

# Carshalton High School for Girls

## Coronavirus absence – Parent/Carer quick reference guide

<i>What to do if...</i>	<i>Action needed</i>	<i>Return to school when...</i>
...my daughter has coronavirus symptoms*	<ul style="list-style-type: none"> <li>• <b>Do not send your daughter and any other siblings to school.</b></li> <li>• Contact the school.</li> <li>• Daughter self-isolates for 10 days and requests a test.</li> <li>• Household should self-isolate for 14 days while waiting for test results.</li> <li>• Inform school immediately with test result, whether it is negative or positive, further guidance will be given.</li> </ul>	...the test comes back negative or 10 days have passed if no test taken, however if your daughter still has a temperature she should continue to self-isolate and seek medical advice. Your daughter does not need to self-isolate after 10 days if she only has a cough or loss of sense of smell or taste
...my daughter tests positive for coronavirus	<ul style="list-style-type: none"> <li>• <b>Do not send your daughter and any other siblings to school.</b></li> <li>• Contact the school – further guidance will be given.</li> <li>• Self-isolate for at least 10 days from when the symptoms* started (or from the day of the test if no symptoms).</li> <li>• Household should self-isolate for 14 days.</li> </ul>	... 10 days have passed even if she still has a cough or loss of smell/taste. These symptoms can last for several weeks once the infection is gone.
...somebody else in my household has coronavirus symptoms	<ul style="list-style-type: none"> <li>• <b>Do not send your daughter and any other siblings to school.</b></li> <li>• Contact the school.</li> <li>• Self-isolate for 14 days.</li> <li>• Household member to request a test.</li> <li>• Inform school immediately with test result, whether it is negative or positive, further guidance will be given</li> </ul>	...the household members test is negative or 14 days have passed if no test taken.
...somebody in my household has tested positive for coronavirus	<ul style="list-style-type: none"> <li>• <b>Do not send your daughter and any other siblings to school.</b></li> <li>• Contact the school.</li> <li>• Self-isolate for 14 days.</li> </ul>	...the child has completed 14 days of self-isolation
... NHS test and trace have identified my daughter as a 'close contact' of somebody with symptoms or confirmed coronavirus	<ul style="list-style-type: none"> <li>• <b>Do not send your daughter and any other siblings to school.</b></li> <li>• Contact the school.</li> <li>• Self-isolate for 14 days (even if they test negative during those 14 days).</li> </ul>	...the child has completed 14 days of self-isolation
...my daughter has travelled to a destination where quarantine is needed	<ul style="list-style-type: none"> <li>• <b>Do not send your daughter to school.</b></li> <li>• Contact the school.</li> <li>• Unauthorised leave should not be taken in term time.</li> <li>• Consider quarantine requirements and FCO advice when booking travel.</li> <li>• Provide information to school as per attendance policy.</li> <li>• Self-isolate for 14 days.</li> </ul>	...the quarantine period of 14 days has been completed, if your daughter develops symptoms within this time please refer to the points above
...we have received medical advice that my daughter must resume shielding.	<ul style="list-style-type: none"> <li>• <b>Do not send your daughter to school.</b></li> <li>• Contact the schools attendance officer.</li> <li>• Shield until you are informed that restrictions are lifted and shielding is paused again.</li> </ul>	...school/GP inform you that restrictions have been lifted and your child can return to school again.
..I am not sure if I should get tested?	<ul style="list-style-type: none"> <li>• Only people with coronavirus symptoms* need to get a test.</li> </ul>	

\*Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste. For more information on symptoms go to:

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms>

