

Carshalton High School for Girls

CHSG

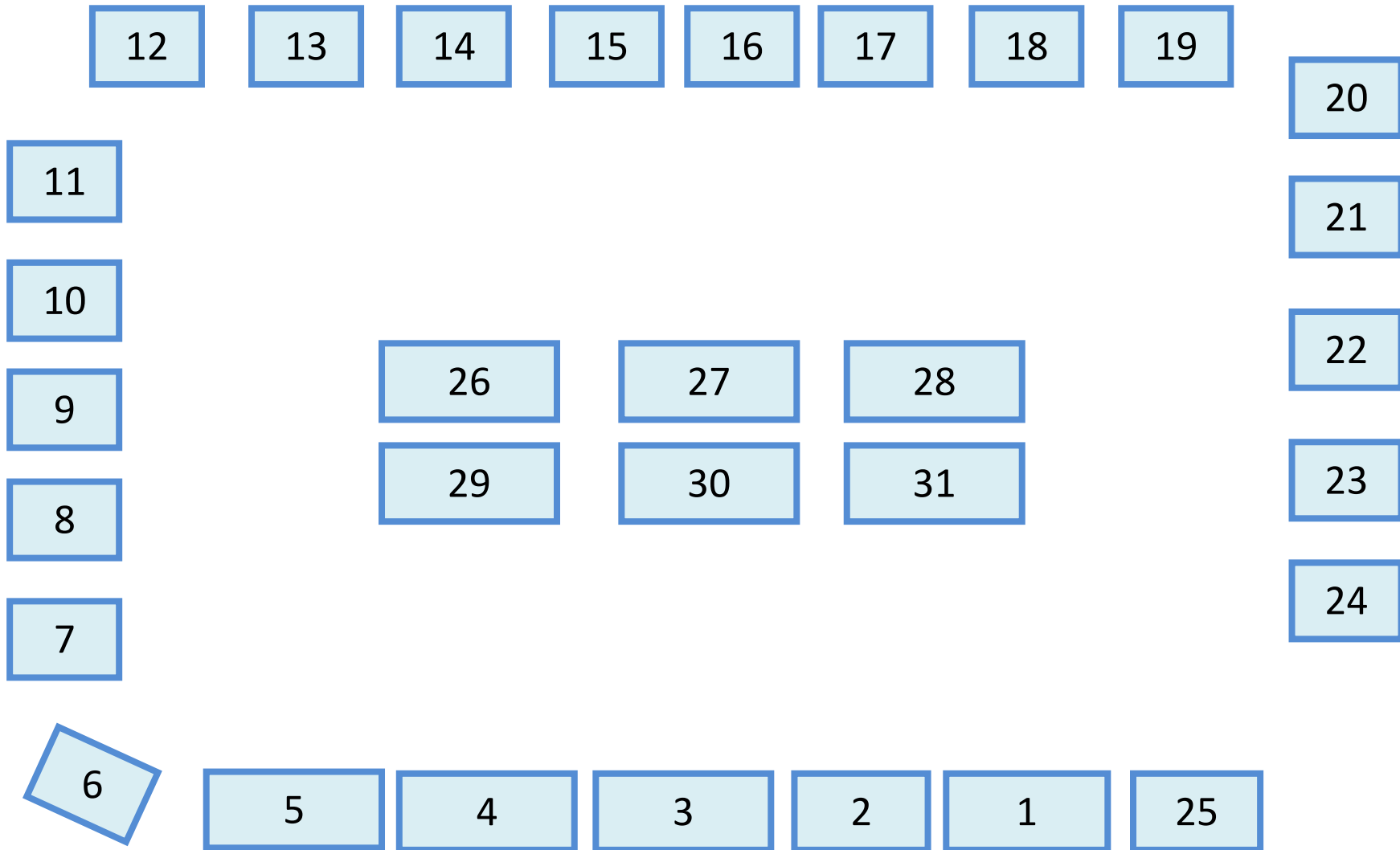
Community | Harmony | Success | Growth



Careers Evening

Thursday 10th March 2016

Careers Fair – Seating Plan



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**Former Students (Alumni)*

Our Professionals

Dominique Bailey
Senior Associate in
Banking and Capital
Markets
PwC

Dominique Bailey provides market-leading advice to a range of financial institutions as a Senior Associate at one of the Big Four accounting firms. Having studied English Law and French Law at the University of Kent; Dominique spent time working for the Crown Prosecution Service before specialising in dispute resolution and financial regulation. Dominique was previously a student at Wallington High School for Girls.

Leslie Ampofo
Bank Manager
Natwest

Leslie is a Chartered Banker A.C.I.B. with NatWest, with twenty years experience in Retail banking in U.K, having responsibility for high net worth and mass affluent clientele. Leading teams to achieve business targets in service delivery, client acquisition and retention, income and cost ratios. I have held a variety of roles starting from cashiering right through to managing branches, covering most aspects of retail branch banking, in particular service delivery, risk and operations.

Leslie is a Cricket Ambassador for London one of the many roles he performs in addition to his daily duties, as Natwest is the longest corporate sponsor of Cricket in the UK.

I gained nine O' levels and four A' levels and graduated with a 2:1 in Politics with Sociology. After this I studied for my professional banking qualification exams

Anne O'Hara
Jancett Nurseries

Kim Thornton
Health Visitor & Midwife

I undertook undergraduate BSC hons Midwifery training in 2008 at University of Greenwich and gained a first class honours degree following 3 years of study and practice placement. I worked at St Helier hospital as a qualified midwife for 18 months on Delivery Suite, Postnatal ward, Antenatal Ward and in the Community. In September 2012 I started a one year post-graduate masters degree to become a health visitor (specialist community public health nurse) at the University of Surrey sponsored by Central Surrey Health in Epsom. I qualified as a health visitor in September 2013. I worked at Epsom for 10 months as a qualified health visitor.

In July 2014 I commenced a full time post at Sutton and Merton community services and now work as a health visitor in Sutton. A health visitor provides care and support for families, babies and children from age 10 days to 4 years of age. The role of the health visitor is focused on achieving positive public health outcomes and we work with families in a preventative way. Health visitors liaise with many multi professional agencies including: GP's, Paediatricians, Speech and language specialists, dieticians, Social services, children's centres and midwives. Safeguarding and working together to protect children from significant harm is paramount to my role.

Garry Greenland
Engineer
Ricardo Rail

Garry is a systems engineer and manager with over 30 years experience in the rail industry world-wide, specialising in rolling stock systems and their interfaces with signalling systems and other infrastructure.

He started on the Railways as an apprentice mechanical fitter and through day release and night school was able to get further qualifications including: Ordinary National Certificate and Higher National Certificates in Electronic Engineering; a bachelor of Engineering degree in Electrical and Electronic Engineer (London University South Bank); a Master of Science degree in Computing (Open University) and is now study for a PhD in systems modelling (University of Birmingham) He also has a chartership with Institution of Electrical Engineers.

Eylem Thron
Human Factors Consultant
Ricardo Rail

Eylem is a Human Factors Consultant with experience in providing Human Factors support to systems engineering, HF integration, Human Computer Interface design, development and assessment and application of human factors best practice and standards in a variety of Civil and Defence industries. She has previously worked for SNC-Lavalin Rail & Transit (Interfleet), supporting a number of projects in the Rail industry, Thales UK (Quintec), Rockwell Collins and University of Reading.

At Ricardo Eylem is responsible for assisting clients overcome issue involving how humans interact with trains and other railway assets.

At SNC-Lavalin (Interfleet), Eylem worked on integration of HF, compliance with standards and legislation and improving rolling stock and systems design. At Thales (Quintec), she worked on HF guidance and design of National Traffic Information System (NTIS) and at Rockwell Collins, she worked on a 3-year project on interactive system design and development of next generation user interfaces for the armed forces (land and air) and understanding human factors issues on the battlefield, especially during Close Air Support scenarios.

Eylem has a PhD degree in Human-Computer Interaction, Bachelor's degree in Computer Systems Engineering, and she is working towards registered membership of Institute for Ergonomics & Human Factors and security cleared at SC level. She is fluent in Turkish and has close ties with Germany.

Nafisah Aslam-Zianudeen
Mechanical Engineer
Ricardo Rail

Nafisah is a Chartered Mechanical Engineer with eight years' experience in the railway industry. At Ricardo Nafisah is responsible for developing engineering safety arguments to allow the testing and introduction of new rolling stock.

She is an experienced Project Engineer and is familiar with all of the key stages of a large scale new trains introduction projects, rolling stock approvals and safety and hazard management. Nafisah is able to build strong relationships and work closely with key rail industry stakeholders including train operators, manufacturers and rolling stock leasing companies. Nafisah was employed as a Project Engineer on the Thameslink Rolling Stock Project she was responsible for contributing to design reviews, participating in the manufacturing and testing stage and supporting the commissioning and acceptance stage.

Daniella Philips
Ricardo Rail

Daniella is a Service Leader for Infrastructure Approvals at Ricardo. She is an expert European rail legislation and standards and speaks French and Italian and currently advises clients on compliance issues on major projects such as Cross Rail in London.

Daniella has ten years' experience of working in the rail industry, including working for both the Office of Rail Regulation and the European Railway Agency in France. She has vast experience in dealing with the interoperability authorisation process, cross acceptance and providing guidance and training on processes and procedures.

CPO Gary Johnston GCGI
NAVY

Kayleigh Greenland
Secondary Teacher

After completing a degree in Biomedical Science, Kayleigh decided to apply to be a teacher as she didn't want to work in a lab. She completed a Chemistry enhancement course at London Metropolitan University, followed by a PGCE at St Mary's, Twickenham and has been teaching for several years.

Dr Hamed Khan
Doctor

Dr Hamed Khan has a number of different roles as a doctor. He is a GP, an Accident & Emergency doctor, and a Clinical Lecturer at St Georges Medical School. He also has a private practice at BMI Shirley Oaks Hospital, and is a doctor for the London Marathons medical team.

After training at Barts & The London, Hamed completed a Medical Education Academic Foundation Programme. Subsequently he was an examiner and clinical tutor at various London medical schools. He later completed both the membership exams for the Royal College of Physicians and the Royal College of General Practitioners, as well as the Diploma in Geriatric Medicine.

Dr Iqbal Khan
Doctor

Dr Iqbal Khan is a Clinical Fellow in Acute Medicine, and a member of the Royal College of Physicians. He trained at UCL and was awarded a Distinction in Clinical Sciences- he was also distinguished by being placed on the coveted 'Deans List'. He also completed an intercalated BSc degree in Physiology, and passed with a First Class.

After finishing his training Iqbal worked in various specialities, and most recently completed a Clinical Fellowship in ITU at the Royal Free Hospital in London. He is also a doctor for the official London Marathon medical team. He also carried out a major audit on acute care which was recognised by the London Deanery for making a significant contribution towards improving the care of acutely unwell patients.

Iqbal has published papers in various prestigious journals, and has also written a popular medical textbook with a major international publisher.

Zuleika Dutfield
Cabin Crew
BA

I studied at CHSG and at CHSB for my A levels and graduated in 2009. I left with 10 A-C GCSEs and 2 A levels in media and I.C.T and 2 AS levels in photography and psychology. My previous work experience is all in customer service having worked in Woolworths and Sainsbury's. I also completed my 2 week work experience in Year 10 at Heathrow Airport as a check-in agent and my 1 week work experience in year 12 at REED business publishing for the internet. I'm 24 years old now and my current career is working for British Airways as cabin crew. I have worked in the company since July 2011 and I fly both short haul and long haul and I'm licensed on 3 different types of aircrafts.

British Airways offers growth in your career and allows colleagues to apply for jobs internally whether it's permanent or a secondment. I am currently on secondment working in our offices at Waterside as a Communication Executive. This involves me sending out communications to our call centre agents in times of disruption offering them guidelines to follow when customers call up. I also communicate any information on latest campaigns and also publish a weekly newsletter on our intranet. I am currently in the process of applying for British Airways Future Pilot Programme as this is where I want to further my career.

Candice Hayward
Ambulance Technician

After a year of having worked 750 hours and having had my PAD signed off I then become a EAC (Emergency Ambulance Crew). The PAD is a document that contains certain jobs which is signed by colleagues with higher skills than myself to say I am capable and competent in my job. These certain jobs range from asking for patients consent to making the decision that a patient is time critical, giving injections to performing CPR. I am part of the emergency services. When an emergency call is made requesting an ambulance, my crew partner and I are dispatched by our control to attend the emergency. I love the variety that this job brings, the different people that I meet and the great people I work with because to work in such stressful and tense moment, it is good to work well with a great team and to work efficiently and effectively. There is also a pathway to progress to become a paramedic in the near future. To me, this is the best job in the world.

Sasha Martin
Charlie Brown Hair

I started my career in hairdressing at the age of 16 by way of an apprenticeship at a large established salon chain.

I found the advantage of doing an apprenticeship within a large salon chain to be insightful of how the industry really worked and at how you constantly learn on the job. Whether it is hairdressing skills or dealing/communicating with the general public.

I qualified in my NVQ level 2 when I was 17 years old and then went on to do my NVQ level 3 furthering my skill set. At 24 years old I am now manager at Charlie Brown Hair Wallington. In- salon educator and due to start my teaching and TAQA qualification which will allow me to teach our apprentices and help them gain their NVQ level 2 and 3 qualifications.

Charlie Brown as a company offer many career opportunities such as apprenticeships, where you can achieve NVQ level 2 and 3 qualifications, there's no better way to learn than working and getting hands on!

Our academy is based in our Coulsdon salon where you will be taught by our experienced trainers once a week, whilst learning in salon on a day to day basis. We also send our students and stylists on various external courses at the Wella studios in London for further education. We pride ourselves in our work as we like to keep everyone up to date on the latest trends and fashion so we can advise and create a look for each individual.

Rebecca Brigden
Chartered Electrical
Engineer
FCO

I have been at FCO Services (part of the Foreign and Commonwealth Office) for nearly 15 years. I have extensive knowledge of electrical systems overseas having visited over 100 cities in over 70 countries. I have completed electrical testing, design, project management and training of local staff. Currently working as a Programme Director delivering all the Estate projects that FCO Services provides to the Foreign and Commonwealth

Tom Brake
MP

Malcolm Munro
Lloyds Bank

I left school in 1983 and worked for Nat West Bank for 9 years in 3 branches across South London, doing all roles within a Branch from printing cheque books to Manager's Clerk. I then joined United Artists, which became Telewest and now forms part of Virgin Media. I initially had a Sales role there, which turned into a being a Debt Collector for 2 years and then moved into the Management Team. Transitioned 13 Offices into one large Office in Birmingham where I became a Regional Collections Manager, with teams across 8 sites in the South of England.

I was made redundant in 2003 whereby I joined Hays Specialist Recruitment as the Billing Manager. I again progressed within the organisation but studied Credit Management to qualify as a Credit Manager. Whilst at Hays from 2009 to 2014 I transitioned a number of process and procedures to colleagues who worked in India, spending time there training and developing the skills of the team. I left Hays in September 2014 to take up the position of Practice Manager at Lloyds Banking Group in Group IT, here I manage 27 Project Managers and support them with their self-development and undertake quarterly reviews.

Sue Sponder
Lloyds Bank

I left school 1972 and joined The Bank of England where I worked for 2 years then joined the Royal Bank of Canada until early 1985 in a variety of roles the last being in charge of the back office of a large dealing room where all the admin was carried out for deals made worldwide. I had my two boys 85 and 88. I was at home until June 1992 when I joined the TSB later merging with Lloyds. I started as a cashier then team leader customer service manager now named assistant Bank manager.

Jasmine Thoburn
Lloyds Bank

I left school in 2006 and unsure of what i wanted to do I did a year at college studying Beauty Therapy. After this year and not enjoying it I went on to do several temp jobs. In summer 2008 my cousin who was a cashier asked if I was still looking for a full time job, I got an interview with the branch manager and the next day I had the job! I started as a cashier and 5 years on and 4 promotions later I was Branch Manager of my own little branch which I have done for nearly two years. The bank has always supported my next move and what role I was looking for next. For the last year and a half I have taken a step back and become a senior personal banking advisor and I'm really enjoying the role.

Caitlin McCarthy
Lloyds Bank

I worked as a hairdresser's assistant from 2011-2013, I then worked in Waitrose as a sales assistant from 2013-2015 (I finished sixth form in summer 2014) and then joined Lloyds in Nov 2015.

Natalie Jones
HR
Student Recruitment at
CGI

I completed my A-Levels in 2013 and have worked at CGI in the student team since 2014, currently the Student Recruitment Administrator so my role is to look at applications and progress people through the application process.

Sophie Evans
Model Scout

M+P have just celebrated 23 successful years in the fashion industry! Founded by Mignon Matthews in 1990, who brings with her over 30 years of experience in the business. An energetic team, they're eager to remain small, more "boutique", but think big by building and nurturing the models career.

With much attention to personal management, our focus is on each individual model across all boards, which is ever expanding in the UK and internationally. We pride ourselves on our client relationships both commercial and editorial.

Lois Turner
Sports Coach

I first started working with the charity as a casual staff member, coaching 1-2 hours a week whilst completing my studies at GCSE level where I gained a GCSE B grade in P.E as well as a two distinction stars in child care and development. Although I completed GCSE's in other areas, these were among the most important as they now allow me to have the knowledge and confidence to carry out my coaching and other responsibilities to the best of my ability. I then went on to study further completing a child care and education course at college allowing me the opportunity to go into a variety of jobs rather than one specific job.

As soon as I completed my studies, The Change Foundation began offering me more and more hours in coaching as well as in other areas such as, in their onsite bar and as a facility supervisor whilst the venue was hired out. Before I knew it, I was working a full time apprenticeship along with extra hours behind the bar.

Jennifer Jones
Primary Teacher

I am a previous head girl (Jenny Booth) and really enjoyed school. I studied double science, drama, history, German and DT at GCSE and then did AS levels in history, English lit, biology and physics. I did full A levels in all of the above except for biology. I went on to study law at Kent university (Canterbury) as a degree. I then tried out being an estate agent in Fulham for a very brief spell. Undecided as to whether to pursue law or not. I then after two months realised teaching was still my calling (I always wanted to do this but was advised to try other opinions at school!) so I became a teaching assistant while I waited for my PGCE year to start. After my PGCE, I got a job as a primary school teacher at Hackbridge primary in Wallington and I've been teaching there ever since!

Katie Parker
Recruitment

I left CHSG after completing my GCSE's (Dance, Sociology, Double Science, German, Food, Maths, English + lit, RE) and A Levels (Dance, Performance Studies, IT and Psychology).

Joining a private hearing aid company as a PA/receptionist. After 3 years I was promoted - doing the same job, but it was much busier. This really gave me the opportunity to prove myself. I improved lots of the processes they had there and made things generally run smoothly. Because of the things I changed we had the first ever recorded £1million sales year, and I won a holiday to Barcelona!

I moved to recruitment company Kelly, where I was an assistant to the Directors and also Facilities, Sales and HR support coordinator. This was a very varied role where I got to experience many different types of job functions, including: Facilities (dealing with broken doors, fire alarms etc), HR (keeping track of sick records, sending out new starter contracts, doing references), Sales support (completing bid/tender documents, sales research), Marketing and general assistant duties like arranging Director dinners, doing expenses and booking hotels or flights. I learnt so many new skills over my 2 years there and realised I didn't want to do so many different jobs - especially anything to do with buying the milk or fixing the toilets!

Kirsty O'Neill
DCL

After completing my Year 10 work experience I learned after the two week experience at Zurich Insurance I enjoyed the insurance market and would like to work in the insurance office industry. I decided to approach Direct Chauffeur Line Insurance in June 2007 when I was just 17 after a week of achieving my A Level qualifications at Carshalton High School for Girls, at the time there was a temporary summer position in the administration team which mainly involved sending policy documents and system data inputting. Even though I obtained A & B grades at A Level I decided the option of University was not for myself and approached DCL insurance for the summertime role.

The temporary position was the first job I had ever applied for and was also the first interview experience I had ever gone through as I had not had any part time job before then. After 2 months employment I was offered a full time position for the Customer Services team, 9 years later I have gained experience in a variety of departments they have to offer including; administration/ processing/renewals/accounts and finally Key Accounts.

I started my position in the Key Accounts department in 2010 from this date I have achieved a variety of skills and in September 2013 was offered the opportunity to train 3 other members of staff and run the department as a supervisor specialising and heading a variety of products such as motor trade fleet and tuition. Since then I have recently been promoted to the Key accounts and Schemes Manager, I am pleased to say during my time at DCL insurance I have achieved a variety of skills throughout my career including completing the chartered insurance institute exams and obtaining my CII qualification".

I would just like to end by saying "There is no elevator to success you have to take the stairs"... "as hard work does not necessarily guarantee success but no success is possible without hard work"

Gloria Rhodes
DCL

DCL is an independently owned Chartered Insurance Broker, we specialise in public and private hire insurance.

Established in 1999, we have grown to have an experienced team of 70 staff. We are one of the biggest independent employers locally.

We are looking to recruit ambitious school leavers to develop the next generation of insurance experts.

Chris Jones
Apprenticeships
Sutton Education Business
partnership

Chris has a degree in PE and Sociology and taught for 26 years, the last 17 in a Sutton school. The subjects he taught were Geography and Sociology and was Head of Year and latterly responsible for careers and work-related learning.

Since April 2007, I have been manager of Sutton Education Business Partnership. Our role is to work with all Sutton's secondary and special schools and help young people on their journey from school to college, university, training and apprenticeships into employment.

Natalie Gardner
Physiotherapist
St Helier's Hospital

I left Carshalton Girls in 2004 after Sixth Form and went straight to University to study Physiotherapy. Three years at Brighton University gained me a BSc Hons in Physiotherapy and gave me some invaluable life experience that would set me up for the future. After working in a pub for a few months I got my first Physiotherapy Job in a large DGH as a junior physiotherapist in early 2008 and also signed up to the British Army Reserves in my spare time. While working my full time job as a physiotherapist I passed my basic training with the Army and became a soldier in the Royal Logistic Corps Reserves. I volunteered for a 6 month Peace Keeping Tour with the United Nations based out of Cyprus, where I undertook daily foot, vehicle, and helicopter patrols through the borders of Northern/Southern Cyprus to keep the peace. I received the Force Commanders commendation for excellence for my efforts, and got promoted to Lance Corporal. On return to work I progressed my physiotherapy skills and got promoted to a specialist physiotherapist, and on the side indulged my hobbies of playing guitar, snowboarding, and mountaineering. I then volunteered for a Tour of Afghanistan with the British Army in 2013 and spent 6 months in the Helmand Desert working towards the end of the British Army's occupation of Camp Bastion. On returning to the UK I spent some time travelling the world with my partner before I returned to work on my and got promoted to Highly Specialist Physiotherapist and now run my own team as the Clinical Lead for Respiratory Physiotherapy and work primarily in the Intensive Care and High Dependency Units of St Helier Hospital.

Progressing my love of the outdoors I have no set up an adventure racing team and have been accepted to represent the UK in one of the world's toughest adventure races called the Patagonian Expedition Race in Feb 2016. That is my current main goal, along with setting up my own business and gaining a Paragliding Licence.

Suzanne Booth
UK Partnership Program
Manager
Sartorius Intec UK Ltd
Manufacturing

I joined Carshalton High School for Girls in 1999, achieved 11 GCSEs grades A*-C, 2 A levels and an AS level. Based purely on interest, I chose Geography, Sociology and Dance for my GCSEs, following this I studied Geography, Sociology and Maths at A level. Straight after school I went to the University of Kent to study Sociology and I graduated with a 2:1 for my degree.

I've always had a job. The week I turned 16, I walked into my first Saturday job (literally). I stayed at Miss Selfridge until I unknowingly started my career. I worked weekends and was able to pick up overtime during school and university holidays. After umpteen years of education, I was over-ready to start earning money and start, in my eyes, the adult world of work.

Work as it turned out wasn't what I expected, but it got better as time went on. Much better. The key is to enjoy what you do and if you enjoy what you do you instantly become better at it. In a relatively short time, I picked up a lot about business but more importantly about myself.

I started as a temp cold calling in the October after University. Within 6 years I became Manager of Distribution for the entire UK. During those 6 years I've had a handful of different roles from Engineer Coordinator, Sales Order Processor, Customer Service Team Leader and now Partnership Program Manager. Each time thinking I couldn't possibly know anymore and being surprised.

For me personally, career and education is important, although not nearly as important as the people who have helped me get to where I am now. From school I have been very lucky with the friends I have made and kept. Some even starting in Year 7! With constant communication, every experience is made that little bit easier in both my personal and professional life.

We hope you find the evening useful.
Please take the time to complete a feedback evaluation.
