happens if my child tests positive?

- ▶ The result from Track and Trace will be sent to you via e-mail.
- ▶ We will accompany your daughter to a waiting area where we will ask your daughter to contact you for you to collect her from school.
- ▶ Government guidelines asks that a parent/carer should collect their child from school immediately. If a parent/carer is unable to do so then they can give permission for their daughter to make her own way home. **The guidance states that your daughter should not use public transport.**
- ▶ Please ask for your daughter at reception when you arrive and we will then escort her to you.
- ▶ **You should then arrange for your daughter to take a PCR test within 2 days.**



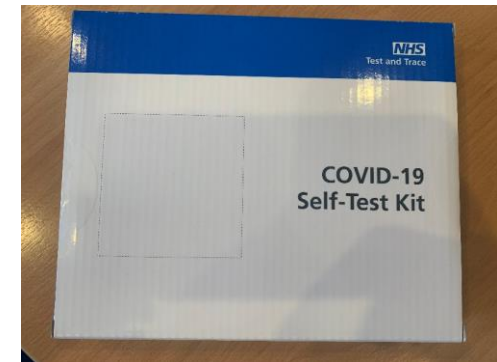


Home testing



# Home testing

- ▶ Testing at home remains important in reducing the risk of transmission within Schools.
- ▶ Government guidance remains that the first LFD tests should be undertaken at school with subsequent testing happening at home twice per week (Sunday & Wednesday).
- ▶ We ask that all results are uploaded onto Test Register





# Face Masks

# Do students have to wear face masks?

- ▶ The most recent guidance states that face coverings are strongly recommended for pupils, staff and visitors in communal areas.
- ▶ We will be continuing to strongly recommend that students wear masks in these areas in January.
- ▶ Students will be reminded to maintain hand and respiratory hygiene.
- ▶ We will continue with a rigorous cleaning regime and ensure rooms are ventilated fully with windows and doors remaining open